

Please fill in the form, cut along the dotted line and return it to us in the enclosed envelope; keeping the other half for your information. Don't forget to fill in both sides.

Surname: _____

First Name: _____

Address: _____

_____ Post Code: _____

Go-Ride Club: _____

Primary Position: Club Coach
 Welfare Officer
 Club Contact
 Volunteer Coordinator

Other (Please state): _____

British Cycling Membership Number: _____

Additional Information:

(Please state any medical or dietary requirements)

Please note that all delegates will be confirmed on receipt of this completed form. Due to the capacity of the venues used, places are limited and will be allocated on a first come first served basis.



Go-Ride Conferences 2010

'Creating an Olympic Legacy'

A choice of one-day conferences for Go-Ride Club Officials, Volunteers and Coaches

Conference dates & Venues:

Exeter - Saturday 6th March 2010

Watford - Sunday 7th March 2010

Leeds - Saturday 20th March 2010

Leicester - Sunday 21st March 2010

Registration from 9.45am Conference close 4.30pm

The workshop you attend will be determined by the position you hold in your Go-Ride club. Coaches should attend the Coaching workshop. Club Volunteers and Officials can choose between the Club Development or Competition workshops. If you have more than one club member attending please try to split attendees across all three workshops.

V2.0



Selecting you Conference & Workshop

Please indicate which conference and your preferred workshop based on your role by ticking the appropriate boxes below :-

Conference Venue & Dates (Tick one)		
<input type="checkbox"/>	Exeter - Saturday 6th March 2010	
<input type="checkbox"/>	Watford - Sunday 7th March 2010	
<input type="checkbox"/>	Leeds - Saturday 20th March 2010	
<input type="checkbox"/>	Leicester - Sunday 21st March 2010	
Workshops (tick one)		
Club Dev.	Coaching	Competition
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Go-Ride Conference 2010 Workshops

Club Development:

To build on last year's Clubmark workshop we will be giving club volunteers the opportunity to shape the future for the next level of Go-Ride accreditation. We will also explore the variety of volunteer roles and show you how your club volunteers can access free training. With information on the new Cycling Award for Young Volunteers and the incentives available for clubs to develop beyond Clubmark accreditation this promises to be a popular session.

Competition:

Following huge interest from clubs to get involved in entry level competition during the 2009 Go-Ride conferences, we will be launching Go-Ride Racing for club delivery in this workshop. Clubs wanting to sign up to deliver events will have the opportunity to receive organiser training and take away a free Go-Ride Racing bag full of competition equipment.

Coaching: (for British Cycling trainee and qualified club coaches). This session will be primarily practical based. Coaches from British Cycling's World Class Team will deliver a range of practical coaching sessions, providing coaches with the opportunity to further develop their knowledge and understanding of the latest coaching techniques. Further information on Talent programmes and coach training opportunities will also be available.

The Hub:

The Hub will be open all day and provide interactive information and networking opportunities. All the latest details on membership benefits, funding opportunities, Cycle Training and Recreational Cycling to name just a few, along with the opportunity for you to suggest improvements to the Go-Ride programme, plus the latest Go-Ride and Skyride films will all be on show.