

The background is a solid blue color. On the right side, there is a vertical decorative strip with a repeating geometric pattern. In the lower-left quadrant, there is a large, faint, light-blue graphic of a gear with a needle-like pointer. At the bottom, there is a horizontal decorative strip with a repeating tire tread pattern.

THE LITTLE BLUE BOOK

2010

RULES & REGULATIONS

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SCOTTISH CYCLING STAFF CONTACTS

BOARD OF DIRECTORS

PRESIDENT : Alasdair MacLennan	<i>alasdair.maclennan@scottishcycling.org.uk</i>
TREASURER : John Lunn	<i>john.lunn@scottishcycling.org.uk</i>
Jackie Davidson	<i>jackie.davidson@scottishcycling.org.uk</i>
Sean Murphy	<i>sean.murphy@scottishcycling.org.uk</i>
Brian Porteous	<i>brian.porteous@scottishcycling.org.uk</i>
Cliff White	<i>cliff.white@scottishcycling.org.uk</i>
Allister Watson	<i>allister.watson@scottishcycling.org.uk</i>
Tommy Banks	<i>thomas.banks@scottishcycling.org.uk</i>

STAFF

CHIEF EXECUTIVE	<i>Jackie.davidson@scottishcycling.org.uk</i>
Performance Manager	<i>gary.willis@scottishcycling.org.uk</i>
Elite Athlete Programme Coach	<i>graeme.herd@scottishcycling.org.uk</i>
Elite Athlete Programme Support Coach	<i>mark.young@scottishcycling.org.uk</i>
Olympic Talent Coach	<i>markmckay@britishcycling.org.uk</i>
Downhill Talent Coach	<i>chris.ball@scottishcycling.org.uk</i>
Cross Country Talent Coach	<i>paul.newnham@scottishcycling.org.uk</i>
Regional Development Coach Coordinator	<i>keith.stocker@scottishcycling.org.uk</i>
Regional Development Coach (East)	<i>david.winton@scottishcycling.org.uk</i>
Regional Development Coach (Glasgow)	<i>Robert.wardell@scottishcycling.org.uk</i>
Regional Development Coach (Grampian)	<i>ewan.murray@scottishcycling.org.uk</i>
Regional Development Coach (Highland)	<i>Robert.macfarlane@scottishcycling.org.uk</i>
Regional Development Coach (West)	<i>richard.lord@scottishcycling.org.uk</i>
Cycling Development Officer (Edinburgh City)	<i>aaron.murray@scottishcycling.org.uk</i>
Education & Training Officer (SMBLA)	<i>jenny.wright@scottishcycling.org.uk</i>
Education & Training Officer	<i>chris.bryant@scottishcycling.org.uk</i>
Events & Volunteering Manager	<i>alison.lunn@scottishcycling.org.uk</i>
Events Coordinator	<i>ruth.volley@scottishcycling.org.uk</i>

SCOTTISH CYCLING STAFF CONTACTS

STAFF *cont.*

Volunteer Support Officer rudi.doorn@scottishcycling.org.uk

Project Manager :

Scottish Mountain Bike Framework graeme.mclean@scottishcycling.org.uk

Corporate Services Manager sine.pedersen@scottishcycling.org.uk

Administration Officer. dominika.starzynska@scottishcycling.org.uk

General Enquiries. info@scottishcycling.org.uk

NON-BOARD APPOINTMENTS

ANTI-DOPING OFFICER

Kevan Sturgeon. kevan.sturgeon@scottishcycling.org.uk

Fairview | Covesea Road | Elgin | IV30 4PD | 01343 546348

APPEALS PANEL

Andy Laing, Keith Rea, Isobel Smith, Malcolm Hastie, Fiona Walker,
Michael Devlin, Martin Coopland, Iain Thompson, David Miller.

HONORARY OFFICIALS

Past Presidents

A Campbell MBE 1952 – 1984

GA Miller 1984 – 1992

G McDaid 1992 – 1996

J MacMillan. 1996 – 2000

I Sinclair 2000 – 2004

J Shaw 2004 – 2009

SCOTTISH CYCLING STAFF CONTACTS

SCU Gold Badge of Honour Holders

1981 W Stuart	2000 C Hoy
1982 J Leonard	2000 C McLean
1983 I Campbell	2002 A Gilchrist
1984 A Campbell MBE	2004 G McDaid
1985 JH Train MBE	2008 I Smith
1989 RK Londragan	2008 A McGlynn
1992 GA Miller	2008 Graeme Herd
1993 G Obree	2008 Ross Edgar
1993 JH Storrie	2008 Ellen Hunter
1994 JLS Shaw	2009 John Thayne
1996 A Nisbet	2009 Johan Thayne
1997 H Boyd		



MEMORANDUM OF ASSOCIATION

THE COMPANIES ACT 1985

Company Limited By Guarantee And Not Having A Share Capital

MEMORANDUM OF ASSOCIATION OF SCOTTISH CYCLISTS UNION

Company Number SC 261263 : Incorporated 23 December 2003

1. The Company's name shall be Scottish Cyclists Union (*hereinafter called "the Company"*).
2. The registered office of the company shall be situated in Scotland.
3. The objectives of the Company shall be:-
 - (a) to acquire the property, assets, liabilities and undertaking of the unincorporated body formerly the governing body in Scotland of the sport of Cycling known as The Scottish Cyclists Union pursuant to the resolution passed at their 6 December 2003 Annual General Meeting and in general to carry out the functions of the governing body of cycling in Scotland.
 - (b) to foster, encourage, promote and develop the Sport of cycling (*hereinafter called "the Sport"*) and to uphold the rules of cycling for the time being in force;
 - (c) to promote the Scottish Championships and any other events, championships and competitions and to regulate, arrange and manage all events in connection therewith;
 - (d) to sanction the holding of races, championships, competitions and events connected with the Sport in Scotland and to approve and regulate the dates and arrangements for the same;
 - (e) to arrange International events and to select teams to represent Scotland;
 - (f) to control, sanction and where necessary promote television and the media in all their aspects in regard to the Sport in Scotland and to permit event committees, clubs, centres, associations and other organisations in membership to arrange for the televising or broadcasting of events taking place under their management or control on such terms as the Company may from time to time determine and to take such steps as may be open to the Company to retain and/or acquire any intellectual property in or relating to the Sport in Scotland which the law may provide.

MEMORANDUM OF ASSOCIATION

- (g) Generally to advance and safeguard the interests of the Sport in Scotland and those of the Company, having regard to the terms of the formalised agreement between the Scottish Cyclists' Union and the British Cycling Federation from time to time in force, and to do all such acts and things as may from time to time be deemed necessary or expedient for or in connection with the Sport in Scotland and the Company.
4. The Company shall have without prejudice to the generality of the foregoing, power to do all such lawful things as will further the foregoing objectives and in particular:-
- (a) To obtain, collect and receive money and funds by way of contributions, subscriptions, affiliation fees, donations, legacies, awards, grants, covenants or by organising functions or events or by any other lawful method and to accept and receive gifts of property of any description (*whether subject to any special trust or not*);
 - (b) To decide all doubtful and disputed points arising within Scotland in connection with the Sport including without prejudice to the foregoing generality, points arising from the rules of cycling, and the regulations for the management of events.
 - (c) To make, vary, alter, maintain and enforce rules and regulations for the control and governance of the Sport in Scotland and the carrying through of the codes of conduct, disciplinary procedures and the anti-doping programme and rules of the Company or as may be set out or referred to in the Rules of the Union Cycliste Internationale and the British Cycling Federation from time to time in force and to penalise, suspend or expel members or individuals for misconduct or breaches of the foregoing;
 - (d) To promote or procure the teaching of the Sport and to encourage or make arrangements for the training and accreditation of coaches, leaders, commissaires and officials;
 - (e) To co-operate with education authorities, universities and generally the tertiary education system in the promotion of the Sport and of appropriate courses for cyclists and officials;

MEMORANDUM OF ASSOCIATION

- (f) To print, publish, issue, circulate and commission papers, periodicals, books, circulars and other literary works and to commission or make films or video tapes, wall charts and any other forms of visual aid in connection with the Sport;
- (g) To institute, establish, contribute towards and administer scholarships, bursaries, grants, awards and other benefactions;
- (h) To promote and encourage research and to collect and publish and procure the publication of the useful results thereof;
- (i) To lay out, manage, equip and maintain or assist in the laying out, management, equipment and maintenance of cycling facilities, velodromes or accommodation (*whether vested in the Company or not*) to be used for the teaching, coaching or participation of cycle sports.
- (j) To purchase lease or by any other means acquire interests in or take options over any property whatever, and any rights or privileges of any kind over or in respect of any property; and to grant indemnities where appropriate to those from whom any such property is acquired.
- (k) To improve, manage, construct, repair, develop, exchange, let on lease or otherwise, mortgage, charge, sell, dispose of, turn to account, grant licences, options, rights and privileges in respect of, or otherwise deal with all or any part of the property and rights of the Company;
- (l) To apply for, register, purchase, or by other means acquire and protect, prolong and renew, whether in the United Kingdom or elsewhere, any patents, patent rights, brevets d'invention, licences, secret processes, trade marks, designs, protections, concessions and generally intellectual property or rights and to disclaim, alter, modify, use and turn to account and to manufacture under or grant licences or privileges in respect of the same, and to expend money in experimenting upon, testing and improving any patents, inventions or rights which the Company may acquire or propose to acquire.
- (m) To invest and deal with the moneys of the Company not immediately required in such manner as may from time to time be determined and to hold or otherwise deal with any investments made.
- (n) To lend and advance money or give credit on any terms and with or without security to any person, firm or company (*including without prejudice to the generality of the foregoing any holding company, subsidiary or fellow subsidiary of, or any other company associated in any way with, the Company*),

MEMORANDUM OF ASSOCIATION

to enter into guarantees, contracts of indemnity and surety-ships of all kinds, to receive money on deposit or loan upon any terms, and to secure or guarantee in any manner and upon any terms the payment of any sum of money or the performance of any obligation by any person, firm or company (*including without prejudice to the generality of the foregoing any such holding company, subsidiary, fellow subsidiary or associated company as aforesaid*).

- (o) To borrow and raise money in any manner and to secure the repayment of any money borrowed, raised or owing by mortgage, charge, standard security, lien or other security upon the whole or any part of the Company's property or assets (*whether present or future*), and also by a similar mortgage, charge, standard security, lien or security to secure and guarantee the performance by the Company of any obligation or liability it may undertake or which may become binding on it.
- (p) To draw, make, accept, endorse, discount, negotiate, execute and issue cheques, bills of exchange, promissory notes, bills of lading, warrants, debentures, and other negotiable or transferable instruments.
- (q) To apply for, promote, and obtain any Act of Parliament, order or licence of the Department of Trade and Industry or other authority for enabling the Company to carry any of its objects into effect, or for effecting any modification of the Company's constitution, or for any other purpose which may seem calculated directly or indirectly to promote the Company's interests, and to oppose any proceedings or applications which may seem calculated directly or indirectly to prejudice the Company's interests.
- (r) To enter into any arrangements with any government or authority (supreme, municipal, local, or otherwise) that may seem conducive to the attainment of the Company's objects or any of them, and to obtain from any such government or authority any charters, decrees, rights, privileges, and concessions.
- (s) To subscribe for, take, purchase, or otherwise acquire, hold, sell, deal with and dispose of, place and underwrite shares, stocks, debentures, debenture stocks, bonds, obligations or securities issued or guaranteed by any other company constituted or carrying on business in any part of the world, and debentures, debenture stocks, bonds, obligations or securities issued or guaranteed by any government or authority (*supreme, municipal, local or otherwise*) in any part of the world.

MEMORANDUM OF ASSOCIATION

- (t) To control, manage, finance, subsidise, co ordinate or otherwise assist any company or companies in which the Company has a direct or indirect financial interest, to provide secretarial, administrative, technical, commercial and other services and facilities of all kinds for any such company or companies and to make payments by way of subvention or otherwise and any other arrangements which may seem desirable with respect to any business or operations of or generally with respect to any such company or companies.
- (u) To promote any other company for the purpose of acquiring the whole or any part of the business or property or undertaking or any of the liabilities of the Company, or of undertaking any business or operations which may appear likely to assist or benefit the Company or to enhance the value of any property or business of the Company, and to place or guarantee the placing of, underwrite, subscribe for, or otherwise acquire all or any part of the shares or securities of any such company as aforesaid.
- (v) To sell or otherwise dispose of the whole or any part of the business or property of the Company, either together or in portions, for such consideration as the Company may think fit, and in particular for shares, debentures, or securities of any company purchasing the same.
- (w) To act as agents or brokers and as trustees for any person, firm or company or in any appropriate manner, and to undertake and perform sub contracts.
- (x) To remunerate any person, firm or company rendering services to the Company either by cash payment or otherwise as may be thought expedient; to give or award pensions, annuities, gratuities, and superannuation or other allowances or benefits or charitable aid and generally to provide advantages, facilities and services for any persons who are or have been employed by, or who are serving or have served the Company, or any company which is a subsidiary of the Company or the holding company of the Company or a fellow subsidiary of the Company or the predecessors in business of the Company or of any such subsidiary, holding or fellow subsidiary company and to the wives, widows, children and other relatives and dependents of such persons; to make payments towards insurance; and to set up, establish, support and maintain superannuation and other funds or schemes (*whether contributory or non contributory*) for the benefit of any of such persons and of their wives, widows, children and other relatives and dependents.

MEMORANDUM OF ASSOCIATION

- (y) To pay all or any expenses incurred in connection with the promotion, formation and incorporation of the Company.
- (z) To support and subscribe to any charitable or public object and to support and subscribe to any institution, society, or club which may be for the benefit of the Company. ;
- (aa) Subject to and in accordance with a due compliance with the provisions of Sections 155 to 158 (inclusive) of the Act (if and so far as such provisions shall be applicable), to give, whether directly or indirectly, any kind of financial assistance (as defined in section 152(1)(a) of the Act) for any such purpose as is specified in section 151(1) and/or Section 151(2) of the Act.
- (bb) To do all or any of the things or matters aforesaid in any part of the world and either as principals, agents, contractors or otherwise, and by or through agents, brokers, sub contractors or otherwise and either alone or in conjunction with others.
- (cc) To do all such other things as may be deemed incidental or conducive to the attainment of the Company's objects or any of them.

AND so that:

- (1) None of the objects set forth in any sub clause of this Clause shall be restrictively construed but the widest interpretation shall be given to each such object, and none of such objects shall, except where the context expressly so requires, be in any way limited or restricted by reference to or inference from any other object or objects set forth in such sub clause, or by reference to or inference from the terms of any other sub clause of this Clause, or by reference to or inference from the name of the Company.
- (2) None of the sub clauses of this Clause and none of the objects therein specified shall be deemed subsidiary or ancillary to any of the objects specified in any other such sub clause, and the Company shall have as full a power to exercise each and every one of the objects specified in each sub clause of this Clause as though each such sub clause contained the objects of a separate Company.
- (3) The word "company" in this Clause, except where used in reference to the Company, shall be deemed to include any partnership or other body of persons, whether incorporated or unincorporated and whether domiciled in the United Kingdom or elsewhere.

MEMORANDUM OF ASSOCIATION

- (4) In this Clause the expression "the Act" means the Companies Act 1985, but so that any reference in this Clause to any provision of the Act shall be deemed to include a reference to any statutory modification or re enactment of that provision for the time being in force.
5. The income and the property of the Company shall be applied solely towards the promotion of the objectives set forth in this Memorandum. No portion of the income or property of the Company shall be paid or transferred directly or indirectly by way of dividend, bonus or profit share to any member of the Company.
 6. The liability of the Members is limited.
 7. Every Member of the Company undertakes to contribute such amount as may be required (*not exceeding £1*) to the Company's assets if it should be wound up while he is a Member or within one year after he ceases to be a Member for payment of the Company's debts and liabilities contracted before he ceases to be a Member, and of the costs, charges and expenses of winding up.
 8. If upon the winding up or dissolution of the Company there remains after the satisfaction of all its debts and liabilities any property whatsoever it shall not be paid to or distributed among the members of the Company unless the members each have objectives similar to the objects of the Company and prohibit the distribution of its or their income and property to an extent as great as is imposed on the Company by virtue of Clause 5 hereof or it may be made over to some other body having objectives similar to the objectives of the Company and which also shall prohibit the distribution of its or their income and property also to an extent at least as great as is imposed on the Company by virtue of Clause 5 hereof such other body to be determined by the Members of the Company at or before the time of dissolution.

We, the subscribers to this Memorandum of Association, wish to be formed into a Company pursuant to this memorandum

Signed on behalf of the Scottish Cyclists Union.

W Ian Sinclair

David M Menzies

ARTICLES OF ASSOCIATION

THE COMPANIES ACT 2006

Company Limited By Guarantee And Not Having A Share Capital

ARTICLES OF ASSOCIATION OF SCOTTISH CYCLISTS' UNION

Company Number Sc 261263 : Incorporated 23 December 2003

1. PRELIMINARY

In these Articles:-

“the Act”

Boxes of highlighted text are changes made from the 2009 Handbook.

means the Companies Act 2006 including any statutory modification or re-enactment thereof for the time being in force.

“the Articles”

means the Articles of the Company.

“BCF”

means the British Cycling Federation, a company limited by guarantee (Registered No: 3949494) having its Registered Office at The National Cycling Centre, Stuart Street, Manchester M11 4DQ.

“Cleardays”

in relation to the period of a notice means that period excluding the day when the notice is given or deemed to be given and the day for which it is given or on which it is to take effect.

“Executed”

means any mode of execution.

“Chief Executive”

means the person currently employed by the Company as such or any other person to whom the Board of Directors might delegate the tasks attributed to the Chief Executive in these Articles

“Office”

means the registered office of the Company.

“Rules”

means the Rules and Technical Regulations of the Company *(including without limitation, the Bye-Laws and Standing Orders whether made by an Annual General Meeting or otherwise).*

“Secretary”

means the Secretary of the Company or any other person appointed to perform the duties of the Secretary of the Company including a joint assistant or deputy Secretary.

“UCI” means the Union Cycliste Internationale, the international governing body for the Sport, having its Registered Office at CH1860, Aigle, Switzerland.

2. INTERPRETATION

Unless the context otherwise requires in these Articles and in the Memorandum of Association the singular shall include the plural the masculine shall include the feminine and bodies corporate and unincorporated.

3. BADGE OF HONOUR, AND HONORARY VICE-PRESIDENTS

- 3.1. The Board of Directors may at its discretion propose to the Annual General Meeting that individuals who have given signal service to the sport of cycling in Scotland or the Company or its predecessor body, the unincorporated Scottish Cyclists’ Union, should be awarded the Union Badge of Honour. Such a recommendation shall appear in the Agenda for the Annual General Meeting and will require to be carried by a two thirds majority of those present and voting. The Board of Directors shall decide when the Award is to be presented.
- 3.2. The Board of Directors may at its discretion propose to the Annual General Meeting that individuals who have been recommended to the Board by a Centre or by the Board itself shall be appointed as Honorary Vice-Presidents. Notice of such recommendation shall appear on the Agenda for the Annual General Meeting and will require to be carried by a two thirds majority of those present and voting.
- 3.3. For the avoidance of doubt persons awarded the Badge of Honour and Honorary Vice-Presidents shall not be entitled as such to take part in the management of the company or to vote at General Meetings by virtue of these awards but may receive such privileges as the Board of Directors may from time to time determine.

4. MEMBERSHIP

There shall be the following classes of membership of the Company:-

- 4.1 **Clubs:** voluntary or other clubs (including commercially named clubs and trade teams) recognised by the Company as clubs offering cycling to their members where the Board of Directors have approved the Constitution of the Club;

ARTICLES OF ASSOCIATION

- 4.2 **Associations:** voluntary or other membership associations recognised by the Company as offering organised cycling or services to a range of members whether they are members of clubs or not where the Board of Directors have approved the Constitution of the Association;
- 4.3 In each case, Clubs and Associations shall affiliate to the Company and be placed in Centres as appropriate by the Board. Such Centres shall have no voting rights as such.
- 4.4 **Groups:** specialist Groups who are not within a Club or Association as set out in 4.1 and 4.2 above shall also be in membership but each such Group shall only have one vote irrespective of the number of members of each Group.
- 4.5 **Individual members:** It shall be possible for individuals who are affiliated to the British Cycling Federation to join the Company as individual members but they shall have no vote.
- 4.6 For the avoidance of doubt the Board will have the entire responsibility to accept or refuse members in the different categories and to set the fees and contributions annually.
- 4.7 Only Clubs, Associations and Groups as such shall have voting rights as set out in Article 9 herein and shall be liable for the guarantee as set out in Clause 7 of the Memorandum of Association of the Company.
- 4.8 Anyone under the age of 18 cannot be a member of the Company nor be counted as a Club or Association Member for the purpose of general meeting voting rights in terms of Article 9.13. Such a person shall have no right or interest in the assets of the Company nor any liability for the debts or liabilities of the Company.

5. OBLIGATIONS OF MEMBERS

All of the categories of Membership set out in Article 4 above shall be required to cooperate in the enforcement of these Articles the Rules, including Rules as to discipline and the anti-doping rules and regulations and further to require Clubs and Associations and others in their membership to obtain the consent of their individual members to this jurisdiction. For the avoidance of doubt any individual member affiliated to a club or association in membership of the Company shall ipso facto be recognised as being indirectly affiliated to the Company and these members and any individual member will thus be deemed to accept the

Rules made or published under the authority granted in these Articles including without prejudice to the foregoing generality the Codes of Conduct, the Codes of Ethics, Rules as to Discipline and Disciplinary Procedures and the Anti-Doping Programme Rules thus made.

6. ELECTION OF MEMBERS

- 6.1. Any Club, Association or Group wishing to become a member of the Company shall apply in writing in the form prescribed by the Board of Directors to the Chief Executive or otherwise as the Directors may from time to time determine.
- 6.2. The Company shall consider an application for Club membership only from clubs which have a recognised constitution approved by the Board of Directors on application.
- 6.3. The Company shall consider an application for Association membership only from Associations or other supporters of the Company's objects who are not registered through a Company affiliated club.
- 6.4. Individual members resident in Scotland shall be advised from time to time by the BCF to the Company.
- 6.5. The Board of Directors shall consider all applications for Club, Association and Groups membership. Applications for such membership shall be determined by simple majority vote with the Chair having a deliberative as well as a casting vote. In determining applications for membership, the Board shall not discriminate in any way on the grounds of race, creed, ethnicity, gender, religion and political or other opinion.
- 6.6. Applicants for membership approved by the Board shall not become admitted to membership and granted the rights and privileges attached thereto until the appropriate fee has been paid.

7. CESSATION OF MEMBERSHIP

- 7.1. Any Club, Association Group or individual member may resign from membership of the Company at any time by giving notice in writing to the Chief Executive. Any Club, Association or Group which has not paid the appropriate fee by 1st December in the preceding financial year shall be deemed to have resigned from the Company with effect from 1st January in the relevant financial year.

ARTICLES OF ASSOCIATION

- 7.2. The Board of Directors shall have the authority to expel any Club, Association or Group in terms of Article 13 herein with the right of appeal to any such member as set out in the Rules.
- 7.3. Any member who resigns from membership or whose membership is withdrawn by the Board of Directors shall not receive any refund of any fee paid to the Company.

8. RULES OF THE SPORT ETC

The Rules of the Sport as recognised by the Union Cycliste Internationale, the British Cycling Federation or their successor bodies and the decisions of the Board of Directors on all doubtful and disputed points arising in connection therewith, the Rules made or published under the authority granted in these Articles and the Technical Regulations, the Company's Rules as to Discipline and Disciplinary Procedures and Anti-Doping Programmes shall be binding on the Company and all affiliated Clubs, Associations, Groups and individuals in membership of the Company. Further the Company's policy is to promote good practice and compliance in the following areas, without prejudice to the foregoing generality:

- 8.1. any Code of Conduct;
- 8.2. the BCF Code of Ethics;
- 8.3. the BCF Code of Conduct for Coaches;
- 8.4. Health & Safety;
- 8.5. Equal Opportunities;
- 8.6. Child Protection.

9. ADMINISTRATION

GENERAL MEETINGS

- 9.1. The Annual General Meeting of the Company will be held in November or December in such a place and at such a time as the Board of Directors shall determine. The Board shall send to all voting members by 30 June in each year written notice of the date of the Annual General Meeting which shall also set out the timescales for submission of resolutions to be considered and nominations for election to the Board.

- 9.2. Written notice of the Annual General Meeting with a clear statement of the date, time, place of the meeting, resolutions to be considered and nominations for election to the Board shall be sent by the Chief Executive to all voting members not less than twenty one days before the proposed date of the meeting. The notice calling the Annual General Meeting shall normally be accompanied by such written reports and other documents as may be relevant to the proposed business of the Annual General Meeting.
- 9.3. The business to be considered at the Annual General Meeting shall be:-
- 9.3.1. Notice of Meeting;
 - 9.3.2. Apologies;
 - 9.3.3. President's remarks;
 - 9.3.4. Minutes of the previous Annual General Meeting or other General Meeting;
 - 9.3.5. Matters arising from the Minutes of the previous General Meeting;
 - 9.3.6. Consideration and approval of the Annual Report
 - 9.3.7. Announcements of the fees and contributions for the ensuing year;
 - 9.3.8. Special resolutions relating to alterations to the Articles or Ordinary resolutions or announcements relating to amendments or additions to the Rules, bye-laws and standing orders;
 - 9.3.9. Election of Directors and Appeals Committee;
 - 9.3.10. Appointment of person(s) responsible for certifying the accounts for the ensuing year;
 - 9.3.11. Competent motions not affecting the Articles, Rules, Byelaws and standing orders.
- 9.4. Notice of resolutions to be considered and voted on at the Annual General Meeting must be submitted in writing to the Chief Executive no later than 56 days prior to the date on which the Annual General Meeting is to be held. To be valid, resolutions proposed for submission to the Annual General Meeting must be:
- 9.4.1. Submitted by an affiliated Club or Association and signed by two separate officials; or
 - 9.4.2. Proposed by an individual member and signed by not less than ten other individual members; or

ARTICLES OF ASSOCIATION

9.4.3. Proposed by the Board of Directors

It shall be open to the Board to amend the wording of any such resolution before they are included in the notice calling the General Meeting in order to avoid potential confusion or illegality but for no other purpose and the Board shall make every effort to obtain the agreement of the proposer before the notice calling the meeting is sent out. If called upon to do so at a General Meeting, the Chair shall be required to explain the Board's reasons for any such amendment.

- 9.5. The Chief Executive shall issue no later than 42 days prior to the date of the Annual General Meeting a preliminary agenda giving a complete list of the special resolutions proposing amendments or additions to the Articles and/or ordinary resolutions proposing amendments or additions to the rules, bye-laws or standing orders. All amendments to proposed resolutions and/or additions to the Articles and Rules together with an Annual Report and intimations of any other competent business shall be in the hands of the Chief Executive no later than 28 days before the date of the Annual General Meeting.
- 9.6. Similarly nominations for the positions of Director shall be in the Chief Executive's hand no later than 28 days prior to the date of the Annual General Meeting and shall include the nominees acceptance of nomination and details of the nominee's qualifications as required by the appropriate bye-law.

EXTRAORDINARY GENERAL MEETINGS

- 9.7. An Extraordinary General Meeting of the Company may be called by either a resolution of the Board of Directors or the submission of an written request to the Chief Executive signed by ten Clubs or Associations and representing no less than 10% of the total Clubs', Associations' and Groups entitlement to vote. Any such written request shall be sent to the Chief Executive by Recorded Delivery.
- 9.8. Any such Extraordinary General Meeting shall be convened on a date to be determined by the Board of Directors which is not less than twenty eight days after a Board resolution for an Extraordinary General Meeting or the receipt of the written request in terms of Article 9.7 above. Written notice of the meeting with a clear statement of the date, time,

place of the meeting, the resolution(s) to be considered and a copy of any relevant written reports shall be sent by the Chief Executive to all voting members not less than twenty one days before the proposed date of the meeting.

- 9.9. Only business specified in the notice calling the Extraordinary General Meeting shall be considered.

VOTING AT GENERAL MEETINGS

- 9.10. No business shall be transacted at any General Meeting unless a minimum number of ten Clubs, Associations or Groups (*who shall form a quorum*) are validly present to vote. If such a quorum is not present within half an hour of the time appointed for the meeting or if during a meeting such a quorum ceases to be present the meeting shall stand adjourned to the same day in the next week at the same time and place or to such time and place as the Directors may determine. At such adjourned meeting, the number of Clubs, Associations or Groups present shall constitute a quorum even if their number be less than ten.

- 9.11. All decisions at General Meetings shall be taken by a simple majority of the valid votes cast except that special resolutions including, for instance, those to amend these Articles shall be approved only if supported by not less than three-quarters of the valid votes cast, and those involving changes to Byelaws and Rules shall be approved only if supported by not less than two-thirds of the valid votes cast.

- 9.12. Those entitled to attend General Meetings shall consist of:-

- 9.12.1. Nominated representatives of Clubs, Associations and Groups in membership of the Company;
- 9.12.2. Directors;
- 9.12.3. The President and Past Presidents;
- 9.12.4. Honorary Vice Presidents (*in an advisory capacity only*).

For the avoidance of doubt, only Clubs, Associations and Groups shall have the right to vote at General Meetings in accordance with these Articles and in addition Past Presidents shall each have the right to vote at a General Meeting.

All persons attending the meeting in a voting capacity must be affiliated members of the Company/BCF and will be required to produce their current Company/BCF Affiliation Cards before

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gaining admission to the meeting. Representatives of Clubs, Associations and Groups must be Company/BCF affiliated members of that Club, Association or Group.

- 9.13. At General Meetings of the Company:-
- 9.13.1. Each affiliated Club shall have one vote for every 10 individual cyclists affiliated to the Company through the Club;
 - 9.13.2. Each Association affiliated directly to the Company shall have one vote for every 10 individual cyclists affiliated to the Company through the Association;
 - 9.13.3. Each Group affiliated directly to the Company and not through a Club or Association shall have one vote;
 - 9.13.4. For the avoidance of doubt, no-one aged under 18 shall be entitled to a vote and members of the Board of Directors shall have no vote as such.
- 9.14. At General Meetings of the Company, each affiliated Club Association, or Group wishing to vote shall nominate in writing a representative or representatives to vote on their behalf, carrying the number of votes corresponding to their entitled in terms of Article 9.13.
- 9.15. At all General Meetings of the Company, the President shall take the Chair or if he is not present an individual elected by the Meeting. The Chairman of all General Meetings shall have a deliberative and a casting vote.
- 9.16. The accidental omission to give notice of a meeting to or the non receipt of notice of a meeting by any person, Club, Association or Group entitled to receive notice shall not invalidate the proceedings of that meeting.
- 9.17. The Chairman may with the consent of a meeting at which a quorum is present (*and shall if so directed by the meeting*) adjourn the meeting from time to time and place to place but no business shall be transacted at an adjourned meeting other than business which might properly have been transacted at the meeting had the adjournment not taken place. When a meeting is adjourned for fourteen days or more, at least seven clear days notice shall be given specifying the time and place of the adjourned meeting and the general nature of the business to be transacted. Otherwise it shall not be necessary to give any such notice.

10. BOARD OF DIRECTORS

- 10.1. The Company shall be managed by a Board of Directors who shall be responsible for all matters relating to the day to day operation of the Company and generally acting on behalf of the Company on all matters not specifically reserved for decision by a General Meeting.
- 10.2. The first Directors shall be the President and General Treasurer of the unincorporated body known as The Scottish Cyclists' Union.
- 10.3. The Board of Directors shall consist of:-
 - 10.3.1. The President who will be a Director. The President will have no predefined duties except as herein identified but may undertake such duties on behalf of the Company or Board as the Board may from time to time decide;
 - 10.3.2. Six other Directors who will serve for a term of four years after which they shall be eligible for re-election. At the Second Annual General Meeting of the Company, those three Directors who received the lowest number of votes at the first election shall stand for re-election then for a four year term. In the event of an equality of votes at any time those required to stand for re-election will be determined by lot;
 - 10.3.3. The employee filling the role of the Chief Executive shall be a Director with the right to speak and vote at Board Meetings but shall not require to stand for election or re-election as a Director;
- 10.4. The President, shall be elected at a General Meeting of the Company and shall hold office for a period of four consecutive years. He shall be eligible for re-election.
- 10.5. The Board shall also be responsible for the appointment of a Company Secretary (*who shall not nevertheless be a Director of the Company simply by holding such office*).
- 10.6. Any casual vacancy occurring among the members of the Board may be filled by co-option at the discretion of the remaining members of the Board. In the event of the Board co-opting a new President, the individual co-opted may continue in office beyond the next Annual General Meeting only if confirmed in office by a vote at said Annual General Meeting.

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- 10.7. Decisions of the Board of Directors shall be made by a simple majority. All members of the Board shall have one vote except that the Chair shall have a casting as well as a deliberative vote. A quorum shall be half the current total number of members of the Board rounded up to the next whole number if necessary.
- 10.8. The Board shall meet at least four times per annum at such places and times as it may from time to time decide provided that not more than four months shall elapse between one meeting and the next. Notice of every meeting stating the general nature of the business to be transacted shall be sent by the Chief Executive to each Director at least seven days prior to the date fixed for such meetings.
- 10.9. Every Director or member of a committee, sub-committee or working group or any individual who has incurred expense for the purpose of transacting the business of the Company may be reimbursed out of the funds of the Company, such reasonable travelling and incidental expenses as may from time to time be approved by the Board.

11. INELIGIBILITY

Any person being nominated for election as a Director or for appointment to any committee, sub-committee or working group who has any financial interest in the Sport shall before acting as a Director, a member of the committee, sub-committee or working group state in writing to the Chief Executive of the Company all such interests. No person having made such a statement of financial interest shall act as a Director or a member of the committee, sub-committee or working group until notified of acceptance of his membership of the Board, committee, sub-committee or working group as the case may be by the Chief Executive of the Company. The above provision shall apply mutatis mutandis to any person who subsequent to such nomination, election or appointment as the case may be acquires any financial interest in the Sport. Failure of any person having a financial interest in the Sport at any time to fulfil these provisions shall automatically disqualify such person from holding office as a Director or any committee, sub-committee or working group.

12. PROCEEDINGS OF DIRECTORS

- 12.1. Directors shall not have power to appoint alternate directors.

- 12.2. The office of Director shall be vacated if:-
- 12.2.1. he ceases to be a Director by any provision of the Act or he becomes prohibited by the law from becoming a Director; or
 - 12.2.2. he becomes bankrupt or makes any arrangement or composition with his creditors generally; or
 - 12.2.3. he is or may be suffering from mental disorder and is incapable by reason of illness or injury of managing and administering his property and affairs; or
 - 12.2.4. he resigns his office by notice to the Company;
 - 12.2.5. he shall for more than six consecutive months have been absent without permission of the Board from meetings of Directors held during that period and the Board resolve that his office be vacated.
- 12.3. A Director may participate in a meeting of the Board by means of conference telephone or other similar communications equipment where by all the members of the Board participating in a meeting can hear each other and the members of the Board participating in a meeting in this manner shall be deemed to be present in person at such meeting for the purpose of Article 10.7 herein. A resolution in writing signed by all the Directors entitled to receive notice of a meeting of Directors shall be as valid and effectual as if it had been passed at a meeting of Directors and similarly a resolution acknowledged as being passed by acknowledged e-mail by all the Directors entitled to notice shall also be valid as a resolution passed at a duly constituted meeting of Directors.
- 12.4. Subject to the provisions of the Articles, the Directors may regulate their proceedings as they think fit.

13. POWERS OF THE BOARD

The Board shall have power:-

- 13.1. to determine the policy to be followed in carrying out the objectives of the Company as specified in the Memorandum of Association. The Board shall be responsible for preparing the Company's Strategic Plan and related budgets and annual work programmes;
- 13.2. to make, maintain, publish and enforce all necessary policy statements,

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codes of conduct, codes of ethics, Rules and Regulations in connection with the said objects and the Sport;

- 13.3. to delegate any of its powers to any committee, sub-committee, panel working group or individuals, whether or not the individuals to whom the powers are delegated are Directors;
- 13.4. to prohibit any act or practice by events, Clubs, committees, groups, Associations or persons which in the opinion of the Board are or were detrimental to the interests of the Sport and to deal with any such event, Club, committee, group, Association or person disregarding such prohibition in such manner as it may think proper;
- 13.5. to inflict penalties, expulsions and sanctions on events, Clubs, committees, groups, Associations or persons for Misconduct as defined in Article 18 in accordance with the procedures set out in the Rules and Regulations governing discipline and dispute resolution procedures;
- 13.6. to require the members and others over whom it may have jurisdiction to ensure that their members and individuals accept, comply with and adhere to these Articles and the Rules; and
- 13.7. to nominate representatives to other bodies to represent the Company and to affiliate to such other bodies as may be desirable in the interests of the Sport in Scotland and the furtherance of the Company's objectives including where appropriate without prejudice to the foregoing generally the Union Cycliste Internationale (*UCI*), the British Cycling Federation (*BCF*) and the Commonwealth Games Council for Scotland (*CGCS*);
- 13.8. to manage the affairs of the Company on a day to day basis and to determine all and any matters in connection with the affairs of the Company not in terms of the Act or this Memorandum and these Articles reserved to a General Meeting of the Company.

14. MINUTES

The Directors shall cause minutes to be made in books kept for the purpose:-

- 14.1. of all appointments of officers made by the Directors;
- 14.2. of all proceedings at meetings of the Company or the Board, any committees (*including programme committees and sub-committees*) including the names of the persons present at each such meeting.

15. SEAL

The Company shall not be obliged to have a common seal.

16. FINANCE

- 16.1. The Accounting Reference Date of the Company shall be the 31 December but subject to the approval of the Company in general meeting and to the provisions of the Act the Board may alter the Accounting Reference Date and make the necessary consequential amendments to the Articles of Association with respect to the date of the payment of the annual fees.
- 16.2. All Club, Association and Group fees and contributions shall be due and payable in full to the Chief Executive not later than 1 December preceding each year. The Chief Executive shall forward Club and Association registrations to the BCF to allow for the issue of appropriate affiliations. In the event that there is any default in the requirements of this Article not only may cyclists be ineligible to enter Company events but each Club or Association which delays in settling the affiliation fees due after 1 December shall be fined such sum as may be determined by the Board.
- 16.3. No member shall as such have any right of inspecting any accounting records or other book or document of the Company except as conferred by statute or authorised by the Directors or by ordinary resolution of the Company.

17. NOTICES

- 17.1. Any notice to be given to or by any person pursuant to the Articles shall be in writing except that a notice calling a meeting of the Directors need not be in writing.
- 17.2. The Company may give any notice to a member either personally or by sending it by post in a pre-paid envelope addressed to the member at his registered address or by leaving it at that address or by fax or electronic communication such as e-mail.
- 17.3. A member present at any meeting of the Company shall be deemed to have received notice of the meeting and where requisite of the purposes for which it was called.

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18. MISCONDUCT

For the purposes of Article 19 the following may amount to "Misconduct" and may give rise to disciplinary action:-

- 18.1. a breach of the Rules of the Sport;
- 18.2. a breach of these Articles or any Rules made hereunder and in particular the areas of good practice set out in Article 8;
- 18.3. an anti-doping rule violation as the same is currently defined under the International Olympic Committee and/or as may be defined by the World Anti-Doping Agency (WADA);
- 18.4. a breach of any of the Company's Rules governing cyclists or the Coach Registration Scheme;
- 18.5. a breach of any code of conduct or code of ethics adopted by the Company and published as such;
- 18.6. any conduct, act or omission which in the view of the Board or the appropriate Committee is or was detrimental to the interests of the Sport or the Company.

19. DISCIPLINE

- 19.1. For the avoidance of doubt the Board shall have power to prohibit any act or practice by events, Clubs, Associations and other organisations or individuals under the jurisdiction of the Company which in the opinion of the Board is or was detrimental to the interests of the Sport and to inflict penalties for any Misconduct as defined in the preceding Article and in particular shall have powers to delegate to a disciplinary committee the powers of the Board to deal with discipline in terms of these Articles.
- 19.2. All members as also those in membership of any Club or Association indirectly affiliated through such a body and the members thereof together with all office bearers, coaches, leaders, commissaires, officials or adult helpers shall be bound not only to observe the policies and Rules made or published under the authority granted in these Articles but also the Codes of Conduct, Codes of Ethics, Disciplinary Procedures and the Rules as to Discipline and the anti-doping programme and Rules in accordance with Articles 5, 8, 13 and 18 and this Article as may be published from time to time by or on behalf of the Company, the UCI, BCF and/or the WADA.

20. INDEMNITY

Subject to the provisions of the Act but without prejudice to any indemnity to which a Director may otherwise be entitled, every Director or other officer of the Company shall be indemnified out of the assets of the Company against all losses or liabilities which he may sustain or incur in or about the execution of the duties of his office carried out in good faith including any liability incurred by him in defending any proceedings whether civil or criminal in which judgement is given in his favour or in which he is acquitted or in connection with any application in which relief is granted to him by the Court and no Director or other officer shall be liable for any loss, damage or misfortune which happen to or be incurred by the Company in the execution of the duties of his office in good faith.

We, the Subscribers to this Memorandum of Association, wish to be formed into a Company pursuant to this Memorandum.

Signed on behalf of the Scottish Cyclists Union.

W Ian Sinclair, President

David M Menzies, Treasurer

Boxes of highlighted text are changes made from the 2009 Handbook.

1. DEFINITIONS

- 1.1. In the Byelaws and Technical Regulations of the SCU the following words shall have the following meanings (*these are additional to the definitions within the Articles of Association*).
- 1.1.1. **Articles** – The Articles of Association of the Scottish Cyclists' Union
- 1.1.2. **Association** – A constituted organisation in membership of the Scottish Cyclists Union which operates within an area of special interest or discipline. The Board shall have full powers to determine whether an organisation falls within this definition. Associations shall come under the direct control of the Board and shall not be allocated to a Centre.
- 1.1.3. **Byelaws** – The Byelaws of the Scottish Cyclists' Union
- 1.1.4. **Club** - A club, recognised by the SCU, is a properly constituted body which operates in accordance with the rules of the SCU and the Centre to which it will be placed under the control of by the Board and has paid the necessary club affiliation fees to the SCU and the Centre concerned. Membership of a club shall be open to SCU/BCF affiliated members and non-affiliated members. The minimum number of members required to form a club shall be in accordance with the rules of the Centre concerned.
- 1.1.5. **School Club** - A school club recognized by the SCU is a properly constituted body which operates in accordance with the rules of the SCU and the school that it represents. A school club shall pay the necessary school club affiliation fee to the SCU. Membership of a school club shall be open to all pupils of the school concerned.
- 1.1.6. **Commercially named Club** - Those sponsored clubs whose primary name is a commercial organisation, brand name or logo. The decision of the Board as to whether a club falls into this category will be final.
- 1.1.7. **Trade Team** - Those teams registered with the UCI.

2. ANNUAL GENERAL MEETINGS

- 2.1. Nominees for Official Positions need not be delegates to the AGM but attendance at the AGM is mandatory.
- 2.2. All nominations for election to the office of President or director shall require the following information typed on a single A4 sheet:
 - (a) Name
 - (b) Membership Organisation
 - (c) Number of Years a Member of the SCU
 - (d) Offices held with dates:
 - (i.) Membership Organisation
 - (ii.) Centre
 - (iii.) National
 - (e) Experience:
 - (i.) Race promotions / officiating experience
 - (ii.) Other experience relevant to office sought
 - (f) Statement of business interests and Directorships
 - (g) Statement of policy (*not exceeding 100 words*)
- 2.3. It shall be the responsibility of the nominated person to ensure that the information, dated and duly signed as a true record, is submitted within the time limit specified in the Articles.
- 2.4. A copy of extracts from the minutes of General Meetings will be sent to members on request.

3. STANDING ORDERS

- 3.1. A motion or amendment shall be seconded immediately after the mover's speech and before any discussion is permitted.
- 3.2. A motion or amendment shall not be withdrawn if two or more representatives object to such withdrawal.
- 3.3. A speaker shall not speak more than once in debate on any motion or amendment, except in the following circumstances:
 - (a) A seconder may reserve his speech until later in the discussion providing the seconding is purely formal.

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- (b) The mover of the motion shall be entitled to reply to the debate on that motion.
 - (c) The movers of any amendment and of the original motion shall be entitled to reply in that order at the end of discussion on each amendment and before voting takes place.
 - (d) By permission of the Chair, where an explanation, information or a correction is necessary.
- 3.4. In replying to debate the movers must confine themselves to answering previous speakers and must not introduce new matters into the discussion.
- 3.5. Speakers may be limited to 7 minutes for the mover of the motion, 5 minutes for the mover of the amendment, and 3 minutes for other speakers.
- 3.6. If more than one amendment is proposed to an original motion they shall each be set against the motion in their order in the final agenda, as determined by the Board. If an amendment is carried, then the motion, as amended, shall become the substantive motion. Finally, the motion, or the substantive motion, shall be put against the status quo, or the direct negative.
- 3.7. Except where otherwise stated in the Articles and Byelaws and Rules of the Union, and then only in the case of the final vote against the status quo or the direct negative, decisions shall be reached by a simple majority of those voting.
- 3.8. A decision shall not be rescinded or amended at the same meeting by any subsequent motion.
- 3.9. The ruling of the Chair on all matters of procedure shall be final and not open to discussion.
- 3.10. It shall be competent at any time for any representative, who has not taken part in the debate, to move formally:
- (a) That the question be now put.
 - (b) That the meeting proceed to next business.
 - (c) That the debate (or meeting) be adjourned; or
 - (d) The previous question

- 3.11. The vote on such motion shall be taken immediately without discussion. If the motion that the question be now put is carried. Byelaw 3.3(b) or 3.3(c) shall immediately be put into effect.
- 3.12. Voting shall, in general, be by show of hands. Representatives may require that voting be by Poll, which shall be accepted without debate, in which case votes shall be counted in accordance with Article 9.13. The votes shall be counted by two tellers appointed by the Board.
- 3.13. The meeting shall on a motion, duly moved and seconded, and with the consent of not less than two-thirds of the members voting, suspend such provisions of these Standing Orders as shall be specified in the motion. In moving any such motion the mover shall state the purpose for which the suspension is sought, and the motion shall be put to the meeting without discussion.

4. THE BOARD

- 4.1. The Board shall have full governing powers, under the rules of The Union, over the sport in Scotland, and shall have full power to deal with any matter.
- 4.2. The Board shall have the power to appoint any Committee found necessary. The majority of members appointed to such Committees must be affiliated members of the SCU/BCF.
- 4.3. The Board shall ensure the publication of an Annual Handbook by the end of February containing Articles of Association, Byelaws and Technical Regulations, Racing Calendar and Courses Index, National Champions and Record Holders.
- 4.4. The Board shall have the power to approve or reject the name of a club.
- 4.5. The Board will receive all invitations for riders to represent Scotland.
 - 4.5.1. The Board shall have the power to delegate to a Committee the selection of riders and appointment of the necessary officials.
 - 4.5.2. The eligibility to ride for Scotland will be as defined by Technical Regulation 16:2. The exception to this will be The Commonwealth Games for which, selection criteria are laid down by The Commonwealth Games Council for Scotland.

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- 4.5.3. From the time of assembly until the time of dispersal, selected riders will be under the control of the appointed official who shall be responsible in all matters of discipline.
- 4.5.4. On considering a team officials report of any disciplinary action, the Board, or delegated Committee may take further action against those concerned. Such disciplinary measures shall be carried out in accordance with Article 19.
- 4.5.5. The Board, or delegated Committee, will consider any complaints, made in writing, from selected riders laid against an official and take any necessary action. Such disciplinary measures shall be carried out in accordance with Article 19.
- 4.6. The Board will ensure that the National Racing Calendar shall be compiled and shall allocate all National Championships in accordance with the rules. A typed list showing the calendar amendments, for the ensuing year must be sent to all club and association secretaries not later than 30th November.
- 4.7. The Board shall appoint a Course and Registration Committee under the Chairmanship of an appointed person who will forward his Committee findings to the Board for ratification.
- 4.8. The Board will approve Records subject to report from the Chief Executive.
- 4.9. The Board shall be empowered to place resolutions, on behalf of the Union, before the National Council of the British Cycling Federation.
- 4.10. ***Ex-Officio Committee Members***
 - 4.10.1. The President and director in charge of Finance shall be ex-officio members of all SCU Sub-committees.

5. HANDBOOK

- 5.1. All information required for inclusion in the handbook must be in the Chief Executive's hands by 10th December.
- 5.2. COMMUNICATION
 - 5.2.1. The deliberations and decisions of the Board will be communicated timeously by the most effective means to all members.

6. CENTRES

- 6.1. The AGM shall define the Areas of each Centre. All Clubs will be allocated to a Centre by decision of the Board.
- 6.2. Centres shall appoint the officials necessary for their operations. All Centre officials must be affiliated members of the SCU/BCF.
- 6.3. Centres shall have the power to suspend clubs or individuals who break the rules of the SCU or Centre byelaws.
- 6.4. Centre Constitutions and byelaws must not be contrary to the rules of the Union and shall submit them to the Director of Operations for the approval of the Board. Subsequent amendments must also be sent to the Chief Executive for the approval of the Board.
- 6.5. Centres must take action against Clubs or individuals if instructed so to do by the Board.
- 6.6. Centres shall not have the power to fine clubs or members who break the National Rules or Centre byelaws.
- 6.7. The Centres shall be as follows with areas of responsibility being the local government areas indicated.
 - 6.7.1. **Aberdeen and District**
Aberdeen, Aberdeenshire and Shetland.
 - 6.7.2. **Ayrshire and Dumfries**
Dumfries and Galloway, East Ayrshire, North Ayrshire & South Ayrshire.
 - 6.7.3. **Dundee and District**
Dundee, Angus, Perthshire and Kinross.
 - 6.7.4. **East of Scotland**
Edinburgh, Borders, East Lothian, Midlothian and West Lothian.
 - 6.7.5. **Fife**
Fife
 - 6.7.6. **Mid Scotland**
Clackmannan, Falkirk, Stirling, North Lanarkshire except the former District of Cumbernauld and Kilsyth, South Lanarkshire except the former District of East Kilbride and the areas formerly included in the City of Glasgow District.

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- 6.7.7. **North of Scotland**
Highland, Moray, Orkney and Western Isles.
- 6.7.8. **West of Scotland**
Glasgow, Argyll and Bute, Dumbarton and Clydebank, East Dunbartonshire, Inverclyde, Renfrewshire, East Renfrewshire, the parts of South Lanarkshire and North Lanarkshire not included in the area of Mid Scotland C.A.

7. CLUBS

- 7.1. Clubs shall appoint the officials necessary for their operations. All Club Officials must be members of the SCU/BCF.
- 7.2. Club Constitutions and byelaws must not be contrary to the rules of the SCU and shall be submitted to the Chief Executive for approval of the Board.
- 7.3. All Clubs (including School Clubs, Commercially named clubs and Trade Teams) must affiliate to the Union direct to the Chief Executive by the 1st December preceding each year, whereupon a receipt for affiliation and a certificate of Public Liability Insurance will be issued.

8. ASSOCIATIONS

- 8.1. Associations shall appoint the officials necessary for their operations. All Association Officials must be members of the SCU/BCF.
- 8.2. Association Constitutions and byelaws must not be contrary to the rules of the SCU and shall be submitted to the Chief Executive for approval of the Board.
- 8.3. All Associations must affiliate to the SCU direct to the Chief Executive by 1st December preceding each year, whereupon a receipt for affiliation and a certificate of Public Liability Insurance will be issued.

9. TRACK LEAGUES, ETC.

- 9.1. Any group of Clubs forming themselves into an association for a particular purpose must lodge their Constitution and Rules plus future amendments with the Board for approval. If duly approved, that Association will then be considered an Association within the rules of the SCU.

10. DISCIPLINE

- 10.1. Disciplinary procedures used by a Centre or the SCU will be those detailed in BCF byelaws.

11. APPEALS

- 11.1. Any person, club, centre or association, shall have the right to appeal.
- 11.2. Except in events when the conduct of these events will be in the hands of a jury consisting of the Chief Commissaire, Organiser and Chief Judge or Timekeeper as appropriate. All decisions of this jury shall be final. All members of a Race Jury must be affiliated members of the SCU/BCF.
- 11.3. When the appellant and the respondent to the appeal are under the jurisdiction of one centre only, an appeal in the first instance shall be made to that centre, and thereafter to the Appeals Committee, if desired by either party.
- 11.4. Where both parties to the appeal are under the jurisdiction of different centres, an appeal shall be made to and heard by the Appeals Committee.
- 11.5. An appeal by a centre shall be made to and heard by the Appeals Committee.
- 11.6. An appeal shall be lodged within 7 days after receipt of the decision and shall be heard within one month after receipt of appeal. Said decision to be deferred pending appeal.
- 11.7. Appeals in all cases shall be accompanied by a fee of £10 for school-boy/girl, £25 for other members and £40 in the case of a club or centre. The deposit may be returned at the discretion of the Appeals Committee.
- 11.8. No appeal can be heard from any notified party, who has neglected, without explanation, to appear at a previous meeting.
- 11.9. All parties, concerned in the appeal shall be notified by the body to whom the appeal is addressed, and must thereupon forward all relevant information to that body.
- 11.10. Any person appealing may if so desirous appoint one representative. A club, centre or the national committee shall appoint one person to represent it at an appeal.
- 11.11. The only people to appear before the body to whom the appeal is addressed shall be as Rule 8:1, plus the witnesses.

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- 11.12. Only by special leave shall additional evidence be allowed on appeal.
- 11.13. The Appeals Committee shall consist of nine members elected at the AGM. Three shall form a quorum. The Appeals Committee shall elect a Chairman from its members. The Appeals Committee may also elect a Secretary or the Chief Executive shall act. The Appeals Committee may fill any vacancy occurring during the year subject to confirmation at the next meeting of the Board.
- 11.14. A member of the Appeals Committee, who, as a member of another committee has previously sat in judgement or has taken part in the case, shall not act on the Committee.
- 11.15. Any decision previously taken at any level will not take effect until the result of the appeal is announced.
- 11.16. Any decision previously taken at any level may be confirmed, varied or quashed by the Appeals Committee. The decision of the Appeals Committee shall be final.
- 11.17. **Appeals Procedure**
 - 11.17.1. The person representing the suspending body, hereafter called the Rep. of S.B. is called into the room.
 - 11.17.2. The Appellant is called into the room.
 - 11.17.3. The Appellant is asked if he has appointed anyone to assist him in the conduct of his case. In the event of such appointment his representative is called into the room. Hereafter the Appellant or his representative shall be noted as Rep. of A.
 - 11.17.4. The notice summoning the Appellant is read.
 - 11.17.5. The chairman outlines the procedure to be followed.
 - 11.17.6. The first witness of the suspending body is called in by the Rep. of S.B.
 - (a) The witness makes his statement without interruption.
 - (b) The Rep. of S.B. may question the witness.
 - (c) The Rep. of A. may question the witness.
 - (d) The chairman and members of the Committee may question the witness.
 - (e) The witness retires. Preferably not joining unheard witnesses.

- 11.17.7. The second and subsequent witnesses for the suspending body are heard similarly.
- 11.17.8. Any witness or witnesses called by the Rep. of A. are called and heard similarly.
- 11.17.9. The Rep. of A. and the Rep. of S.B. may recall any witness at the chairman's discretion.
- 11.17.10. The Rep. of S.B. is invited to sum up on the foregoing evidence without interruption. The Rep. of A. is invited to sum up on the foregoing evidence without interruption.
- 11.17.11. The Appellant and his representative retire, as does the representative of the suspending body while the Committee reaches a decision.
- 11.17.12. The persons noted in rule 8.17.6 are recalled and the Appellant is informed of the decision of the Committee.

12. FINANCE

- 12.1. The Board shall have the power to set all fees and contributions annually.
- 12.2. For Commercially named Clubs and Trade Teams the fee shall include the registration of the primary sponsor.
- 12.3. Not more than £200 shall be retained by any official. All other funds shall be placed in the local branch of the nominated bank in the name of the Scottish Cyclists' Union. The nominated bank shall be decided by the Board.
- 12.4. Cheques, money orders and postal orders shall be crossed & Co. and made payable to the Scottish Cyclists' Union. Cash shall be sent by registered mail.
- 12.5. Centres, Associations and affiliated clubs shall be responsible for all their own financial obligations.
- 12.6. The Board shall be empowered to update these Byelaws as required to address financial implications as a result of changes by the BCF and RTTC.

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12.7. **Expenses**

- 12.7.1. Expenses shall be payable: –
- (a) All members of the Board and subcommittees thereof for attending properly convened meetings, and
 - (b) Any member or person who may be engaged upon the business of the Union with the authority of the Board.
- 12.7.2. Expenses payable shall be any reasonable expenses necessarily incurred for which details and receipts are given. Expenses in relation to postage, telephone and mileage shall be payable at the rate set from time to time by the Board.

12.8. **Levies**

- 12.8.1. All promoters of open events sanctioned by the Board shall pay a levy for each entrant (excluding youths) in each event and the said levy must reach the Treasurer of the centre within which the event took place, within 7 days of the date of the event. Where an event is promoted by an Association the said levy must reach the Association Treasurer within 7 days of the date of the event. Where an event is of more than one day's duration, or consists of more than one stage on a single day, the current levy per entrant for each day of competition will be paid.
- 12.8.2. In addition to the SCU levy, BC Insurance levies shall be paid in accordance with the current BC regulation.
- 12.8.3. The centre or association treasurer, on receipt of the levy returns, shall retain 20% per entrant for the centre or association, and forward monthly returns of remainder to the Chief Executive.
- 12.8.4. The race levies for each event shall be accompanied by the race levy receipts form, obtainable from the Chief Executive, and this form shall be duly completed.
- 12.8.5. A penalty be imposed for late levies, 10% of amount of levies for 1 month late, and 50% if not paid within 2 months. This is to be charged to the centre or association who would claim from the Club if appropriate.

12.9. **Centre Rebate**

- 12.9.1. On each affiliation fee paid by individual club members to the BCF, 80p shall be refunded by the SCU to the centre or association to which the member or member's club is affiliated. The rebate will be paid to the Centres or Associations by 28th February based on membership affiliations as at 31st December in the preceding year.

13. **ACCIDENT PROCEDURES**

- 13.1. You will need to obtain or get someone to obtain for you the following information: –
- 13.1.1. The time and exact location of the accident, including the names of roads and the Department of Transport classification numbers where applicable. If the accident was caused through a pothole or bad surface you should endeavour to obtain photographs before it is repaired.
- 13.1.2. Name and address of the driver and/or owner of the vehicle, its type and registration number, and insurance particulars (*company and policy number*).
- 13.1.3. Names and addresses of witnesses. It is very important to obtain independent witnesses wherever possible.
- 13.1.4. In cases of personal injury, however slight, you must REPORT THE ACCIDENT within 24 hours to the nearest Police Station in order to protect your interests within Section 170 of the Road Traffic Act 1988. Always call the police at the time of the accident if possible or report it as quickly as possible afterwards. Make sure you get the P.C.'s name and number and name of his police station. Make a note or obtain a copy of any statement made by you to the police. If you are badly injured the police are required by the 1989 Road Traffic Act to obtain all the details. As soon as you have recovered from your injuries make all possible enquiries and obtain the fullest details for future reference.

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- 13.1.5. In cases of injury, however minor or slight, always report to a hospital or doctor for treatment or examination. If you do not it may prejudice any claim you may subsequently wish to make. Chief Commissaires are asked to note that they are required to complete a SCU/BCF INCIDENT REPORT FORM for any event in which there has been an accident. These forms can be obtained from the SCU Office. The following information is required in such cases:
- (a) All details of event including course.
 - (b) FULL details of incident.
 - (c) Traffic conditions at the time.
 - (d) Were Police on the spot. Give numbers, ranks and names.
 - (e) If Police called – by whom and why.
 - (f) Name and Address of all SCU/BCF personnel involved.
 - (g) Names and Addresses of all witnesses.

14. DISPUTES

- 14.1. All disputes and disagreements concerning these Byelaws shall be referred to the Board whose decision will be final.

Boxes of highlighted text are changes made from the 2009 Handbook.

1. GENERAL

- 1.1. The maximum number of competitors in all open events shall be accepted except where an application for an extended or restricted field, or an overflow event has been approved by the Board. The field shall be selected on merit taking account of any category or other restrictions published in the National Calendar. In Championship events due regard shall, when appropriate, be made for team entries. The closing date for National Championships shall be 14 days prior to the event. In all other events an organiser may set a preferred entry date of up to 7 days prior to the event. Entries received after this date may be accepted and may be subject to an increase in the published fee of up to 50% at their discretion.
- 1.2. Fields shall not be compiled in advance of the published closing date.
- 1.3. No rider shall enter for two events on the same day, if unable to compete in both events owing to the time factor. When an entry has been received by a race organiser it becomes his/her property and may not be withdrawn without his/her written permission.
- 1.4. The entry fee for each event shall be published in the National Calendar of Events.
- 1.5. In all events the decision of the Chief Judge on the placing of riders shall be final and he shall endeavour to place all competitors in an event. The finishing order may only be amended following demotion or disqualification of a competitor.
- 1.6. All entries must be made on official entry forms or an officially recognised online entry system issued or approved by SCU or British Cycling properly completed by the entrant and must be accompanied by the appropriate fee.
- 1.7. No suspended rider may compete in any race either open, invitation, local or club, until reinstated.
- 1.8. Organisers of events under the rules of the SCU shall not accept the entry of any person who is under suspension by his club, centre or The SCU, or by any organisation with which the SCU has an agreement for the mutual recognition of suspension. All SCU/BCF affiliated members of clubs which are under suspension by their centre or the SCU, shall also be deemed to be suspended.

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- 1.9. Where an event is restricted to specific categories of senior rider it shall only be open to similar categories of veterans and juniors (*subject to Tech Reg Appendix A rule 6.3.1*). Women shall also be eligible to ride in all such senior events open to categories equal to or below their own category.
- 1.10. Events may be promoted for non-members on closed roads, closed circuits or on the track. Provided suitable clothing is worn, these competitors will not be expected to comply with dress regulations, TR's 1.17.1, 1.17.3, and 1.17.4 except that protective headgear must be worn in accordance with TR 1.17.1, neither will they require to comply with gear restrictions specified in 3.2 and 3.3. For these events an insurance fee shall be paid in accordance with current BC regulations. Entrants for these events shall complete an entry form which shall be forwarded to the organiser with a parental consent form for any person who is under 18 on the day of the event.
- 1.11. Organisers are encouraged to include a Fun category in their event. Fun competitors will only be eligible for prizes in the Fun section. Performances will not count for any championships or national series. Provided suitable clothing is worn, Fun competitors will not be expected to comply with dress regulations, 1.17.1, 1.17.3, and 1.17.4 except that protective headgear must be worn in accordance with TR 1.17.1, neither will they require to comply with gear restrictions specified in 3.2 and 3.3. Organisers can publish a closing date or accept entries at any time. In time trials, extended fields may be granted.
- 1.12. Organisers shall not be allowed to act as Chief Judge, Chief Commissaire or compete in events which they promote.
- 1.13. **Starting Times**
 - 1.13.1. Competitors shall send a stamped envelope for their list of starters, time and other relevant details.
- 1.14. **Result Sheet**
 - 1.14.1. Organisers must issue to competing clubs a complete finishing list, including full details of prizes awarded, within 14 days after the date of the event.
- 1.15. **Teams**
 - 1.15.1. Any rider entering or allowing himself to be entered in an event in the name of a club shall not be eligible to count for team race purposes for any other club until the following year.

A rider may only compete in the name of the club/team or sponsor endorsed on his/her membership/licence, unless selected for a representative team by the appropriate body.

1.16. **Cancellations**

- 1.16.1. In the instance of an event being declared void due to negligence on the part of the promoters they will be liable to refund all entry fees.
- 1.16.2. Organisers of events which are cancelled shall notify the Chief Executive of the reasons for the cancellation within fourteen days of the date of the event.

1.17. **Dress**

- 1.17.1. Competitors must present a clean and tidy appearance at the start of all events. Competitors' dress for all events must consist of a sleeved jersey or vest and racing shorts or one piece racing suit. Leggings and other racing attire shall be permitted. All attire must be free from political signs or badges. The wearing of a rigid helmet to the approved standard is obligatory in all competitive events and record attempts, as well as during track training sessions. For motor paced events, the rider's helmet must be flat and made from hard moulded material, as must that of the pacer. The pacer may fit his helmet with ear pieces which may not exceed 1cm by 3cm.

NOTE: To assist riders the SCU reproduces below the British Cycling Federation's advice on protective headgear. The Federation advises all competitors that 'protective headgear' must take the form of hard/soft shell helmet which should conform to a recognised standard such as SNELL (Snell Memorial Foundation), AUS 2063 (Australian Standard), DIN 33954 (TUEV Institute - Germany) or BS 6863 (Great Britain). Other Standards are available, but competitors and/or parents/guardians should obtain proof that a Standard is adequate for the purpose for which they intend to use the article. The current British Standard (BS 6863) is primarily intended for use by young riders. This standard is not intended to provide a complete specification for helmets for high speed or long distance riding. A copy of the complete forward to the British Standard can be obtained from BCF Headquarters. It is emphasised that it is the responsibility of the rider (or parent or guardian if the rider is under 18 years of age) to select a standard of protective headgear which offers protection against head injury and does not restrict the riders

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vision or hearing. This responsibility also applies to ensuring that the headgear is undamaged and in good condition. It is pointed out that any helmet which suffers damage (e.g. in case of accident or through mishandling) may no longer afford the same level of protection. The Federation (and the SCU) make no warranties or representations regarding the adequacy of any Standard or the fitness for the purpose of any brand of protective headgear and will not accept any claims arising from the use of any particular headgear.

- 1.17.2. Numbers must be used.
- 1.17.3. No trade advertising shall be displayed by riders during competition except under sponsorship rules.
- 1.17.4. All competitors must wear their own club's registered colours — or any other single colour except black for safety reasons — in open competitions. Club colours and designs including shorts shall not be used in competition until approved by the Board and registered with the Chief Executive.
- 1.17.5. The holder of a World, Continental or National Championship shall wear the jersey appropriate to those Championships, and then only when competing in the event at which he/she is Champion.
- 1.17.6. Youth riders will be allowed to wear any suitable clothing whilst competing in events under the rules of The SCU, including that bearing registered or unregistered advertising. However protective headgear must be worn in accordance with TR 1.17.1.

1.18. **Other Events**

- 1.18.1. Events promoted, for which there are no rules in the handbook must have rules formulated by the organisers and approved by the Board. These rules must be brought to the notice of competitors and clearly stated on start sheet (e.g. *Italian Pursuit and classified events*).
- 1.18.2. Confined events are those restricted to members of the promoting club only or by prior approval of Board.

1.19. Machine

- 1.19.1. Machines used for domestic road and track competition in Scotland must conform to the following criteria:-
- (a) Dimensions: -
 - (i.) Maximum overall length - 2.00 metres.
(Tandems - 2.75 metres).
 - (ii.) Maximum width - 0.75 metres
 - (iii.) Forward point of the saddle must not project beyond a vertical line drawn from the centre of the bottom bracket spindle nor fall more than 15 cm behind the same projected line.
 - (iv.) Bottom bracket spindle above ground level: -
Min 24 cm - Max 30 cm.
 - (v.) Bottom bracket spindle to front hub spindle: -
Min 54 cm - Max 60 cm
 - (vi.) Bottom bracket spindle to rear hub spindle: -
Max 55 cm.
 - (b) The riding position adopted must allow the rider unrestricted forward visibility.
 - (c) Triathlon type bars are permitted in road time trials and track time trials and pursuits.
 - (d) Disc wheels are permitted on the rear wheel only, except in track time trial and pursuit where they are permitted on both wheels.
 - (e) Wheel covers are permitted in road time trial, track time trial and individual pursuit. For road team time trial and track team pursuit they must be used only the on the rear wheel.
 - (f) Fairings and windbreaks must not be used.
 - (g) Those machines used on roads must conform to current road transport regulations.
 - (h) Where a rider is found to be using a machine which in the opinion of the Chief Commissaire presents a danger to his/herself or others, the rider shall be withdrawn from the event

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- (i) In all track events Youth B and C riders shall conform to the following requirements except where dispensation under BC Technical Regulation 3.3.3 has been received from BCHQ. Wheels shall have a maximum rim depth of 35mm, have minimum of 16 and maximum of 40 spokes. Spokes can be round, flattened or oval but must not exceed 10mm in width. Machines with dropped handlebars shall be used. Tri-bars, arm extensions and/or arm pads shall be prohibited.

NOTE: The above criteria varies from the current specification of bicycles under BC and UCI. Riders entering competitions outwith of Scotland are advised to consult the UCI and BC regulations to ensure that their machine complies with these regulations.

- 1.19.2. The bicycle used in mountain bike races must be solely human powered. Any bicycle taking part in competition must be capable of safely and efficiently completing the task and must, as a minimum, be mechanically sound, have efficient brakes on all wheels and all reasonable steps must be taken to ensure the safety of the rider and others. As part of the latter bar plugs are compulsory.
- 1.19.3. If in the opinion of the Commissaire a bicycle fails to meet the above criteria the rider must immediately take steps to remedy any shortcomings and ensure that the Commissaire's requests are met. Failure to do so will result in exclusion from the competition.

1.20. **Road Conduct**

- 1.20.1. Riders in road events shall observe all rules of the road while competing in such events.

1.21. Marshals shall wear fluorescent safety jackets or bibs.

1.22. Where a vehicle, not being an official vehicle but connected with a rider or riders in a race, immediately precedes or follows a race without the permission of the Chief Commissaire or where in the opinion of the Chief Commissaire such a vehicle is adversely affecting the progress of a race, the rider or riders concerned shall be withdrawn from the race.

1.23. **Accident or Other Incidents**

- 1.23.1. Any competitor, or person other than the event organiser, connected in any way whatsoever with any event promoted

under SCU rules, who may be stopped by any police officer, or other person not officially connected with the SCU and questioned on any matter arising out of, or in connection with, the event, shall after giving name and address, decline to add anything other than referring the officer or person to the event organiser for a report.

- 1.23.2. Any competitor, official, or person, involved in any accident or incident, connected in any way whatsoever with any event promoted under the SCU rules, shall immediately make or have made on his or her behalf, a report to the event organiser. If requested by the event organiser the report shall be written and signed. The event organiser shall report any accident or incident with all available information to the Centre Secretary and Chief Executive within three days from date of event.
- 1.24. Any rider, member, official, or person who may receive a summons as a result of, or in any way connected with any event promoted under SCU rules, shall immediately forward same to the Chief Executive and inform the event organiser and Centre Secretary.
- 1.25. Any rider, official, or person, being a member of the SCU or under the control of the SCU at the time of the event out of which, or in connection with which, such rider, member, official or person, has received a summons, who is upon the hearing of the said summons convicted, shall, as from the date of such conviction, be deemed to be suspended from the participation of any race, event or other promotion organised by or under SCU rules. The period of suspension shall be as laid down in TR 1.28 appearing under Registration and Insurance.
- 1.26. Police co-operation is desirable for all events, and the organiser and others shall avoid giving grounds for criticism and adverse relations. Any complaint received from the police must be communicated to the Chief Executive and Centre Secretary within three days of its receipt and be dealt with immediately.
- 1.27. **Registration and Insurance**
- 1.27.1. All members competing in open competition shall hold a current SCU/BCF Racing Licence appropriate for that event which shall be produced as required and the number of which shall be placed on entry forms. (See rules for Road Race and Track events).

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- 1.27.2. When changing his club a member must immediately send his affiliation card and racing licence to BC Membership Services for the change to be made. These must be accompanied by a statement from the secretary of the club from which he has resigned confirming that the resignation has been accepted by the club
- 1.28. Any member of an affiliated club who enters, or allows him/herself to be entered, for an open event, in contravention of the above rules shall: (a) Forfeit all prizes in that event and any other event in which he or she has competed without cover. (b) Be suspended for 4 racing weeks from all racing as from date of receipt of SCU/BCF membership card and/or race licence or as from date of suspension by Centre, whichever is the later (*i.e. 4 racing weeks means 4 weeks which have open events at the weekend. No competitor can then be suspended over a period when there is no racing.*)
- 1.29. The organiser of every open event shall furnish the Chief Executive with a copy, signed by the Chief Commissaire, of the start sheet for that event within 7 days. The Chief Executive will check the start sheet against his register (at his discretion), and report any entrant not covered as required in TR 1.27.1 above, to the appropriate Centre for investigation and action where necessary.
- 1.30. **Prizes**
- 1.30.1. An amount not less than 60% of the entry fee (excluding SCU levies and race insurance) received by promoters of open events shall be expended in prizes for each event. The minimum prize list for each event shall be stated on the start sheet or programme showing the cash value against each prize. Should these minimum values be exceeded the actual values awarded shall be stated on the result sheet issued to participating clubs.

2. LICENCES

- 2.1. Racing licences will be issued in accordance with BCF Byelaws and Technical Regulations. These Regulations are transposed for use under SCU Rules in Appendix A.

3. DEFINITIONS

- 3.1. RIDER - Any competitor taking part in a cycle race or related activity.

- 3.2. **YOUTH** - For the age definition of a Youth please refer to the Licence Regulations contained in Appendix A. A youth shall not race more than 25 miles in one day. The maximum gear for use by youth riders shall be in accordance with current BC Technical Regulations (see Appendix B). Youths may only compete on closed circuits, with the exception that on reaching 12 years of age they may ride in road time trials.

NOTE: For additional information about youth definition refer to licence rules (see Appendix A).

- 3.3. **JUNIOR** - For the age definition of a Junior please refer to the Licence Regulations contained in Appendix A. The maximum gear for use by junior riders shall be in accordance with current BC Technical Regulations (see Appendix B).

NOTE: For additional information about junior definition refer to licence rules (see Appendix A).

- 3.4. **VETERAN** – A Veteran is any member of the SCU who is aged 40 years or over.

4. SPONSORSHIP

4.1. Sponsored Events

- 4.1.1. Events shall be considered to be sponsored when a person concerned – or other body – puts their name to the event to gain publicity.
- 4.1.2. Advertising – When an event is sponsored, the following types of advertising on competitors' clothing will be permitted: –
- (a) On race hats.
 - (b) On race numbers.
 - (c) On Leaders' jerseys.
 - (d) On jerseys and shorts (by means of self-adhesive material subject to compliance with U.C.I. regulations on lettering sizes).
- 4.1.3. Competitors shall be entitled to refuse to wear any advertising material (except race numbers) if they so desire.
- 4.1.4. The SCU shall permit its members to display advertising material provided from a sponsored event at all times. However, organisers of sponsored events will be entitled to insist that

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competitors remove any advertising material they consider offends the sponsor of the day. Should a competitor refuse to comply he shall not be permitted to start and be reported to the Board. Competitors displaying advertising material not covered by this rule are liable to action under rule on 'definition'.

4.2. **Sponsored Clubs, etc**

4.2.1. Any affiliated Club, Centre, Association, Trade Team or Individual Member may enter into agreement with commercial sponsors of unlimited number. Riders once subject to a formal agreement may display without restriction any related advertising material on clothing etc. with the exception of political signs. Each sponsorship agreement entered into by a Club, Centre, Trade Team or Individual Rider will be required to be registered with the SCU at the start of each season, together with details of race clothing design and placing of advertising material. Individual riders entering into personal contracts, either directly with a sponsor or with a third party, as part of a team or individual agreement, may if they wish lodge with the SCU details of the core elements of their personal contract without disclosing specific details confidential to the parties to the contract.

4.2.2. Two copies of the advertising agreement registration form should be forwarded via the Centre Treasurer to the Chief Executive of the SCU together with the appropriate fee. Each advertising agreement must be registered with the SCU annually, even if the agreement between the parties covers a longer period. The appropriate fee shall be payable in respect of each of the first 4 advertising agreements specific to any club, centre, trade team or individual, with any additional agreements being registered without charge.

NOTE: If a club has sponsorship and an individual member of that club gains further support, the clubs agreements do not count towards the riders total number of agreements. i.e. the first four agreements of an Individual Member are subject to registration fees regardless of how many agreements the member club may have.

4.2.3. In respect of each fee tendered 10% will be retained by the appropriate Centre.

- 4.3. The Board shall be empowered to update these rules as required to keep in line with R.T.T.C. and B.C.F.

5. NATIONAL RACING CALENDAR

- 5.1. The Board shall deal with the National Racing Calendar, registration of course and allocation of the National Championships.
- 5.2. After the National Calendar has been published, all applications for extra events to be included shall be accompanied by a fee of £10 and the written approval of the appropriate Centre. The Committee shall have the power to reject event applications.
- 5.3. Each centre will complete its own racing calendar and submit it to the Board not later than 31st October.
- 5.4. When an event is promoted with any restriction as to category and/or ability classification, the category/classification shall be indicated in the National Calendar in the following form E, 1, 2, 3, 4, M, U23, O23, V1, V2, V3, V4, W1, W2, W3, W4, EX, SP, FUN, JW, JUN, YA, YB, YC, YD, YE.
- 5.5. An event registration fee shall be payable in respect of events submitted and each Centre shall include the total event registration fees in respect of their Calendar with their application to the Board. Events whose registrations are accepted shall be covered by third part insurance arranged through the SCU.
- 5.6. A minimum of 14 days shall elapse between the promotion of each 12 hours event.
- 5.7. The Board shall have power to amend any centre calendar. Such amendments to be notified to the Centre and promoter who shall have the right to propose further amendments or to withdraw the event prior to publication of the National Racing Calendar.
- 5.8. Any event other than National Championships, National Series and Time Trial League counting events, receiving less than twenty entries may be cancelled. All other changes to the National Racing Calendar must have prior agreement of the Board.
- 5.9. The promoter (*club or individual*) of any event cancelled not in accordance with the rules, except for reasons acceptable to the Board, shall not have any events included in the following year's calendar.

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5.10. Centre Calendars shall give a course index reference for each event. Centres are required to update the course index in the Handbook.

5.11. **Promoters/Organisers**

5.11.1. The SCU recognises the rights of Clubs or Individual SCU/BCF members 18 years of age and over to organise events under the rules of the SCU. The official organiser for a club must be an SCU/BCF member and the Club will place its event on the Centre Calendar. Individual promoters must apply direct to the Board for their event to be placed on the National Calendar; such promoters will be answerable to the Board.

5.12. **Permits**

5.12.1. STANDARD EVENT PROCEDURES

A Club, Association, or organisation, whether or not affiliated to the Scottish Cyclists Union, wishing to promote an event under these Regulations (*other than those referred to in T.R. 5.12.2.*) shall apply to the Centre having jurisdiction over that track, closed circuit, or where the event shall commence for a permit at least eight weeks prior to the date of the proposed event.

No event shall be sanctioned by the permit issuing body which does not comply with the technical regulations and any other conditions that may be set by the Board from time to time.

5.12.2. SPECIAL EVENT PROCEDURES

Applications for permits for races by organisations not affiliated to the Scottish Cyclists Union, or applications in respect of international events on the U.C.I. Calendar, Scottish Championships or Series events, shall be forwarded to the Chief Executive for approval at least 12 weeks prior to the date of the proposed event.

The permit shall be issued by the Board.

The granting of a permit to events within the jurisdiction of the Board shall involve the signing of such contracts as the Board sees fit, to ensure that such race or races take place, that prize monies are all paid, and that other necessary facilities be provided, dependent on the stature of the promotion concerned.

Any permit granted may subsequently be withdrawn by the Board.

6. COMMISSAIRES

- 6.1. The SCU shall recognise the following grades of Commissaires: -
- (a) International Commissaires as qualified by the UCI
 - (b) National Commissaires as qualified by the BCF
 - (c) Senior Commissaires as qualified by the BCF
 - (d) Centre Commissaires as qualified by the SCU
- 6.2. Commissaires will be appointed as the senior official at all events promoted under the rules of the SCU. They will be designated 'Chief Commissaire'. For road races, including closed circuit races, at least one additional Commissaire shall be appointed by the organiser to assist the Chief Commissaire. For all SCU championship events the Board will appoint the Chief Commissaire. The Board may also nominate commissaires to any event if they see fit.
- 6.3. Lists of qualified commissaires will appear in the handbook.
- 6.4. EXPENSES – Where a Commissaire is appointed to an event by the Board or a centre he may claim expenses in respect of travelling, accommodation and postage. In the case of appointment by the Board – from the SCU, and when appointed by a centre – from the promoting club.
- 6.5. The Chief Commissaire shall ensure that the field is intact at the start of a road race.
- 6.6. The Chief Commissaire must submit a report for each event to the Chief Executive, on the appropriate form fourteen days after the date of the event. The Chief Commissaire shall also enclose the competitor's signing-on sheet from the event, along with his report, to the Chief Executive, who shall, in turn, forward all signing-on sheets to the BCF Headquarters at the end of the racing season.
- 6.7. A Commissaire may not compete in any event at which they officiate.

7. ROAD RACING

7.1. Organisers

- 7.1.1. No organiser or club shall be permitted to promote a road race as a confined event.
- 7.2. The maximum number of starters permitted in any race on the public highway shall be sixty — except where application for a larger number

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has been made in accordance with the Statutory Regulations and approved by the Board in the first instance. A race organiser receiving in excess of the authorised number of starters may allocate reserve competitors as follows.

- (a) Up to a maximum of 10 in races where the authorised number of starters is 80 or less.
- (b) Up to a maximum of 15 in races where the authorised number of starters is more than 80.
- (c) Reserves shall be listed on the race start sheet or programme in order of preference and on the day of the race will be allocated any vacant places in accordance with TR 7.14.3.
- (d) Any entrant not wishing to be listed as a reserve shall indicate this on their entry form.

- 7.3. Any complaint regarding an event and/or its organisation must be made in writing, within seven days of the finish of the event, to the Race Organiser and to the secretary of the Centre which authorised the event. The Centre Committee will conduct any necessary investigation regarding the complaint and notify the Organiser and the complainant of their findings.
- 7.4. Organisers must ensure that any Local Authority bye-laws are observed, in respect of street collections, street processions, sign posting, programme sales, use of amplifying equipment etc. and shall notify the relevant Police authorities of such arrangements if required.
- 7.5. Police Authorities must be notified of events taking place and details, such as starts, controls, prime points, and finishes must be made clear to them.
- 7.6. All police notifications must be issued by the event organiser giving at least four weeks' notice.
- 7.7. The winning team in single stage races will be decided on a points basis. Unless otherwise stated in the start sheet, team awards shall be for three riders from a maximum of four nominated riders. Points will be awarded as follows: First, 1 point; second, 2 points; third, 3 points, and so on. The team with the lowest number of points will be the winners. In the event of a tie, the team with the highest placed rider shall take the

award. For multi-stage races the team result will be decided on a time basis including penalties but excluding time bonuses.

- 7.8. Road Race distances shall be measured with reasonable accuracy and that distance, and the length of any neutralised section from the race assembly point to the "race start proper" shall be stated separately in the race start sheet or programme. All competitors shall be provided with an accurate map and/or written description of the race route including directions as appropriate to and/or from the changing accommodation/ race headquarters.
- 7.9. Any course shall not normally include 1 1/2 miles of restricted road, i.e. where any speed limit applies – 30, 40 m.p.h. in every 4 1/2 miles of the course. Simply if the course covers restricted roads it must travel 3 miles of derestricted roads after leaving one restricted area before it may traverse a further restricted area.
- 7.10. One car must precede all road races carrying a notice on front stating 'caution – cycle race' in bold letters. A similar car should be available to precede the main group if there is a breakaway.
- 7.11. Organisers shall ensure that a SCU Competitors Signing-on Sheet is available for each race. Blank signing-on sheets may be obtained from the Chief Executive.
- 7.12. **Road Race Officials**
- 7.12.1. The following officials will be appointed prior to the event taking place as listed on the start sheet/programme.
Chief Commissaire (*see under Commissaires*), Commissaires as directed by Chief Commissaire, Chief Judge, Chief Timekeeper, Competitors Steward, 2 Lead Car drivers and qualified First Aider.
- 7.12.2. An official timekeeper and/or approved watches will not be considered necessary for single stage road races but they shall be timed with reasonable accuracy.

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7.13. **Official flags and their meanings:**

Start	St. Andrews
Finish	Black & White Check
200 Yards from Finish	Yellow
200 Yards from Prime	Green with White Border
Finish of Hill Prime	White
Finish of Prime	White
Danger	Red
All Clear	Green
Race Stoppage	Black
Bottom of Hill Prime	Blue

NEUTRALISED AREA

Start	Red & White Check
Finish	Red & White Check with Black Edge

NB - The Black Flag may only be used as instructed by the Chief Commissaire.

COMPETITORS RULES

7.14. **Road and Circuit Races**

- 7.14.1. ALL machines must conform to the following standard: –
- Machine must be in a clean state.
 - A free wheel and two independent brakes in full working order must be fitted.
 - All lamp brackets, bag supports, mudguards and their fittings, and other impediments shall be removed.
 - Inflators must be securely attached to the frame.
 - Wheels must be securely fastened, tubular tyres must adhere to the rims, under Examiner's test.
 - Handlebars must be plugged at the open ends, and grips or tape must cover at least six inches of the handlebar ends.

- (g) Brake levers must be securely fixed to the handlebars.
- (h) Spare tyres must be securely fastened, if carried on a machine.
- 7.14.2. No competitor will be permitted to start the race unless all body and frame numbers provided by the organiser are being worn and displayed as required. All numbers must be securely fastened and must not be cut, folded or obscured in any way. All numbers provided must be returned by the competitor to the organiser at the finish of the race in exchange for the competitor's licence.
- 7.14.3. (a) Before receiving their race numbers competitors, including listed reserves, must submit their Racing Licence to the Competitors Steward and sign the SCU Competitors Signing-on Sheet. The signing on point will close no later than 20 minutes prior to the advertised race start time. Competitors presenting themselves for signing-on after this time will only be permitted to receive their numbers and start at the discretion of the Chief Commissaire.
(b) The places of competitors who have not signed-on when the signing-on point closes shall be allocated to the listed reserves who have signed-on, in order of preference, provided that the maximum number of starters permitted by TR 7.2 is not exceeded.
(c) Any listed reserve who has signed-on in accordance with TR (a) above, but is not allowed to start, shall be entitled to a full refund of any entry fee and levy paid to the organiser.
- 7.14.4. Competitors must present a clean and tidy appearance at the start of the event. The Competitors Steward shall inspect the competitors and if not satisfied with any rider's appearance, that rider will not be allowed to start.
- 7.14.5. Late starts are not allowed. Competitors not ready by the advertised time will not be permitted to compete.
- 7.14.6. Competitors acting improperly at the start or ignoring the starters instructions will be withdrawn from the event.
- 7.14.7. Misconduct or contrary action, including the use of obscene language, by any competitor, from the time the competitor

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signs on until the competitor's licence is returned, shall be dealt with by warning, declassification, disqualification or suspension according to the severity of the offence.

- 7.14.8. Competitors in road and open circuit races must comply with all the relevant Road Traffic Regulations except when directed otherwise by Police Officers or Traffic Wardens.
- 7.14.9. Switching from side to side is forbidden. Riders guilty of this offence shall be liable to penalties stated in TR 7.14.14.
- 7.14.10. Competitors must not accept food, or liquids during the race from non-competitors other than at the points given on the start sheets or programmes or at the discretion of the Chief Commissaire.
- 7.14.11. Competitors must not continue on a machine that is rendered unsafe, i.e. broken frame or handlebars, etc.
- 7.14.12. Competitors shall comply with all reasonable requests by race organisers, to provide spare wheels for general service. The Chief Commissaire shall reserve the right to deny race service to any competitor who fails to provide a wheel as requested or who provides a wheel which is passed unfit for use .
- 7.14.13. Competitors must give audible warning to their fellow competitors if mechanical trouble, cramp or any other unforeseen eventuality overtakes them. Care in slowing down to withdraw from the race must be used.
- 7.14.14. Anyone guilty of fouling or interfering in any way with other competitors shall be declassified or disqualified and/or suspended.
- 7.14.15. Competitors reporting an infringement by another competitor during the course of an event must do so in writing to the Chief Commissaire within 1 hour of the finish of the event, or stage, giving all the particulars relating to the alleged offence. The Chief Commissaire shall take any necessary action.
- 7.14.16. All complaints regarding placings must be made in writing to the Chief Commissaire within 30 minutes of the results being announced.
- 7.14.17. The Chief Commissaire may withdraw any competitor from an event for contrary action, either before, during or at the

termination of a stage of a race, or at the finish of a race itself. Competitors lapped in circuit races or too far behind in road races can be withdrawn.

- 7.14.18. In a circuit race held on any circuit of less than 2Km. a rider who punctures, crashes or suffers mechanical trouble will be permitted, except within the last five laps, to rejoin the race after omitting one lap, in the same position as when the incident occurred, with the approval of the Chief Commissaire.
- 7.14.19. Competitors must use extreme care when contesting a prime or sprint for the finish of a road race. In either case the Rules of the Road must be strictly adhered to.
- 7.14.20. After the finish of a race, competitors must not congregate in the roadway or cause any other obstruction. They are under the direct authority of the Competitors Steward(s) and must obey their instructions implicitly.
- 7.14.21. Any infringement of rules or misconduct not specifically dealt with shall, after due investigation, warrant similar penalties as stated in the foregoing.
- 7.14.22. Only the Chief Commissaire, or an Assistant Commissaire acting on the instructions of the Chief Commissaire, shall have the authority to warn, withdraw, declassify or disqualify a competitor. A competitor appealing against the Chief Commissaire's decision must do so in writing to the race jury (*see Byelaw 11.2*) within 30 minutes of the decision being given.

8. TEAM TIME TRIALS

- 8.1.1. All members of a team must belong to the same club except in the case of invitation events, gentlemen events, or special events authorised by the Board.
- 8.1.2. Teams shall be of two, three or four riders and shall be started at intervals of two minutes for teams of two and not less than three minutes in other cases.
- 8.1.3. A team overtaking another must observe the rule applicable to one rider overtaking another.

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- 8.1.4. Teams may nominate a reserve or reserves if they desire; a person or persons nominated as such may have his name on the start sheet as a rider in a second or otherwise graded team. In the National Championship, teams may only be selected from riders entered and reserves nominated by the closing date for the championship.
- 8.1.5. The time of a team shall be that recorded by the last member of the complete team to finish, except that in teams of four the time shall be that recorded by the third member of the team to finish.
- 8.1.6. Any infringement of the Rules by a member of a team may entail disqualification and/or suspension of the whole team. Pushing, even among team mates, is not permitted.
- 8.1.7. Team time trials shall be held on courses that dispense with dead turns.
- 8.1.8. Competitors machines will conform to TR 7.14.1 laid down for road and circuit races.

9. TIME TRIALS

9.1.1. *Entries*

- (a) The maximum number of competitors permitted in a Time Trial shall be 120, except where an application for an extended or restricted field, or an overflow event, has been approved by the Board. The field shall be selected on merit with due regard to Team. Riders who are not affiliated members of the SCU/BCF may take part in individual time trials subject to the payment of a non-members surcharge in addition to any entry fee.
- (b) In all individual road time trials, the number of counting riders in a team shall be : Men (*Senior and Veteran*) – 3 counters per team; all other categories – 2 counters per team.
- (c) Competitors must give the maximum information when filling up entry forms. This must include the fastest performances at all distances, done in the last three years, in open or confined club events.
- (d) Nomination of Improvement – Competitors in handicap events must notify the promoters if they have improved since they

submitted their entries. The improvement must be notified before the start of the event.

9.1.2. **Starting Times**

- (a) Competitors must show their SCU/BCF membership card and sign a signing-on sheet prior to receiving their starting number.
- (b) Competitors not ready to start at the stated time must report to the timekeeper when ready. The timekeeper shall use his discretion as to when the competitors shall start. Competitors shall lose only the times between due starting time and time of reporting. All competitors shall warm up and compete under the jurisdiction of the Commissaire. Competitors who endanger any other rider during warming up shall be subject to disqualification.
- (c) The interval between each competitor shall not be less than one minute, and except as detailed in subsequent regulations, promoters shall arrange the order of starting so that the short-markers shall be at least 5 minutes apart (*e.g. in a field of 100 the 10 fastest according to handicap shall be at 10 minute intervals, and the next 10 fastest shall be at 5 minute intervals of the 10 fastest and so on*). In 100 mile and 12 hour events promoters may use discretion in the application of this rule.
- (d) In 10, 25 and 50 mile Championship events, the 10 fastest men shall be started at the end of the field at intervals of two minutes, with no other rider starting on the minute between these riders. The highest number will be allocated to the defending Champion.
- (e) In 10, 25 and 50 mile Championship events, the 5 fastest women shall be started at the end of the field at intervals of two minutes, with no other rider starting on the minute between these riders. The highest number will be allocated to the defending Champion. Where less than five riders have entered, the arrangements may be amended as necessary.
- (f) No competitor shall be allowed a restart.

9.1.3. The officials shall be Chief Commissaire, Commissaires, timekeepers, recorders, marshals and stewards as are required for the respective courses.

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- 9.1.4. It shall be the duty of the promoters to see that officials are at their respective posts.
- 9.1.5. All complaints regarding results must be made in writing to the Chief Commissaire within 30 minutes of the result being announced.
- 9.1.6. All events open to men shall also be open to women except where otherwise indicated in the rules.

9.2. **Unpaced Riding**

- 9.2.1. Competitors in unpaced events must not take shelter from any other rider or from any vehicle on the road. If one competitor overtakes another he must pass as widely as possible and no shelter must be given or received. A rider being overtaken must drop back a distance of 20 yards immediately he is caught by the overtaking rider before attempting to re-pass the other rider. Food or drink or other necessities may be handed up only by persons on foot. Competitors, when dismounting, must wheel or carry their machines without assistance while covering any part of the course. Competitors must not be followed by non-competitors except by official followers in the case of 12 hour or longer events.
- 9.2.2. Any competitors proved guilty of contravening above rule shall have their time/distance declared void by the Chief Commissaire.

9.3. **Courses**

- 9.3.1. Courses shall be of an out and home or circuit nature *(or of a combination of the two)*.
- 9.3.2. All fixed distance events up to and including 50 miles and all non-fixed distance events: No length of single carriageway road may be covered more than three times. On dual carriageways, each carriageway may be covered no more than twice.
- 9.3.3. 100 mile and 12 hours events: A length of road may be covered up to four times provided that overlapping of riders, can be strictly monitored.
- 9.3.4. 12 Hour events: Competitors must cover not less than 200 miles out and home or circuit except as allowed for in TR 9.3.5 before going onto the finishing circuit which may be covered as many times as required. The circuit must not be less than 7 miles.

- 9.3.5. During 12 and 24 hour events, when it becomes apparent that a competitor will not cover sufficient distance in order to reach the finishing circuit and have a total distance accurately measured, the organiser and/or his assistants may direct a rider to omit part of the course. The exact distance of the section omitted must be accurately known.
- 9.3.6. The straight line distance between start and finish of events must not exceed:
- (i.) 1 mile in the case of 10 mile events;
 - (ii.) 2 miles in the case of 25, 30, and 50 mile events;
 - (iii.) 5 miles in the case of 100 mile events;
 - (iv.) 25 miles in the case of 12 and 24 hour events.
- 9.3.7. The Board may in particular circumstances, on the application of a Centre Committee, approve the use of a course which does not comply with these Rules on such conditions as the Board thinks fit.
- 9.3.8. All courses shall be measured by a revolution counter and the basis of measurement shall be an accurate measured distance on the road of not less than one mile. Local surveyors should be asked to measure the standard distance, which shall have been checked and approved by the SCU and each Centre shall measure a mile of roadway contiguous to the courses used and mark and maintain the markings at the start and finish thereof, which shall form the basis in wheel revolutions of all measurements of these courses.
- 9.3.9. Competitors in these events shall be credited with distance done on the course as registered. Any deviations from the course, for whatever reason, cannot be added to the distance done on the course. The onus of keeping to the course rests with the competitor.
- 9.3.10. All courses used in open events must be registered by the Centre Committee with the SCU and full details of such courses must be furnished.
- 9.3.11. Detailed descriptions — using Department of Environment numbers where appropriate — together with intermediate

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distances of all registered courses will be given in the handbook with a course index reference for use in the National Calendar.

- 9.3.12. No course shall be used for an open event until it has been passed by the Registration Committee and such course shall not be passed by the Committee until it has been certified as correct by a responsible person appointed for that purpose who shall have ridden over the course in its entire length and found it correct.

NOTE: Acceptance of a course by the SCU Course Registration Committee does not imply that it is safe to use, merely that it fulfils the technical requirements of the SCU. Organisers and Centre course committees must ensure that the course is suitable in all other aspects including traffic flow, siting of turns, starts and finishes, marshalling requirements etc.

- 9.3.13. Not less than three months' notice of the proposed use of any new course shall be given to the Chief Executive in writing by the Centre concerned.
- 9.3.14. Centres wishing to register a new course shall pay a registration fee per course.
- 9.3.15. Alterations to courses necessitated by road closing or repairs shall be dealt with as a matter of urgency by the Centre concerned.

9.4. **Handicapping Regulations**

- 9.4.1. All handicap allowances shall be calculated from a fixed basis as follows:

10 miles	20 mins
25 miles	50 mins
50 miles	1h 45 mins
100 miles	3h 50 mins

- 9.4.2. The maximum handicap allowance in a competitor's first three time trials shall be calculated from the following times:

10 miles	25m 30 secs
25 miles	1h 4 mins
50 miles	2h 12 mins
100 miles	4h 40 mins

- 9.4.3. Competitors' handicap allowances shall be calculated on their fastest times done in the last three years, and in accordance with the tables and rules of the SCU (*see Appendix C*).
- 9.4.4. When a competitor has not a recorded time for the distance entered, a time shall be calculated from the table of comparable times.
- 9.4.5. Competitors who have road race performances, will have them taken into consideration, and should not at any time be considered a novice.
- 9.4.6. All handicap awards will be based on the foregoing regulations.

10. TRACK RACING

- 10.1. All open cycle races must be held under the Rules of the SCU, and it must be stated on all advertisements, entry forms, programmes and official notices that they are so held.
- 10.2. Betting is strictly prohibited at race meetings held under the SCU Rules.
- 10.3. There shall be a control point at a track meeting where riders shall sign-on, hand in their licences and collect their race numbers.
- 10.4. No club may promote an open race or races until its subscription for the current year has been paid.
- 10.5. Promoters shall have the right of making any alteration which they may consider necessary, in the programme, before the day of the meeting.
- 10.6. The order of the programme shall be adhered to, in so far as is possible, and no heat may be brought forward without the consent of all the competitors in that heat.
- 10.7. Only the official in charge of the meeting, the competitors and the attendants shall be allowed within the enclosure, except by special permission of the Secretary of the meeting or, in his absence the Chief Commissaire, who shall also have power to order out of the enclosures any person or persons whose presence he considers unnecessary.
- 10.8. The placing of competitors at the finish of a race shall be according to the order in which the first part of their respective machines crosses the finishing line.

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- 10.9. Time limits may be imposed only in scratch races. In which case the limit shall not be less than three minutes per mile. Due notice must be given on the entry form and the programme. It must also be announced publicly at the meeting.
- 10.10. All cycles used in open events on grass shall be fitted with suitably treaded tyres, firmly cemented to the rims.
- 10.11. No race shall be stopped on account of puncture or mechanical defect to the cycle of any competitor, except: –
- (a) At the start of a race.
 - (b) In match races (*N.B. – a match race is a race confined to two riders.*)
 - (c) In National Championships, semi-finals and finals (*up to, but not exceeding one km*). Total distances stoppages as outlined above shall be permitted up to the last 200 m, but the Chief Commissaire shall exercise his discretion as to the number of times any semi-final or final may be run.
 - (d) In special races where the previous sanction of the track officials has been obtained.
- 10.12. Pursuit Races shall be run under the principles of the UCI rules. These principles will be incorporated in the National Hard Track Conditions and Regulations, a copy of which shall be posted where all competitors can easily gain access to it at championship meetings. The regulations will also be available from the Chief Executive.
- 10.13. In all scratch races which are matches, a draw shall be made for inside position at the start, and the rider drawing inside position shall take the lead for the first half lap, or until the bell, whichever comes first, unless the other rider voluntarily relieve him of it.
- 10.14. Any dispute which may arise in connection with a race or race meeting, except where the Chief Commissaire's decision by these Rules is final, shall be referred to the Centre.
- 10.15. A competitor qualifying for a preliminary heat must ride in the next round, unless he has the sanction of the Chief Commissaire to abstain at which point the Chief Commissaire may allow the next in that heat to compete in his stead.

10.16. Women's Races:

- (a) Women only shall compete.
 - (b) No time limit shall be applied.
 - (c) Promoters shall provide separate dressing rooms accommodation, which shall be in charge of women officials, who alone with the competitors shall be allowed to enter same.
 - (d) The maximum number of competitors shall not be greater than two-thirds of the maximum allowed for men.
- 10.17. TRACKS – The Board shall inspect any cycle track to be used for SCU open races, and decide the safe maximum number of riders to form a heat hereon. In no instance shall this amount be exceeded.
- 10.18. The finishing line shall be distinctly marked across the track, at the winning post. On all suitably surfaced tracks, a red or distinctly coloured line must be painted 90 cms. From the inside edge of the track, such line to be known as the 'sprinters' line. No competitors shall attempt to pass inside the sprinters line when a preceding competitor is on the line or inside it. A competitor overtaking another must pass on the outside unless the rider who is passed, be dismounted or has retired, or is riding wide. Before taking ground in front of another rider there must be a clear length between his own and the other rider's machine. Riders must allow room for their opponents to pass on the outside. Any competitor infringing this rule, or being otherwise guilty of foul or unfair riding, shall be liable to disqualification and/or suspension.
- 10.19. A lapped rider shall not give pace or shelter to a rider by whom he has been lapped. The Chief Commissaire shall have complete discretion to decide when a rider has been lapped.
- 10.20. In starting, the foremost part of the machine should be in line with the competitor's mark, and on banked tracks, near the base of the banking, whenever possible, or otherwise, as the Chief Commissaire decides.
- 10.21. Heats and finals shall be announced to the competitors by the Clerk of Course, and it shall be the competitor's responsibility to present themselves to the starter when called.
- 10.22. PERMITS – The granting of permits to bodies outwith the SCU to run sports meetings or alternatively the refusal of same, shall be among the duties of the Centre Committee, who alone shall have the power to

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demand a certain fee, or if the meeting is for the benefit of a destitute charity, shall use its discretion.

- 10.23. Every competitor shall obtain and wear conspicuously his programme number.
- 10.24. The Chief Commissaire shall have power to consolidate or divide any heat where he thinks circumstances warrant such action.
- 10.25. Attendants acting as pushers-off shall allow no part of their body to touch the track in front of the mark or starting line, otherwise the competitors involved shall be liable to disqualification.
- 10.26. If a cycle be disabled in a race, the rider may use another approved by the Chief Commissaire.
- 10.27. **OBJECTIONS** – Any objections material to the racing must be made as soon as possible to the Chief Commissaire and before the distribution of prizes. The Chief Commissaire shall have the power to withhold any of the prizes concerned, pending his official decision.
- 10.28. Centres may make their own arrangements as to the number and class of Centre Championships, but all such must follow the pattern of the National Championships. Centre Championships shall be confined to members of affiliated clubs attached to that Centre. A rider is eligible to compete in only one Centre's Championships in any one year.
- 10.29. No other race styled a championship, which is open to more than one club shall be held without the permission of the Centre. Two or more Centres may hold Joint Championships.
- 10.30. Centres may refuse any entry and shall accept only such a number as can safely be accommodated on the track to be used.
- 10.31. The holder of a Championship or Challenge Cup, or similar trophy, shall be entered, without fee, if still eligible to compete for the next contest unless written notice is received withdrawing from the contest.
- 10.32. No team may represent a district, region or country without the permission of the Centre(s) concerned or in the latter case by the Board or any person delegated by them.
- 10.33. **Track Officials**
 - 10.33.1. Centres shall appoint their own track racing officials subject to ratification by the Board. Officials shall be affiliated members of the SCU/BCF.

- 10.33.2. JUDGES – Not less than three Commissaires shall operate at each event, one of whom shall be the Chief Judge.
- 10.33.3. The Chief Commissaire or his deputies shall see the riders start in their proper positions in scratch events. If, and as, drawn by lot and on their proper marks in handicaps. He shall place the first winning rider, and his assistants shall place the second and third, and as many more as qualify for awards. He shall have power to disqualify competitors, attendants or officials, without any protest being lodged, and shall report, in writing, such action to the Chief Executive. The Chief Commissaire has the power to decide whether a rider is properly entered for any such event and his jurisdiction shall extend to all questions re the conduct of the race such as placings, fouls, protests, etc., and in all these matters his decision will be final.
- 10.33.4. Commissaires shall observe the racing and report to the Chief Commissaire any competitor whose riding they consider unfair or dangerous.
- 10.33.5. TIMEKEEPERS – The Timekeeper shall take the time of the first in each heat and such other times as the secretary of the meeting has arranged for. Where more than one Timekeeper officiates, an average of the times recorded shall be returned.
- 10.33.6. STARTER – The Starter, when warned that the competitors are ready, shall sound a warning whistle and then effect start by report of pistol. In the case of a false start, the competitors shall be recalled by the Starter, on the instructions of the Chief Commissaire or his deputy, by firing a second shot.
- 10.33.7. HANDICAPPERS – Licensed Handicappers shall be appointed by Centres, subject to the ratification of the Board. Handicappers shall be answerable for each handicap to the Centres, which may suspend or otherwise deal with them.
- 10.33.8. CLERKS OF THE COURSE – The Clerk of the Course shall call over the names of the competitors and distribute their programme numbers, see that the competitors are properly clothed and their numbers clearly visible, and that their machines conform to the Rules.

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10.33.9. LAP SCORERS – Lap Scorers shall check the number of laps ridden by the competitors. An official should be appointed also to call to the various competitors the laps which they have covered or have still to cover.

10.34. **Track Entries**

10.34.1. The use of approved entry forms or an officially recognised online entry system is compulsory for all open races. Sports Secretaries and Handicappers are prohibited from accepting or handicapping entries not so made.

10.34.2. Full and correct particulars must be furnished as required by the form. All entries shall be made in the real names of the competitor.

10.34.3. Entries shall be sent to the Secretary and in no case to the Handicapper. The promoters may reserve the right of refusing any entry or to cancel any entry, without any reason for so doing.

10.34.4. No rider accepting an invitation to ride in a scratch race shall enter elsewhere for the same date, unless his acceptance shall have been withdrawn, in writing, at least seven days prior to the invitation race. No rider who has accepted an offer of expenses to ride in an invitation event at the meeting shall refrain from competing in such event without permission of the Chief Commissaire. The event or events to be clearly stated on invitation form and acceptance.

10.35. **Track Handicaps**

10.35.1. HANDICAPS – All open handicaps shall be handicapped by an officially Licensed Handicapper of the SCU. This rule may be suspended by any Centre where there is only one cycling event at the meeting or in the case of local, district or confined events.

10.35.2. All handicaps shall be framed to a time standard to be fixed by the Chief Commissaire.

10.35.3. A competitor winning a first in an open event after entering for another handicap, shall be, unless already considered by the Handicapper subject to a ten per cent penalty. He must report any such win immediately, in writing, to the Secretary of the meeting, who shall inform the Handicapper. Two or more wins

in one day shall only incur one penalty. Wins in subsequent days shall carry additional ten per cent penalties calculated from the actual mark started from. Handicappers may impose in subsequent events penalties for wins at the same meeting, but only if so stated in the programme.

10.36. **Track Prizes**

10.36.1. Prizes in the event of a dead heat in the final.

- (a) In a handicap, the riders concerned may mutually agree as to the division of the prizes, but, failing this, the Chief Commissaire may order the prizes to be equally divided or order a re-ride. If one or both riders refuse the foregoing, the Chief Commissaire shall use his own discretion.
- (b) In Championship events, national or local, the riders shall jointly hold the title, and each shall receive the appropriate award.
- (c) In a race for a challenge trophy, which may be won outright, the riders dead heating, if the race is not re-ridden, shall each be entitled to a full share in the trophy.

10.36.2. In Championship events under 1 km., riders dead-heating shall re-ride. At 1 km. and over, they shall jointly hold the title, and each receive the appropriate award.

10.37. **CYCLES** – A bicycle shall be deemed to be any two-wheeled one - track cycle carrying one rider. The whole of the motive power must be that of the rider. In open events, free wheels, wing nuts, brakes, or similar accessories shall not be fitted, nor shall inflators be carried, but special permission may be granted for their use in exceptional events by the Centre. Handlebar ends must be plugged and protected.

11. **ROLLER RACING RULES**

- 11.1. The gear for such events shall not exceed 9.40 metres per crank revolution.
- 11.2. Promoters shall ensure that the roller apparatus is examined before the start to check that they are safe and in good working order.
- 11.3. Officials shall consist of Chief Commissaire, Chief Judge, Judges, Time-keepers, gear examiner and Stewards as necessary. The duties of officials may be combined if this can be done without loss of efficiency.

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- 11.4. In all events machines will have their gears checked:
- (a) Before the start of the race.
 - (b) After any exchange of wheels or tyres.
 - (c) After each Semi and Final Race.
- 11.5. One attendant only will be allowed to hold a rider.
- 11.6. The start shall be by whistle followed by pistol shot or other pre-arranged signal. A bell shall be rung for the last lap. The finish shall be signalled by pistol when all riders to be placed have completed the distance.
- 11.7. A restart shall be made provided the leaders have not covered more than 100 yards (*over imperial distance*) or 100 metres (*over metric distance*) in the case of:
- (a) A false start.
 - (b) A fall.
 - (c) A mechanical fault to the rollers or machines (*including punctures*).
- 11.8. Two false starts by any one rider will result in disqualification from the race.

12 CYCLO CROSS SPECIFIC REGULATIONS

INFORMATION NOTE

BC rules for this discipline have been adopted and amended for Scottish conditions. Section 12 combines with the BC numbering for ease of comparison and future update, resulting in some numbering which is not always consecutive.

12.2 **Area Organisation**

- 12.2.2 Scottish Cyclo Cross Association shall hold an annual date fixing conference before 30th April and submit details of events on the official event registration form to SC and BCF headquarters before 15th May.

12.5 **Eligibility Of Competitors**

- 12.5.9 The following age categories and sub-categories may be recognised in Federation cyclo-cross events:
- UNDER 12 – Up to 31st August in the year of 12th birthday.

- YOUTH – From 1st September in the year of 12th birthday to 31st August in the year of 16th birthday.
- YOUTH : U14 – From 1st September in the year of 12th birthday to 31st August in the year of 14th birthday.
- JUNIOR – From 1st September in the year of 16th birthday to 31st August in the year of 18th birthday.
- SENIOR – From 1st September in the year of 18th birthday.
- UNDER 23 – From 1st September in the year of 18th birthday to 31st August in the year of 22nd birthday.
- VETERAN – From 1st September in the year of 40th birthday.
- VET 40 – From 1st September in the year of 40th birthday to 31st August in the year of 45th birthday.
- VET 45 – From 1st September in the year of 45th birthday to 31st August in the year of 50th birthday.
- VET 50 – From 1st September in the year of 50th birthday to 31st August in the year of 55th birthday.
- VET 55 – From 1st September in the year of 55th birthday to 31st August in the year of 60th birthday.
- VET 60 – From 1st September in the year of 60th birthday to 31st August in the year of 65th birthday.
- VET 65 – From 1st September in the year of 65th birthday to 31st August in the year of 70th birthday.
- VET 70+ – From 1st September in the year of 70th birthday.

12.6 ***Event & Race Categorisation***

- 12.6.1 Events and races shall be categorised as follows:
- Premier Category – Complying fully with UCI regulations.
 - Category A – Where the promotion meets the minimum standards defined in para. 6.3 below.
 - Category B – Where the promotion meets the minimum standards defined in para. 6.2 below.

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Category C – All other regional league ranking events,
Go-Cross Introductory and non-ranking events.

All events must have visible and unambiguous course marking.

- 12.6.2 Events shall be awarded category B status if the event promotion meets the following minimum standards:
- 12.6.2.1 Covered changing accommodation.
 - 12.6.2.2 Toilet facilities.
 - 12.6.2.3 Race commentary and public address system.
 - 12.6.2.4 Presentation podium.
 - 12.6.2.5 Compliance with all regulations which apply to this category of event
- 12.6.3 Events shall be awarded category A status if the event promotion meets the following minimum standards:
- 12.6.3.1 All standards applying to category B events.
 - 12.6.3.2 Hot showers.
 - 12.6.3.3 Refreshment and general spectator facilities.
 - 12.6.3.4 Course fully protected by tape, fencing or barriers.
 - 12.6.3.5 Programme and publication of results.
 - 12.6.3.6 Provision of an appropriate facility for drug testing services.
- 12.6.4 Races shall be awarded Premier Category status if:
- 12.6.4.1 The event promotion meets all standards applying to category A events.
 - 12.6.4.2 There is proof of adequate financial backing.
 - 12.6.4.3 The race complies fully with UCI regulations as defined within these regulations and revised from time to time by the Executive Board of the Union Cycliste Internationale.
- 12.6.5 Premier races shall be restricted to a field of 80 riders, plus reserves.
- 12.6.6 Where it is intended that a course is to be used for a Premier race or category A event, the course must be examined and

passed by a delegate appointed by Scottish Cycling, whose expenses shall be paid by the organiser.

- 12.6.7 Authorisation for Premier races and category A events shall be obtained from Scottish Cycling .
- 12.6.8 Authorisation for category B events shall be obtained from the Area, to whom application shall be made by 1st April in respect of events proposed for the following season.
- 12.6.9 Authorisation for Go-Cross events shall be obtained from Scottish Cycling at least 6 weeks prior to the date of the event.

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12.9 Courses

- 12.9.1 The course shall form a closed circuit of a minimum length of 2.5 km and a maximum length of 3.5 km, of which at least 90% shall be rideable.
- 12.9.2 The course shall include roads, country and forest paths and meadowland alternating in such a way as to ensure changes in the pace of the race and allowing riders to recuperate after difficult sections.
- 12.9.3 Over its full length the course shall be well marked and protected, and controlled by marshals as required. The use of harmful elements such as wires (barbed or not) and metal poles shall be forbidden. Moreover, the course shall not approach any object that could constitute a danger to riders.
- 12.9.4 The start line shall be clearly indicated. The starting section shall be gridded so that riders may safely progress onto the main circuit. The first narrowing or obstacle after the starting section may not be abrupt but shall allow the riders to pass easily. The first bend shall be less than a right angle turn.
- 12.9.5 The start and finish shall be free of obstacles. The course may included no more than six obstacles. Obstacle shall mean any part of the course which is likely to require riders to dismount. The length of an obstacle may not exceed 80 metres. The total length of obstacles may not exceed 10% of the course.

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- 12.9.6 Where planks are used, the obstacle must consist of two planks placed 4 metres apart. Planks must be solid for their entire height, not made of metal and shall stretch the full width of the course. The maximum height shall be 40 cm; in Premier events only a single section of planks is permitted, and the height shall be 40 cm.
- 12.9.7 Steps may not be placed on downhill stretches.
- 12.9.8 Courses shall not be directed through water where an alternative route avoiding it can be found.
- 12.9.9 The finish area shall have sufficient depth to allow riders to pull up safely after contesting a sprint finish.
- 12.9.10 Care should be taken in the design of courses for youth races, where the circuit length may be reduced with excessively severe sections excluded.
- 12.9.11 **Under 12s races**
- 12.9.11.1 An event for under 12 year olds shall be promoted on a simple course at each cyclo-cross meeting. A maximum entry fee of £1 may be charged. The course laid out for under 12s should emphasise the need to develop riding skills and should aim to provide fun and encouragement to young riders. In particular care should be taken to avoid the need for strenuous physical effort.
- 12.9.11.2 Promoters of Premier and category A events not wishing to promote such a race may request dispensation from Scottish Cycling.

12.10 **Equipment Pits**

- 12.10.1 The equipment pit is that part of the circuit where riders can change wheels or bicycles. Servicing and the changing of bicycles will only be allowed in these pits. The provision of equipment pits is obligatory in all races except those for under 12s and those promoted under the Go-Cross category.
- 12.10.2 In category C races a minimum of one and a maximum of two pit areas shall be provided. In category B races and above, two single pits or one double pit as defined in regulation 10.4

shall be provided. Equipment pits shall be judiciously located adjacent to the course, in places where speeds are not high, but not on stony or downhill stretches. They shall be free of artificial obstacles.

- 12.10.3 Movement is permitted between pit areas, but at no time must a pit attendant obstruct riders while changing pit areas.
- 12.10.4 If, during each lap, riders pass two points sufficiently close to each other, just one pit - known as a double pit - may be set up at that point, provided that it meets the conditions set forth in article 12.10.2.
- 12.10.5 Pits shall be straight and in clearly defined areas. They should be signposted and precisely marked by yellow flags at each corner.
- 12.10.6 At the side of the pit area a zone at least 2 metres deep shall be set aside for riders' assistants and their equipment.
- 12.10.7 In Premier and category A events the race lane and the pit lane shall be separated and distinctly marked out by tape or barriers. A rider may use the pit lane only in the event of a change of bicycle or wheel. Access shall be provided for riders' assistants only on one side of the pit lane.

12.11 **Conduct Of Competitors**

- 12.11.1 Where practicable, thirty minutes should be allowed before the start of events (*other than those for under 12s*) for on-course inspection and training by the respective riders.
- 12.11.2 All races shall be started by an audible signal from a point not visible to competitors. No indication shall be given to competitors of the passing of seconds immediately before the start.
- 12.11.3 Riders found to be causing false starts shall be penalised at the discretion of the Commissaire. The method of stopping a false start shall be defined by the start official during any pre-race instructions.
- 12.11.4 Riders shall start with the front wheel behind the line and with at least one foot on the ground.
- 12.11.5 Riders shall not receive assistance at the start, or during the event. The handing up of refreshment is forbidden.

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- 12.11.6 No competitor shall cover any part of the course without his machine.
- 12.11.7 When being lapped, it is the responsibility of the lapped rider to surrender the racing line.
- 12.11.8 All competitors, whilst training or racing on the course, shall wear properly affixed protective headgear which must be of a hard/soft shell construction. The responsibility for ensuring that the protective headgear is of a standard sufficient to provide adequate protection in the case of an accident whilst training or racing on the course shall lie solely with the competitor.
NB: advice on helmet standards may be found in the note appended to BCF general technical regulation 8.6.
- 12.11.9 No member of SC/BC other than those competing or officiating shall be permitted to ride on a course whilst a race is in progress.
- 12.11.10 The first three riders wherever practicable shall receive their awards directly after the event has finished and adjacent to the finishing area.

12.12 **Duration Of Races**

- 12.12.1 Races shall last as close as possible to:
 - 60 minutes for seniors when riding alone or with other categories.
 - 50 minutes for under 23 men when riding alone.
 - 40 minutes for juniors, veterans and women when riding alone or amongst themselves.
 - 30 minutes for youth, and for novice women where appropriate.
 - 10-15 minutes for under 12s.
- 12.12.2 The number of laps to go is determined by the time of the first competitor who has ridden two full laps. Beginning with the third lap, the number of laps to go shall be shown on a board at the finish line. The last lap is signalled by the ringing of a bell.

12.13 **Equipment**

- 12.13.1 Category A, B, and C races shall be open to any type of bike without restriction, with the exception that all non-standard wheels must meet UCI regulations.

12.13.2 Premier races are restricted to cyclo-cross bicycles only, as defined by the regulations of the UCI.

12.14 **Prize Money**

12.14.1 With the exception of Go-Cross events, organisers shall provide a minimum prize list for each main category (*seniors, juniors, veterans, women, youth*) made up as follows:

1 - 5 entrants. 1 prize

6 - 10 entrants. 2 prizes

11 - 15 entrants. 3 prizes and so on

The total number of prizes must not be less than one fifth the total number of competitors.

12.14.2 Prize values to a minimum of 75% of the entry fees taken from youth riders should be given in youth events.

12.14.3 Within the youth category will be a sub class for under 14s with a separate prize list (*a minimum of one prize will be provided*).

12.14.4 Premier events shall conform to minimum UCI prize regulations.

12.14.5 Any prize due must be collected within 14 days, and the responsibility for such collection shall lie solely with the competitor.

12.15 **Miscellaneous**

12.15.1 Organisers who wish to promote events which diverge in any way from regulations 12- 9 to 14 shall apply in writing for dispensation from Scottish Cycling at least three months before the scheduled date of the event.

12.15.2 Should foot and mouth disease, or similar infection, break out in the locality of a course, the event shall be cancelled unless an alternative course is readily available, and the conditions within the regulations are complied with.

12.16 **Officials**

12.16.1 **Commissaires**

12.16.1.1 The commissaire shall be the Senior Official at an event, and there must be an identifiable commissaire at every event.

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- 12.16.1.2 The commissaire shall be a person suitable for the position based on his own experience, knowledge and/or other recognised qualifications in respect of cyclo-cross. The duties of the officials may be combined if this can be done without loss of efficiency.
- 12.16.1.3 All events require to have a qualified commissaire appointed, who will send a report about the event to Scottish Cycling within 14 days.
- 12.16.1.4 The duties of a commissaire are:
- (.1) To inspect/comment on the suitability and safety of the intended course, and have the power to carry out any necessary alterations to comply with same.
 - (.2) To deal with all questions relating to the conduct and result of the event, with due consultation with the other officials and organiser if necessary.
 - (.3) To ensure that courses for youth races are acceptable for 12 year olds, and that all competitors finish within 40 minutes.
 - (.4) To decide and rule on all protests from any member in relation to the said event.
 - (.5) To decide and rule on any action against a member in the said event, whether or not a protest has been lodged.
 - (.6) To advise and ensure that all Scottish Cycling regulations are enforced during the event of which he is commissaire.
 - (.7) To accept all protests in writing up to 30 minutes after the result has been declared.
- 12.16.2 The finishing position of riders in an event shall be decided by the Chief Judge only, and will be final.
- 12.16.3 Equipment pit areas shall be supervised by at least one competent official responsible to the Chief Commissaire.
- 12.16.4 Events must be attended by at least one person qualified in first aid, and having the necessary equipment available.

12.17 Discipline

12.17.1 All disciplinary matters will be dealt with in accordance with the Bye-Laws of Scottish Cycling. Disciplinary matters relating to Premier races and category A events shall be dealt with by Scottish Cycling.

12.18 Banned Substances And Methods

12.18.1 The Anti-Doping Regulations of the British Cycling Federation apply to all competitors in cyclo- cross events held under these regulations.

13 MOUNTAIN BIKE RULES

13.1 Mountain bike events are open to all. Competitors not affiliated to the SCU are exempt from TR 1.17.3 and 1.17.4, except in National Championships.

13.2 A mountain bike will conform to the standard detailed in the current road racing rules and in addition it must be possible for the rider to control the brakes and gears simultaneously without removing his/her hands from the handlebars or losing control of the machine.

13.3 Organisers shall ensure that all competitors sign an official SCU signing on sheet when collecting their numbers for all types of mountain bike events.

13.4 Competitors numbers as supplied by the organiser must be properly fitted, unmodified and visible at all times.

13.5 A rider cannot receive any technical assistance along the course from anybody, including competitors.

13.6 PRIZES – TR 1.30 does not apply.

13.7 The types of events considered for mountain bike competition are: –

- (a) Massed Start
- (b) Time Trials
- (c) Trials

13.8 Courses should not use the public highway, where they do so the Cycle Racing on the Highways (Scotland) Regulations 1960 and subsequent amendments will apply.

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13.9 **Massed Start**

- (a) Massed starts can be from point to point, or can be one or more laps of a circuit. It should cover varied terrain.
- (b) Qualifying heats may be held to reduce the numbers of competitors for the final to a level the organiser deems safe for the course.
- (c) SCU Road Race TRs 7.12.2 to 7.14.5, 7.14.15 to 7.14.18, and 7.14.22 will apply.
- (d) SCU Cyclo Cross TRs 12.15.2 and 12.9.3 will apply.

13.10 **Time Trials**

- (a) Time Trials can be from point to point, or can be one or more laps of a circuit. It should cover varied terrain except that a 'Downhill' event should be mainly downhill and an 'Uphill' event should be mainly uphill.
- (b) SCU Time Trial TR 9.1.2(b) to 9.1.6 will apply.
- (c) Competitors must not take shelter from any other competitors.
- (d) When dismounted competitors must wheel or carry their machines without assistance while covering any part of the course.
- (e) The onus of keeping to the course rests with the competitors and no benefit can be given for deviation from the course.

13.11 **Trials**

- (a) Trials are events held over a course of varying difficulty with marked out sections covering identified obstacles where the competitor is penalised for errors made while riding over each section.
- (b) Rules for each event will be sent to each competitor.
- (c) No competitor will be allowed to re-start.
- (d) The officials shall be Chief Commissaire, Commissaire, Recorders, Marshals and Stewards as are required for each respective course.
- (e) It shall be the duty of the organiser to see that all officials are at their respective posts.
- (f) All complaints regarding results must be made in writing to the Chief Commissaire within 30 minutes of the result being announced.

13.12 Entries for non-S.C.U. members will be at the following rates: –

- (a) Fun category; Entry fee plus current BC insurance levy.
- (b) All other categories: Entry fee plus single event licence fee.

14 BANNED SUBSTANCES

- 14.1 The administration to, or use by, a rider of a banned substance or method shall be a breach of these rules.
- 14.2 If banned substances are administered to a rider in the course of medical treatment, the rider must not compete in any event held under these rules.
- 14.3 All aspects of testing, disciplinary measures, procedures, appeals, etc shall be carried out in accordance with current BC Anti-doping Regulations (*copies of the current regulations can be obtained direct from British Cycling and are available on British Cycling website www.britishcycling.org.uk*).

15 APPROVED WATCHES

- 15.1 An open event shall be timed on two watches, each of which shall possess a quartz crystal split timing facility to decimal parts of at least 1/10th second. They shall have a split facility and be capable of recording two or more times and have a digital display with a height of not less than 5 mm. Control inhibitor on the reset and stop start control and an initial battery life of at least 100 hours when in full display. Such timers shall be covered by a certificate obtained or receipt of purchase from a recognised watch dealer or tester, acceptable to the SCU. A quartz controlled timer needs re-certification only if any timing component has been disturbed, modified or adjusted. The SCU shall have the right to lay down and amend the details of the test and unit specification from time to time.
- 15.2 Watch certificates or receipt of purchase certificates shall be sent annually, for scrutiny, to the Chief Executive before the watches are used to time B.A.R. events.

16 NATIONAL CHAMPIONSHIPS

- 16.1.1 The Board reserve the right to inspect new courses submitted for proposed Championship events before granting Championship status in the event.
- 16.1.2 All SCU Championships shall be open to: -
- (a) SCU/BCF members (*members of clubs affiliated to the SCU*)
 - (b) Scottish Nationals (*persons born in Scotland*)
 - (c) Scottish Residents (*persons who have lived in Scotland for three of the last five years*)

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- (d) Persons who have at least one parent who was born in Scotland. Persons in sections (b), (c) and (d) must be members of the UCI recognised Cycling Federation of their country of residence.
- 16.1.3 Competitors in all Scottish Cycling Championships other than Time Trials and Team Time Trials are required to have a full BC/SC or UCI racing licence.
- 16.1.4 Club secretaries shall be responsible for submitting claims to the Chief Executive not later than 1st Sunday in October for all Time Trial B.A.R. Championships.
- 16.2 **Time Trial B.A.R. Championships**
- 16.2.1 All Best All Rounder championships, unless otherwise stated, shall be decided using the following formula.
- 16.2.2 Championships shall be decided by the average miles per hour over the qualifying distances. This shall be done by adding the average speed at each of the qualifying distances and dividing by the number of distances. For example in the National Time Trial BAR Championship the average speeds at 50 miles, 100 miles and 12 hours will be calculated, added together, divided by 3 and corrected to the third decimal place. Each rider's fastest performance in eligible events will be used for Championship purposes.
- 16.2.3 The Championship shall be limited to those open events over the qualifying distances which are entered on the National Time Trials Calendar.
- 16.2.4 In the event of a 12 hour not being included in the National Time Trials Calendar or subject to cancellation, any 12 hour held under the rules of the CTT shall count as an eligible event for the Championship (*Senior BAR*).
- 16.2.5 For the Senior BAR and Middle Distance BAR, the awards shall be:
- 1st, 2nd, 3rd and 4th fastest individuals
 - 1st and 2nd fastest teams consisting of 3 first claim members
 - Certificates of merit to the 12 fastest individuals
 - For Women, Junior and Youth BARs the awards shall be
 - 1st 2nd and 3rd fastest individuals

- 1st fastest team consisting of 2 first claim members
- Certificates of merit to the 6 fastest individuals

- 16.2.6 Riders changing their club during the season may not count for the Championship team race purposes for either old or new club for that season but will still be eligible for the individual Championship.
- 16.2.7 Results, including course number, of events and timekeeper's certificates must be sent to the Chief Executive within 14 days of the event being run. Promoting organisations failing to do so shall not have their events included in the Championships in the following year. Promoters coming under this ban shall have the right to appeal against it to the Board.
- 16.2.8 Mileage for 12 hour events must be taken to nearest hundredth of a mile covered.
- 16.2.9 The final date upon which events shall be eligible for inclusion in the BAR championships shall be the last Sunday in September.

16.3 **BAR Qualifying Distances**

National Time Trial BAR Championship also known as the Senior BAR

- 50 miles, 100 miles and 12 hour

National Time Trial Middle Distance BAR Championship also known as the Senior Middle Distance BAR

- 25, 50 and 100 miles

Women's BAR

- 10, 25 and 50 miles

Junior BAR

- 10 and 25 miles, with the fastest two events at each distance counting.

Youth BAR

- 10 and 25 miles

16.4 **Team Time Trial Championship**

- 16.4.1 The SCU shall recognise annual Team Time Trial Championships for men and women open to club teams. The men's championship shall comprise teams of four riders, the women's championship shall comprise teams of three riders.
- 16.4.2 Each team may have a following service vehicle subject to the following conditions:

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- (a) The following car must be nominated by the team to the Chief Commissaire before the event.
- (b) The car will carry not more than four persons who shall be the driver, two persons to carry out such servicing as may be necessary and a neutral observer. The neutral observer will be nominated by the Chief Commissaire.
- (c) The car will follow the team at least twenty metres behind the last rider and all servicing must be carried out from the rear.
- (d) Only the nominated car may follow the team.

16.4.3 Awards shall be 1st, 2nd and 3rd fastest teams.

16.5 **Time Trial Championships**

16.5.1 The SCU shall recognise individual and team championships annually for men and women as follows:

- (a) Time Trial Championships at 10 miles, 25 miles, 50 miles, 100 miles and 12 hours.
- (b) Olympic Time Trial over a distance of between 40 and 60 km for men and 20 and 50 km for women.
- (c) Hill Climb (*not less than 1 mile*).
- (d) Entries for above Championships to be sent to the promoter 14 days prior to event. The promoter must send copy of start sheet to Executive Office not later than 7 days prior to event.

16.6 **Road Race Championships**

16.6.1 A National Championship Road Race will be held annually for each of the following categories over one event at the distance indicated: -

- (a) Senior between 80 and 100 miles.
- (b) Junior between 55 and 65 miles.
- (c) Veteran between 55 and 65 miles.
- (d) Veterans aged over 50 between 45 and 55 miles.
- (e) Women between 40 and 60 miles.

The Board shall allocate these events.

16.6.2 The SCU shall recognise a National Criterium Championship.

16.7 Track Championships

16.7.1 Each year the following Track Championships will be held in accordance with SCU National Hard Track Conditions & Regulations:

- (a) Sprint
- (b) Individual Pursuit 4 Km
- (c) Team Sprint
- (d) Kilometre Time Trial
- (e) Scratch Race 20km
- (f) Keirin
- (g) Junior Sprint
- (h) Junior Pursuit 3000 metres
- (i) Junior Scratch Race 15 to 20km
- (j) Junior Keirin
- (k) Womens Individual Pursuit 3000m
- (l) Womens Scratch Race 10km
- (m) Womens Time Trial 500 metres
- (n) Womens Keirin
- (o) Veterans Individual Pursuit 3km
- (p) Youth A Scratch Race 10 to 12km
- (q) Youth A Points Race 15km
- (r) Youth A Madison race
- (s) Youth A (Boys) Time Trial 500m
- (t) Youth A (Boys) Sprint
- (u) Youth A (Boys) Ind. Pursuit 2km
- (v) Youth A (Girls) Time Trial 500m
- (w) Youth A (Girls) Sprint
- (x) Youth A (Girls) Ind. Pursuit 2km
- (y) Youth B (Boys and Girls) Omnium
- (z) Youth B Scratch Race 5 to 8 km
- (aa) Youth C (Boys and Girls) Omnium

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- 16.7.2 The Board will allocate all or any of the above events for which a tender is not received by 30th September each year.
- 16.7.3 The National Hard Track Conditions and Regulations will be amended as necessary by the Board.
- 16.7.4 In addition the following Championships will be held provided a suitable tender is received:
- 800 Metres – Grass or Cinder.
 - 5Km – Grass or Cinder.
 - 1500 Metres – Grass or Cinder.
- 16.7.5 Entries for Championships shall be sent to the event organiser who should forward the list of competitors to the Chief Executive not less than 7 days prior to the event.
- 16.7.6 SCU National Track Championships shall be under the jurisdiction of the Board. The Board may negotiate with approved promoters to stage any National Championship on agreed terms.

16.8 **Cyclo-Cross Championship**

- 16.8.1 The SCU shall recognise National Cyclo Cross Championships for individual seniors, juniors, youth A, youth U14, and youth U12, veterans over 40, over 50 and over 60 and women.

16.9 **Roller Championship**

- 16.9.1 Roller Championship: The SCU shall recognise a Roller Championship over the distance of 1100 yards (1 km.) providing a suitable tender is received.

16.10 **Youth Championships**

- 16.10.1 The SCU shall recognise championships annually as follows:
- (a) Youth A, Youth B & Youth C Road Race Championship to be decided over one event of not more than 25km for Youth A, 15km for Youth B and 8km for Youth C on an enclosed circuit.
 - (b) Time Trial Championship for each of Youth A, B and C to be decided over one event on a sporting course of a maximum of 20 miles. A team Championship shall be awarded for each category.

NOTE: Youth C championship cannot take place on the open road.

Such events to be allocated by the Board.

16.11 **Mountain Bike Championship**

- 16.11.1 For Downhill events, the SCU shall recognise Downhill Championships for individual Youth A, Youth B, junior, senior, master and veteran for both male and female categories. For Cross Country and Short Track events, the SCU shall recognise Championships for individual Youth A, Youth B, junior, senior, master and veteran for both male and female categories. The organisers may, at their discretion, accept entries for the Championships after the closing date.

17 NATIONAL SERIES

- 17.1 The SCU shall recognise National series for Time Trial, Mountain Bike, Senior Road Race, Womens Road Race and 3rd/Juniors Road Race. The rules for these competitions shall be decided annually by the Board and published prior to the first counting event.

18 RECORDS

- 18.1.1 All records will be categorised as: -
- (a) Scottish records.
 - (b) Scottish allcomers records.
- 18.1.2 Those eligible to claim a Scottish record will be as defined for National Championships in Tech Reg 16.1.2. All other records will be designated as Scottish Allcomers Records. Only records set in the area governed by the SCU will be considered.
- 18.1.3 The onus of making a claim shall rest with the rider or promoter.
- 18.1.4 Claims shall be considered in the order in which they were completed. Where two or more claims to the same record are received in connection with the same event or with events starting on the same day, such claims shall be considered in the order in which they were completed.
- 18.1.5 For the purpose of team records a team shall consist of members of any affiliated club as defined in 'Teams' riding under the name of that club.

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18.2 **Road Records**

- 18.2.1 No claim shall be considered unless the performance to which it relates is made in an open event appearing on the National Calendar or has been sponsored by the Board.
- 18.2.2 No claim shall be considered unless the time-keeping arrangements in the event concerned comply with the standard laid down by the Board for timekeeping in open events and the course meets with the regulations laid down in 'Courses'.
- 18.2.3 Where alterations have been made to a previously registered course no claim shall be considered until the course has been certified as correct by two officials appointed by the Board.
- 18.2.4 The lowest timing units by which competition records may be broken shall be one whole second in the case of fixed distance events and in the case of 12 hours and 24 hours events the lowest unit shall be 1-100th of a mile. In the case of a claim to a 12 or 24 hours record where the claimant was not within sight of an official timekeeper at the conclusion of the ride, the Board will consider official timekeepers' certificates relating to his position along the course before and after his time expired and will decide upon the distance to be recorded.
- 18.2.5 The SCU will issue to each promoting club a timekeeper's certificate. This signed certificate will be returned to the Chief Executive with the finishing sheet for the event and will go forward to the Board for the admission or rejection of the record.
- 18.2.6 The SCU's Competition Record Certificate will be issued to all principals (and in the case of team records to each member of the successful team) in all cases where a claim has been admitted.
- 18.2.7 Records will be recognised for Youth boys and Youth girls in 10 mile and 25 mile Time Trials. Juniors in 10, 25, 30 and 50 miles Time Trials. Ladies and Seniors in 10, 25, 30, 50 and 100 mile and 12 hour Time Trials. Lady Veteran and Veterans in 10, 25, 50, 100 miles and 12 hour time trials. Team records will be recognised at the respective distances for each category, 2 riders per team for Youth boys, Youth girls, Junior, Junior girls and Women; 3 riders per team for Seniors.

18.3 **Track Records**

- 18.3.1 Records must be claimed by the rider or promoter within 14 days of the ride, upon the official form, obtainable from the Chief Executive. The track measurements must be certified by a surveyor. Measurement must be made 20cms. from the inside edge of the track. The Board shall adjudicate claims as follows:
- (a) Bicycles unpaced.
 - (i.) Men – standing start: 1km, 4km, 1 hour.
Flying start: 200m, 500m.
 - (ii.) Women – standing start: 500m, 3km, 1 hour.
Flying start: 200m, 500m.
 - (iii.) Junior men – standing start: 1km, 3km.
Flying start: 200m, 500m.
 - (iv.) Junior women – standing start: 500m, 3km.
Flying start: 200m, 500m.
 - (v.) Youth A boys – standing start: 500m, 2km.
Flying start: 200m, 500m.
 - (vi.) Youth A girls – standing start: 500m, 2km.
Flying start: 200m, 500m.
 - (vii.) Youth B boys – standing start: 500m, 1500m.
Flying start: 200m, 500m.
 - (viii.) Youth B girls – standing start: 500m, 1500m.
Flying start: 200m, 500m.
 - (ix.) Youth C boys – standing start: 500m, 1500m.
Flying start: 200m, 500m.
 - (x.) Youth C girls – standing start: 500m, 1500m.
Flying start: 200m, 500m.
 - (xi.) Club teams – standing start 4km.
 - 18.3.2 No record claim will be considered unless the ride has been made in competition, in a record attempt contained within a track meeting or in a private record attempt for which a permit shall have been issued by the Board. The permit shall be valid for 8 days from the date of the first scheduled record attempt. If the ride is done in competition, no more than two riders

TECHNICAL REGULATIONS

(two teams in the case of the team pursuit), will be on the track, and they shall have started on opposite sides of the track. If the ride is done in a private record attempt, then the rider or team shall be alone on the track.

- 18.3.3 Whether a record is set in or out of competition, the following conditions shall apply. Except in the case of flying start records, all record attempts must start from a point not more than 90cms. from the inside edge of the track. At least two timekeepers shall time record attempts. Such timekeepers shall be selected from a panel of timekeepers nominated by Centres and ratified by the Board. An official observer shall be present where the attempt is not made in competition. Records set up under conditions other than those listed above shall be recorded separately.



TECHNICAL REGULATIONS : Appendix A

Licence, Age & Ability Categories, Event Classification and Licence Points

Boxes of highlighted text are changes made from the 2009 Handbook.

4 LICENCES

Information Note – BC rules for Licences have been adopted and reproduced here. Rule numbers refer to the BC rulebook.

- 4.1.1 Every entrant in a race held under these Regulations (other than as provided in Bye-Law 3.5, T.R. 7.12, an entrant in Roller Racing held in Federation Territory or a member of an overseas Federation) and those officials detailed in these Regulations must be members of the Federation.
- 4.1.2 Licences shall be issued in accordance with the current Regulations of the Union Cycliste Internationale
- 4.1.3 The member must have obtained a licence from the Federation before the race in question other than for time trials held under Federation Regulations.
- 4.2 The following licences shall be issued by the Federation
 - 4.2.1 Racing
 - 4.2.2 Team Manager
 - 4.2.3 Commissaire
 - 4.2.4 Time Keeper
 - 4.2.5 Motor Pacer
 - 4.2.6 Masseur
 - 4.2.7 Anti Doping Inspector
 - 4.2.8 Doctor
 - 4.2.9 Mechanic
 - 4.2.10 Handicapper
- 4.3.1 The issue of Racing Licences is governed by T.R. 4.4.
- 4.3.2 All other licences are issued under conditions laid down from time to time by the Board.

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4.4 **Racing Licences**

- 4.4.1 Racing Licences issued by virtue of Bye-Law 3.5 shall be valid for all racing disciplines
- 4.4.2 A licence other than a temporary single or Provisional event licence shall expire on 31st December of the year for which it is issued.
- 4.4.3 Where a license holder is under suspension extending into a period requiring a new licence, no new licence shall be issued until the period of suspension has expired.
- 4.4.4 A licence may be withheld or withdrawn on medical grounds and licence holders must advise the Chief Executive of any disability or medical condition, physical or mental, which could affect their ability to ride safely as a racing cyclist. The Chief Executive may refer such matters to the Board or the Medical Commission.
- 4.5.1 The racing licence will carry the separate discipline, age and ability categories of the rider.
- 4.5.2 Should the licence holder change any category during any year, then a new licence will be issued free of charge showing the new category.
- 4.5.3 Riders upgraded during the year will start the following season with their new category, where appropriate, even if they have obtained no points in their new category.
- 4.5.4 Each rider will start with zero points at the beginning of each year (*i.e. no points will be carried forward from the previous year*).

4.6 Licences will be required to carry a photograph showing a good likeness of the holder and it is the responsibility of the holder to affix such a photograph.

4.7 **Temporary Licences**

- 4.7.1 No such temporary licence shall permit a rider to ride in any other category than if he had taken out an annual licence.
- 4.7.2 Any temporary licence holder reported to have infringed the Bye-Laws or Technical Regulations of the Federation may be the subject of disciplinary action as laid down in the

Regulations whether or not at the time of the action he was a member of the Federation.

- 4.7.3 All temporary licence holders under 18 years of age, shall submit a parental consent form and all riders, regardless of age, shall pay any entry fee and levy in addition to the licence fee. The completed signing on sheets shall retained by the Race Organiser who shall forward them with the levies to the Region Treasurer.
- 4.7.4 Only annual licence holders may compete in Regional Championships plus events falling under Technical Regulation 15.2 except where specific competition regulations specify otherwise. Temporary licences are not acceptable for these events.

5 AGE CATEGORIES

Licences, which shall be valid for all disciplines, shall be issued as follows:

5.1 Youth

- 5.1.1 Youth E - Under 8 - Until 31 December in year of 8th birthday.
- 5.1.2 Youth D - Under 10 – From 1 January in year of 9th Birthday until 31 December in year of 10th birthday.
- 5.1.3 Youth C - Under 12 - . From 1 January in year of 11th Birthday until 31 December in year of 12th birthday
- 5.1.4 Youth B - Under 14 - From 1 January in year of 13th Birthday until 31 December in year of 14th birthday
- 5.1.5 Youth A - Under 16 - From 1 January in year of 15th Birthday until 31 December in year of 16th birthday.

NOTE: Whilst the above categories may be grouped together in events, promoters should be conscious of the range of abilities of riders within the youth categories. This can be helped by running events for different age groups, different sizes, similar ability, by forming suitable handicaps or by offering separate awards for different groups. Girls are permitted to compete in events open to, and for awards available to, those Boys of the next youngest age category at the discretion of the chief Commissaire. In such situations, such Girls must restrict themselves to that gear restriction as per the Boy's category. Two or three shorter races on an omnium basis may also be more suitable than one longer race.

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5.2 *Junior*

- 5.2.1 Junior - To any male or female junior member of the Federation.
- 5.2.2 A member who has not reached his 18th birthday may not compete without having provided the consent of their parent or guardian in the form as prescribed from time to time by the Board.
- 5.2.3 Applicants for an annual licence must send such a Parental Consent Form, duly completed and signed, to Federation Headquarters and any licence issued is only valid if such a form has been received. At the time of application for an annual licence the parent's or guardian's signature must be witnessed by an official of the member's club or other responsible adult.

SYNOPSIS OF AGE CATEGORIES FOR 2009

Youth E Under 8 – Born in 2002 or later

Until 31st December of year in which 8th birthday falls

Youth D Under 10 – Born in 2000 or 2001

From 1st Jan of year in which 9th birthday falls to 31st December of year in which 10th birthday falls

Youth C Under 12 – Born in 1998 or 1999

From 1st Jan of year in which 11th birthday falls to 31st December of year in which 12th birthday falls

Youth B Under 14 – Born in 1996 or 1997

From 1st Jan of year in which 13th birthday falls to 31st December of year in which 14th birthday falls (or upgraded from Youth C).

Youth A Under 16 – Born in 1994 or 1995

From 1st Jan of year in which 15th birthday falls to 31st December of year in which 16th birthday falls (or upgraded from Youth B).

Junior – Born in 1992 or 1993

From 1st Jan of year in which 17th birthday falls to 31st December of year in which 18th birthday falls.

Under 23 – Born in 1988, 1989, 1990 or 1991

From 1st Jan of year in which 19th birthday falls to 31st December of year in which 22nd birthday falls.

Over 23 – Born in 1987 or earlier
From 1st Jan of year in which 23rd birthday falls.

Women – Born in 1991 or earlier
From 1st Jan of year in which 19th birthday falls.

Master A 30-34 – Born in 1976, 1977, 1978, 1979 or 1980
From 1st Jan of year in which 30th birthday falls to 31st December of year in which 34th birthday falls.

Master B 35-39 – Born in 1971, 1972, 1973, 1974 or 1975
From 1st Jan of year in which 35th birthday falls to 31st December of year in which 39th birthday falls.

Master C 40-44 – Born in 1966, 1967, 1968, 1969 or 1970
From 1st Jan of year in which 40th birthday falls to 31st December of year in which 44th birthday falls.

Master D 45-49 – Born in 1961, 1962, 1963, 1964 or 1965
From 1st Jan of year in which 45th birthday falls to 31st December of year in which 49th birthday falls.

Master E 50-54 – Born in 1956, 1957, 1958, 1959 or 1960
From 1st Jan of year in which 50th birthday falls to 31st December of year in which 54th birthday falls.

Master F 55-59 – Born in 1951, 1952, 1953, 1954 or 1955
From 1st Jan of year in which 55th birthday falls to 31st December of year in which 59th birthday falls.

Master G 60-64 – Born in 1946, 1947, 1948, 1949 or 1950
From 1st Jan of year in which 60th birthday falls to 31st December of year in which 64th birthday falls.

Master H 65-69 – Born in 1941, 1942, 1943, 1944 or 1945
From 1st Jan of year in which 65th birthday falls to 31st December of year in which 69th birthday falls.

Master I 70+ – Born in 1940 or earlier
From 1st Jan of year in which 70th birthday falls.

NOTE: For cyclo-cross age categories, refer to the specific cyclo-cross regulations

5.3 **Senior**

5.3.1 Senior – To any member of the Federation from the 1st January of the year of their 19th birthday.

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- 5.3.2 All licences issued to seniors will be further categorised by age:
- 5.3.3 UNDER 23 - To any male member from 1st January of the year of their 19th birthday until 31st December of the year of their 22nd birthday. A rider registered as a member of a U.C.I. Pro-Tour or Professional Continental Trade Team shall be ineligible to compete in the Under 23 category on the road.
- 5.3.4 OVER 23 - from 1st January of the year of their 23rd birthday.
- 5.3.5 MASTER - Any member from the 1st January of the year of his 30th birthday who is not a member of a U.C.I. Pro-Tour or Professional Continental Trade Team in the discipline of that event. Master's age groupings are Group A: 30-34, Group B: 35-39, Group C: 40-44, Group D: 45-49, Group E: 50-54, Group F: 55-59, Group G: 60-64, Group H: 65-69 and Group I : 70 +
- NOTE: Riders aged over 30 are advised that this definition of a Master only applies to events run under the Technical Regulations of British Cycling Federation.*
- 5.3.6 DISABLED - To any member of the Federation of any age who satisfies the minimum disability requirements as currently specified by the UCI. Classes of disability include locomotor, amputee, deafness, visual impairment, cerebral palsy and learning disabilities.
- 5.4.1 Riders eligible for the Masters and Disabled categories may take part in events organised solely for those categories.
- 5.4.2 While competing in such events the riders shall be eligible for the groupings as indicated.
- 5.4.3 All age groupings are defined as being on the 1st January of the year of the appropriate birthday. For cyclo-cross age definitions refer to the cyclo-cross specific technical regulations.

6 ABILITY CATEGORIES, EVENT CLASSIFICATION & LICENCE POINTS

- 6.1 All junior and senior licence holders, male or female, irrespective of the age category into which they fall will be categorised by their ability. Riders of the same ability category will continue to compete together

in races irrespective of their age category, except in the case of events organised for specific age related groups.

6.2 Ability categories will be as follows:

6.2.1 4TH CATEGORY - new junior or senior licence holder. As a guide this will equate to Fun Category in Mountain Biking.

6.2.2 3RD CATEGORY - To any junior or senior licence holder who has gained at least 10 but less than 40 points whilst holding a 4th category licence. As a guide this will equate to Sport Category in Mountain Biking. Riders are not downgraded to 4th category once a 3rd category licence has been achieved.

6.2.3 2ND CATEGORY - To any junior or senior licence holder who has gained 40 points during any one season whilst holding a 3rd category licence. As a guide this will equate to Expert Category in Mountain Biking.

6.2.3.1 To retain a 2nd category licence for the following season, a rider must obtain at least 25 points in events open to that category of rider.

6.2.4 1ST CATEGORY - To any junior or senior licence holder who has gained 160 points during any one season whilst holding a 2nd category licence. As a guide this will equate to most Elite Category riders in Mountain Biking with the exception of those in the top 10 of the BC National Rankings.

6.2.4.1 To retain a 1st category licence for the following season, a rider must obtain at least 80 points in events open to that category of rider.

6.2.5 ELITE CATEGORY - To any member who:

- (.1) is a registered member of a U.C.I. registered trade team subject to such members having met the appropriate proven ability standard.
- (.2) has gained 350 points during the previous season whilst holding an elite or 1st category licence.
- (.3) at the 31st December of the previous year was listed in the top 10 riders in the Senior Men's National Cross Country Mountain Bike Ranking System.

TECHNICAL REGULATIONS

- 6.2.6 Junior Riders – On reaching the Junior age category, existing licence holders will be awarded initial ability categories as follows:
- (.1) 4TH CATEGORY – any rider who has gained no Youth licence points in the previous year.
 - (.2) 3RD CATEGORY – any rider who has gained Youth licence points in the previous year.
 - (.3) 2ND CATEGORY MALE – Any rider who has achieved:
 - Top 15 in the Youth A Boys in the previous year's National Circuit Race Series
 - Top 10 in the Youth A Boys in the previous year's Track Omnium Series
 - Top 3 in Any in the previous year's Road/Track Youth A Boys National Championship
 - Top 10 in Youth A Boys National Rankings in the previous season
 - (.4) 2ND CATEGORY FEMALE – Any rider who has achieved:
 - Top 5 in the Youth A Girls in the previous year's National Circuit Race Series
 - Top 10 in the Youth A Girls in the previous year's Track Omnium Series
 - Top 3 in any in the previous year's Road/Track Youth A Girls National Championship
 - Top 5 in Youth A Girls National Rankings in the previous season
 - (.5) Junior riders will not be eligible for elite licences
- 6.2.7 **Dispensation**
- (.1) Masters over the age 40 having gained an elite category licence may apply to Headquarters for a first category licence if that is their wish.
 - (.2) At the discretion or instruction of the Board, a rider who, although not meeting the criteria set out in T.R. 6.2.1 to T.R. 6.2.6, may be issued with a licence of a different category.

- (.3) Category B and C Youth riders who gain 15 licence category points in any one year may apply to the Board for dispensation to compete in events restricted to the next higher age category. Youth C Riders shall not be granted a dispensation to ride as a Youth A.
- (.4) Category A Youth Riders who gain 15 licence category points in any one year, or who have attained a top 10 place in the previous year's National Youth A rankings may apply to the Board for dispensation to compete in events against riders of any older category in closed road and track meetings. This dispensation does not apply to National A events. For national and regional championships the dispensation is limited to events restricted to the next highest age category, i.e. junior.
- (.5) Category A, B and C Youth riders may, on application to the Board or at the discretion of the Chief Commissaire, apply for dispensation to compete in events against riders of any older category in track league meetings.
- (.6) Riders receiving dispensation under T.R. 6.2.7.3 to 6.2.7.5 shall be issued with a duly stamped authorisation card and this must be produced by the rider when signing on at events to which the dispensation applies

6.3 **Event Classification**

- 6.3.1 Road and Circuit events, other than those exclusively for Youth, Juniors, Women or Masters riders, shall be classified as follows:
 - 6.3.1.1 National A – open to Senior male Elite, 1st and 2nd category riders. National A closed road circuit races shall also be open to 1st and 2nd category Junior riders.
 - (.1) Only one National A event shall be held on the same day.
 - (.2) The minimum distance for a single day road race shall be 130 km if terrain is demanding, rising to a maximum of 180 km on flatter terrain.
 - (.3) The minimum distance for a road stage of a stage race shall be 80 km.
 - (.4) The minimum time for a circuit race shall be 60 minutes, and the maximum 90 minutes.

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(.5) The main prize list shall be a minimum of £2,000. Prize money shall be paid to riders placed at least 1st to 20th, in accordance with the following structure:

1st - 20%	2nd - 15%	3rd - 12%
4th - 8.5%	5th - 7%	6th - 6%
7th - 5%	8th - 4%	9th - 3.5%
10th - 3%	11th - 2.5%	12th-14th - 2%
15th-17th - 1.5%	18th-20th - 1%	

6.3.1.2 NATIONAL B – open to Senior male Elite, 1st, 2nd and 3rd category riders, final year Junior male 1st, 2nd and 3rd category riders and Senior female Elite, 1st and 2nd category riders. Where the minimum distance for a road race is not achieved, the race shall be open to all Junior male 1st, 2nd and 3rd category riders and all Junior female 1st and 2nd category riders.

(.1) The minimum distance for a road race shall be 120 km on demanding terrain.

(.2) The minimum time for a circuit race shall be 60 minutes.

6.3.1.3 REGIONAL A – open to Senior and Junior male 2nd, 3rd and 4th category riders and Senior and Junior female riders of all categories

(.1) The minimum distance for a road race shall be 80 km.

(.2) The minimum time for a circuit race shall be 50 minutes.

6.3.1.4 REGIONAL B – open to Senior and Junior male 3rd and 4th category riders and Senior and Junior female riders of all categories

(.1) The maximum distance for a road race shall be 90 km.

(.2) The minimum time for a circuit race shall be 40 minutes.

6.3.1.5 REGIONAL C+ & REGIONAL C – open to Senior and Junior riders of all categories, to be run as a handicap event, or other appropriate format. Such events may also be restricted to 4th Category riders only.

(.1) The minimum time shall be 60 minutes, and the maximum 90 minutes. Where the circuit is too small to allow for a handicap event which meets the minimum time requirement, the organiser may choose to use an alternative format, provided

that the chosen format reasonably caters for the widest possible range of ability.

6.3.1.6 GO RACE – open to 4th category riders, British Cycling members without racing licences and non-members. Youth A & B riders without any licence ranking points in the current year may also compete in these events. Such events must be no more than 30 minutes in duration and off the open highway.

(.1) The maximum time for a Go-Race event shall be 90 minutes

6.3.2 Time Trials shall be run as Regional C+ or Regional C events.

6.4 **Licence Points**

6.4.1 Licence points are awarded as shown in the table below:

Points Band	1	2	3	4	5
POSITION	Nat A Road	Nat B Road Nat A Circuit	Reg A Road Nat B Circuit	Reg B Road Reg A Circuit	Reg C + Reg B Circuit
1	100	60	30	15	10
2	85	52	25	12	8
3	75	45	21	10	7
4	66	40	17	8	6
5	58	35	14	6	5
6	51	31	12	5	4
7	45	27	10	4	3
8	39	23	8	3	2
9	34	20	7	2	1
10	29	17	6	1	1
11	25	15	5		
12	21	13	4		
13	18	11	3		
14	15	9	2		
15	12	7	1		
16	10	6			
17	8	5			
18	6	3			
19	4	2			
20	2	1			

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- 6.4.2 Regional C and Go Race events do not qualify for licence points.
- 6.4.3 For stage races, points shall be awarded for final standings in the general classification.
- 6.4.4 Where the minimum road race distance, as defined in T.R. 6.3, is not achieved, the next lower points band allocation is utilised.
- 6.4.5 For specific road and circuit events other than those restricted to women, the following points bands shall apply :
- | RACE | POINTS BAND |
|--|-------------|
| National A Stage Race: | |
| Individual Stage (including Time Trials) | 3 |
| National B and C Stage Races: | |
| Individual Stage (including Time Trials) | 4 |
| Regional Stage Races: | |
| Individual Stage (including Time Trials) | 5 |
| National Championship | 2 |
| National Championship or | |
| National Series event for Juniors. | 2 |
| Other event open only to Juniors | 3 |
| National Championship or | |
| National Series event for Masters | 3 |
| Other event open only to Masters | 4 |
- 6.4.6 For road and circuit events restricted to women, the following points bands shall apply :
- | RACE | POINTS BAND |
|--|-------------|
| National Championship Road Race for Women | 1 |
| National Championship Circuit Race or | |
| National Series Road Race for Women | 2 |
| National Series Circuit Race event for Women | 3 |
| Other Road Race event for Women | 3 |
| National Series Stage Race for Women: | |
| Individual Stage (including Time Trials) | 4 |
| Other Circuit Race event for Women: | |

- All categories. 4
- Other Stage Race for Women:
Individual Stage (including Time Trials) 5
- Other Circuit Race event for Women:
3 / 4 category only. 5
- 6.4.7 For track racing, only endurance scratch events, including pursuits and time trials of not less than 3 km, and the final standings in track leagues, shall qualify for licence points except for events restricted to Youth riders. The following points bands shall apply, but only the first six shall receive points:
- RACE POINTS BAND
- Standard event 5
- National Championship or National Series event . . . 3
- Final standings in Track Leagues. 4
- 6.4.8 For any closed road circuit event, open track event including the overall result (*but not the constituent events*) of any Omnium Competition but (*excluding course des primes events*) restricted to Youth category riders, the following points shall apply:
- STANDARD EVENT:
- First 3 points
- Second 2 points
- Third 1 point
- NATIONAL SERIES EVENT:
- First 6 points
- Second 4 points
- Third 2 points
- TRACK LEAGUE (*OVERALL*) AND NATIONAL CHAMPIONSHIPS:
- First 9 points
- Second 6 points
- Third 3 points
- Where a Youth race includes riders of both genders then the top three placed riders from each gender shall receive the appropriate national licence ranking points.

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- 6.4.9 In the case of equalities of placing, the relevant combined points shall be divided amongst the riders concerned equally and rounded up to the nearest whole number.
- 6.4.10 A rider who has obtained sufficient points for upgrading, but who has entered an event for which the closing date has passed under his current category may compete in that event but will not be eligible for any upgrading points.
- 6.4.11 Where an event is restricted to specific categories of senior rider it shall only be open to similar categories of Masters.
- 6.4.12 Senior riders selected for international duty shall be issued with an elite category licence in the following season. Junior riders shall receive a first category licence.
- 6.4.13 In the case of events restricted to members of the same club no points will be awarded

NOTE: Surplus points remaining after an upgrade shall be carried forward in the new category (e.g. A third category rider has 33 points to date. In the next race the rider gains 10 points to reach a total of 43. 40 points are lost through upgrading and the remaining 3 are carried forward to be credited towards the rider's second category licence).

6.5 **National and Regional Rankings**

- 6.5.1 Licence points gained in National events will be utilised to determine the following National rankings:
 - 6.5.1.1 National Individual Rankings. A ranked list of all riders will be determined by total points scored in National events, and produced for Elite, 1st, 2nd and 3rd category riders.
 - 6.5.1.2 National Club /Team Rankings. A ranked list of clubs / teams will be determined by total points scored in National events, with a maximum of 3 scoring riders per Club / Team in any one event.
 - 6.5.1.3 National Region Rankings. A ranked list of all Regions will be determined by total points scored in National events, with a maximum of three scoring riders in any one event.
 - 6.5.1.4 Women's Rankings. Separate National Individual, Club / Team and Region rankings will also be produced for women. Such rankings will be determined by total points scored in all events, and in the case of Individual rankings, will be produced for all ability categories.

- 6.5.1.5 National Youth Rankings. A ranked list of all riders will be determined by total points scored in Youth events, and produced for each Youth age category, male and female.
- 6.5.2 Licence points gained in Regional events will be utilised to determine the following Regional rankings:
 - 6.5.2.1 Regional Individual Rankings. A ranked list of all riders will be determined by total points scored in Regional events, and produced for 2nd, 3rd and 4th category riders.
 - 6.5.2.2 Regional Club /Team Rankings. A ranked list of clubs / teams will be determined by total points scored in Regional events, with a maximum of 3 scoring riders per club / team in any one event. Points will only be scored for a club / team if the event is held in the Region in which the club / team is registered.
- 6.5.3 Points scored by Elite and 1st category riders in Regional C+ events will count towards National rankings.
- 6.5.4 Points scored by 2nd, 3rd and 4th category riders in Regional C+ events will count towards Regional rankings
- 6.5.5 Points scored by 2nd and 3rd category riders in National events will count towards both National and Regional rankings
- 6.5.6 For the purpose of National Region Rankings and Regional Individual Rankings, points will be awarded on the basis of the rider's region of residence, and not of his club / team affiliation. Those residing at a non-permanent address, e.g. full-time students and members of the armed forces, may opt to record their points for the region of either their temporary or permanent address.

TECHNICAL REGULATIONS

TECHNICAL REGULATIONS : Appendix B

Youth & Junior Gear Restrictions



YOUTH CATEGORY GEAR RESTRICTIONS

Youth Category	Road Racing	Track Racing	Roller Racing
A	6.93 metres	6.93 metres	7.93 metres
B	6.45 metres	6.45 metres	7.40 metres
C	6.05 metres	6.05 metres	6.94 metres
D	5.40 metres for all events		
E	5.10 metres for all events		

In all road events (other than events promoted in accordance with BC T.R. 7.12) juniors shall be restricted to a maximum gear such that the distance covered per crank revolution is 7.93 metres.

NOTE: These gear restrictions apply to riders in all events irrespective of the gearing used by riders from other categories in the same event.



TECHNICAL REGULATIONS : Appendix C*Time Trial Handicap Tables***How to use the Handicap Tables**

The SCU handicapping tables shall be based on the formula. At 25 miles the handicap shall be X minutes minus X to the power 1.6 seconds where X is the difference between the actual time and the base time.

Thus for: -

10 miles the formula is X minutes minus $2\frac{1}{2} X^{1.6}$ seconds.

25 miles the formula is X minutes minus $X^{1.6}$ seconds

50 miles the formula is X minutes minus $X^{1.6} / 2$ seconds.

100 miles the formula is X minutes minus $X^{1.6} / 4$ seconds.

Example: -

Calculation for 25 miles

Rider's fastest time – 1 hr 2 mins 25 secs minus basis of 50 mins.

Difference – 12 mins 25 secs.

FROM TABLE III OF HANDICAPS: -

12 mins 20 secs – 11 mins 24 secs

05 secs – 04 secs

Total handicap allowance = 11 mins 28 secs

For riders whose recorded times is slower than the maximum given in the tables, the difference between the maximum time and the actual time is taken, and $\frac{3}{4}$ of that time is added to the maximum handicap. Thus a rider whose time at 25 miles is 1 hr 20 mins receives the maximum on the tables (22 mins 06 secs) plus $\frac{3}{4}$ of five minutes (difference between 1.15 and 1.20) (3 mins 45 secs) his actual handicap becomes 25 mins 51 secs.

COMPARISON TIMES FOR HANDICAPPING

10 miles	25 miles	50 miles	100 miles		10 miles	25 miles	50 miles	100 miles
H.M.S.	H.M.S.	H.M.S.	H.M.S.		H.M.S.	H.M.S.	H.M.S.	H.M.S.
0.22.00	0.55.00	1.54.35	4.03.30		0.25.12	1.03.00	2.11.15	4.38.55
0.22.12	0.55.30	1.55.35	4.05.40		0.25.24	1.03.30	2.12.20	4.41.10
0.22.24	0.56.00	1.56.40	4.07.55		0.25.36	1.04.00	2.13.20	4.43.20
0.22.36	0.56.30	1.57.40	4.10.00		0.25.48	1.04.30	2.14.25	4.45.40
0.22.48	0.57.00	1.58.45	4.12.20		0.26.00	1.05.00	2.15.25	4.47.45
0.23.00	0.57.30	2.00.00	4.15.00		0.26.12	1.05.30	2.16.30	4.50.50
0.23.12	0.58.00	2.00.50	4.16.45		0.26.24	1.06.00	2.17.30	4.52.20
0.23.24	0.58.30	2.01.50	4.18.55		0.26.36	1.06.30	2.18.35	4.54.30
0.23.36	0.59.00	2.02.55	4.21.10		0.26.48	1.07.00	2.19.35	4.57.00
0.23.48	0.59.30	2.04.00	4.23.30		0.27.00	1.07.30	2.20.40	4.58.55
0.24.00	1.00.00	2.05.00	4.25.40		0.27.12	1.08.00	2.21.40	5.01.00
0.24.12	1.00.30	2.06.05	4.27.55		0.27.24	1.08.30	2.22.45	5.03.20
0.24.24	1.01.00	2.07.05	4.30.05		0.27.36	1.09.00	2.23.45	5.05.28
0.24.36	1.01.30	2.08.10	4.32.20		0.27.48	1.09.30	2.24.50	
0.24.48	1.02.00	2.09.10	4.34.30		0.28.00	1.10.00		
0.25.00	1.02.30	2.10.15	4.36.45					

HANDICAP ALLOWANCE FOR 10 MILE TIME TRIAL

(scratch time = 20 mins)

Mins. Diff.	Tens of Seconds						Units of Seconds								
	0	10	20	30	40	50	1	2	3	4	5	6	7	8	9
0	0.00	0.09	0.19	0.29	0.38	0.48	1	2	3	4	5	6	7	7	8
1	0.57	1.06	1.16	1.25	1.34	1.43	1	2	3	4	5	5	6	7	8
2	1.52	2.01	2.10	2.19	2.27	2.36	1	2	3	3	4	5	6	7	8
3	2.45	2.54	3.02	3.11	3.20	3.28	1	2	3	3	4	5	6	7	8
4	3.37	3.45	3.53	4.02	4.10	4.18	1	2	2	3	4	5	6	7	7
5	4.27	4.35	4.43	4.51	4.59	5.07	1	2	2	3	4	5	6	6	7
6	5.16	5.24	5.32	5.40	5.47	5.55	1	2	2	3	4	5	6	6	7
7	6.03	6.11	6.19	6.27	6.34	6.42	1	2	2	3	4	5	5	6	7
8	6.50	6.58	7.05	7.13	7.20	7.28	1	2	2	3	4	5	5	6	7
9	7.35	7.43	7.50	7.58	8.05	8.13	1	1	2	3	4	4	5	6	7

TECHNICAL REGULATIONS

HANDICAP ALLOWANCE FOR 25 MILE TIME TRIAL

(scratch time = 50 mins)

Mins. Diff.	Tens of Seconds						Units of Seconds								
	0	10	20	30	40	50	1	2	3	4	5	6	7	8	9
0	0.00	0.09	0.19	0.29	0.39	0.49	1	2	3	4	5	6	7	8	9
1	0.59	1.08	1.18	1.28	1.37	1.47	1	2	3	4	5	6	7	8	9
2	1.56	2.06	2.16	2.25	2.35	2.44	1	2	3	4	5	6	7	8	9
3	2.54	3.03	3.13	3.22	3.32	3.41	1	2	3	4	5	6	7	8	9
4	3.50	4.00	4.09	4.18	4.28	4.37	1	2	3	4	5	6	7	7	8
5	4.46	4.56	5.05	5.14	5.23	5.33	1	2	3	4	5	6	6	7	8
6	5.42	5.51	6.00	6.10	6.19	6.28	1	2	3	4	5	5	6	7	8
7	6.37	6.46	6.55	7.04	7.13	7.23	1	2	3	4	5	5	6	7	8
8	7.32	7.41	7.50	7.59	8.08	8.17	1	2	3	4	5	5	6	7	8
9	8.26	8.35	8.44	8.53	9.02	9.11	1	2	3	4	4	5	6	7	8
10	9.20	9.29	9.38	9.46	9.55	10.04	1	2	3	4	4	5	6	7	8
11	10.13	10.22	10.31	10.40	10.49	10.57	1	2	3	4	4	5	6	7	8
12	11.06	11.15	11.24	11.33	11.41	11.50	1	2	3	4	4	5	6	7	8
13	11.59	12.08	12.16	12.25	12.34	12.43	1	2	3	3	4	5	6	7	8
14	12.51	13.00	13.09	13.17	13.26	13.35	1	2	3	3	4	5	6	7	8
15	13.43	13.52	14.01	14.09	14.18	14.26	1	2	3	3	4	5	6	7	8
16	14.35	14.44	14.52	15.01	15.09	15.18	1	2	3	3	4	5	6	7	8
17	15.26	15.35	15.44	15.52	16.01	16.09	1	2	3	3	4	5	6	7	8
18	16.18	16.26	16.35	16.43	16.51	17.00	1	2	3	3	4	5	6	7	8
19	17.08	17.17	17.25	17.34	17.42	17.50	1	2	3	3	4	5	6	7	8
20	17.59	18.07	18.16	18.24	18.32	18.41	1	2	3	3	4	5	6	7	8
21	18.49	18.57	19.06	19.14	19.22	19.31	1	2	2	3	4	5	6	7	7
22	19.39	19.47	19.56	20.04	20.12	20.20	1	2	2	3	4	5	6	7	7
23	20.29	20.37	20.45	20.53	21.02	21.10	1	2	2	3	4	5	6	7	7
24	21.18	21.26	21.34	21.43	21.51	21.59	1	2	2	3	4	5	6	7	7

HANDICAP ALLOWANCE FOR 50 MILE TIME TRIAL

(scratch time = 105 mins)

Mins. Diff.	Tens of Seconds						Units of Seconds								
	0	10	20	30	40	50	1	2	3	4	5	6	7	8	9
0	0.00	0.09	0.19	0.29	0.39	0.49	1	2	3	4	5	6	7	8	9
1	0.59	1.09	1.19	1.29	1.38	1.48	1	2	3	4	5	6	7	8	9
2	1.58	2.08	2.18	2.27	2.37	2.47	1	2	3	4	5	6	7	8	9
3	2.57	3.06	3.16	3.26	3.36	3.45	1	2	3	4	5	6	7	8	9
4	3.55	4.05	4.14	4.24	4.34	4.43	1	2	3	4	5	6	7	8	9
5	4.53	5.03	5.12	5.22	5.31	5.41	1	2	3	4	5	6	7	8	9
6	5.51	6.00	6.10	6.20	6.29	6.39	1	2	3	4	5	6	7	8	9
7	6.48	6.58	7.07	7.17	7.26	7.36	1	2	3	4	5	6	7	8	9
8	7.46	7.55	8.05	8.14	8.24	8.33	1	2	3	4	5	6	7	8	9
9	8.43	8.52	9.02	9.11	9.21	9.30	1	2	3	4	5	6	7	8	9
10	9.40	9.49	9.59	10.08	10.17	10.27	1	2	3	4	5	6	7	8	8
11	10.36	10.46	10.55	11.05	11.14	11.23	1	2	3	4	5	6	7	8	8
12	11.33	11.42	11.52	12.01	12.10	12.20	1	2	3	4	5	6	7	8	8
13	12.29	12.39	12.48	12.57	13.07	13.16	1	2	3	4	5	6	7	7	8
14	13.25	13.35	13.44	13.53	14.03	14.12	1	2	3	4	5	6	7	7	8
15	14.21	14.31	14.40	14.49	14.59	15.08	1	2	3	4	5	6	7	7	8
16	15.17	15.27	15.36	15.45	15.54	16.04	1	2	3	4	5	6	6	7	8
17	16.13	16.22	16.32	16.41	16.50	16.59	1	2	3	4	5	6	6	7	8
18	17.09	17.18	17.27	17.36	17.45	17.55	1	2	3	4	5	6	6	7	8
19	18.04	18.13	18.22	18.32	18.41	18.50	1	2	3	4	5	6	6	7	8
20	18.59	19.08	19.18	19.27	19.36	19.45	1	2	3	4	5	6	6	7	8
21	19.54	20.03	20.13	20.22	20.31	20.40	1	2	3	4	5	5	6	7	8
22	20.49	20.58	21.08	21.17	21.26	21.35	1	2	3	4	5	5	6	7	8
23	21.44	21.53	22.02	22.11	22.21	22.30	1	2	3	4	5	5	6	7	8
24	22.39	22.48	22.57	23.06	23.15	23.24	1	2	3	4	5	5	6	7	8

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TECHNICAL REGULATIONS

HANDICAP ALLOWANCE FOR 50 MILE TIME TRIAL *cont.*

(scratch time = 105 mins)

Mins. Diff.	Tens of Seconds						Units of Seconds								
	0	10	20	30	40	50	1	2	3	4	5	6	7	8	9
25	23.33	23.42	23.51	24.00	24.10	24.19	1	2	3	4	5	5	6	7	8
26	24.28	24.37	24.46	24.55	25.04	25.13	1	2	3	4	5	5	6	7	8
27	25.22	25.31	25.40	25.49	25.58	26.07	1	2	3	4	5	5	6	7	8
28	26.16	26.25	26.34	26.43	26.52	27.01	1	2	3	4	4	5	6	7	8
29	27.10	27.19	27.28	27.37	27.46	27.55	1	2	3	4	4	5	6	7	8
30	28.04	28.13	28.22	28.31	28.40	28.49	1	2	3	4	4	5	6	7	8
31	28.58	29.07	29.16	29.25	29.34	29.43	1	2	3	4	4	5	6	7	8
32	29.52	30.00	30.09	30.18	30.27	30.36	1	2	3	4	4	5	6	7	8
33	30.45	30.54	31.03	31.12	31.21	31.30	1	2	3	4	4	5	6	7	8
34	31.38	31.47	31.56	32.05	32.14	32.23	1	2	3	4	4	5	6	7	8
35	32.32	32.41	32.50	32.58	33.07	33.16	1	2	3	4	4	5	6	7	8
36	33.25	33.34	33.43	33.52	34.00	34.09	1	2	3	4	4	5	6	7	8
37	34.18	34.27	34.36	34.45	34.53	35.02	1	2	3	4	4	5	6	7	8
38	35.11	35.20	35.29	35.37	35.46	35.55	1	2	3	4	4	5	6	7	8
39	36.04	36.13	36.21	36.30	36.39	36.48	1	2	3	4	4	5	6	7	8
40	36.57	37.05	37.14	37.23	37.32	37.40	1	2	3	4	4	5	6	7	8
41	37.49	37.58	38.07	38.15	38.24	38.33	1	2	3	3	4	5	6	7	8
42	38.42	38.50	38.59	39.08	39.17	39.25	1	2	3	3	4	5	6	7	8
43	39.34	39.43	39.52	40.00	40.09	40.18	1	2	3	3	4	5	6	7	8
44	40.26	40.35	40.44	40.53	41.01	41.10	1	2	3	3	4	5	6	7	8

HANDICAP ALLOWANCE FOR 100 MILE TIME TRIAL

(scratch time = 230 mins)

Mins. Diff.	Tens of Seconds						Units of Seconds								
	0	10	20	30	40	50	1	2	3	4	5	6	7	8	9
0	0.00	0.09	0.19	0.29	0.39	0.49	1	2	3	4	5	6	7	8	9
1	0.59	1.09	1.19	1.29	1.39	1.49	1	2	3	4	5	6	7	8	9
2	1.59	2.09	2.19	2.28	2.38	2.48	1	2	3	4	5	6	7	8	9
3	2.58	3.08	3.18	3.28	3.38	3.47	1	2	3	4	5	6	7	8	9
4	3.57	4.07	4.17	4.27	4.37	4.46	1	2	3	4	5	6	7	8	9
5	4.56	5.06	5.16	5.26	5.35	5.45	1	2	3	4	5	6	7	8	9
6	5.55	6.05	6.15	6.25	6.34	6.44	1	2	3	4	5	6	7	8	9
7	6.54	7.04	7.13	7.23	7.33	7.43	1	2	3	4	5	6	7	8	9
8	7.53	8.02	8.12	8.22	8.32	8.41	1	2	3	4	5	6	7	8	9
9	8.51	9.01	9.11	9.20	9.30	9.40	1	2	3	4	5	6	7	8	9
10	9.50	9.59	10.09	10.19	10.28	10.38	1	2	3	4	5	6	7	8	9
11	10.48	10.58	11.07	11.17	11.27	11.36	1	2	3	4	5	6	7	8	9
12	11.46	11.56	12.06	12.15	12.25	12.35	1	2	3	4	5	6	7	8	9
13	12.44	12.54	13.04	13.13	13.23	13.33	1	2	3	4	5	6	7	8	9
14	13.42	13.52	14.02	14.11	14.21	14.31	1	2	3	4	5	6	7	8	9
15	14.40	14.50	15.00	15.09	15.19	15.29	1	2	3	4	5	6	7	8	9
16	15.38	15.48	15.58	16.07	16.17	16.27	1	2	3	4	5	6	7	8	9
17	16.36	16.46	16.56	17.05	17.15	17.24	1	2	3	4	5	6	7	8	9
18	17.34	17.44	17.53	18.03	18.12	18.22	1	2	3	4	5	6	7	8	9
19	18.32	18.41	18.51	19.01	19.10	19.20	1	2	3	4	5	6	7	8	9
20	19.29	19.39	19.49	19.58	20.08	20.17	1	2	3	4	5	6	7	8	9
21	20.27	20.36	20.46	20.56	21.05	21.15	1	2	3	4	5	6	7	8	9
22	21.24	21.34	21.44	21.53	22.03	22.12	1	2	3	4	5	6	7	8	9
23	22.22	22.31	22.41	22.50	23.00	23.10	1	2	3	4	5	6	7	8	9
24	23.19	23.29	23.38	23.48	23.57	24.07	1	2	3	4	5	6	7	8	9

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TECHNICAL REGULATIONS

HANDICAP ALLOWANCE FOR 100 MILE TIME TRIAL *cont.*

(scratch time = 230 mins)

Mins. Diff.	Tens of Seconds						Units of Seconds								
	0	10	20	30	40	50	1	2	3	4	5	6	7	8	9
25	24.16	24.26	24.35	24.45	24.55	25.04	1	2	3	4	5	6	7	8	9
26	25.14	25.23	25.33	25.42	25.52	26.01	1	2	3	4	5	6	7	8	9
27	26.11	26.20	26.30	26.39	26.49	26.58	1	2	3	4	5	6	7	8	9
28	27.08	27.17	27.27	27.36	27.46	27.55	1	2	3	4	5	6	7	8	9
29	28.05	28.14	28.24	28.33	28.43	28.52	1	2	3	4	5	6	7	8	9
30	29.02	29.11	29.21	29.30	29.40	29.49	1	2	3	4	5	6	7	8	9
31	29.59	30.08	30.18	30.27	30.37	30.46	1	2	3	4	5	6	7	8	9
32	30.56	31.05	31.14	31.24	31.33	31.43	1	2	3	4	5	6	7	8	9
33	31.52	32.02	32.11	32.21	32.30	32.40	1	2	3	4	5	6	7	8	9
34	32.49	32.58	33.08	33.17	33.27	33.36	1	2	3	4	5	6	7	8	8
35	33.46	33.55	34.05	34.14	34.23	34.33	1	2	3	4	5	6	7	8	8
36	34.42	34.52	35.01	35.11	35.20	35.29	1	2	3	4	5	6	7	8	8
37	35.39	35.48	35.58	36.07	36.16	36.26	1	2	3	4	5	6	7	8	8
38	36.35	36.45	36.54	37.03	37.13	37.22	1	2	3	4	5	6	7	8	8
39	37.32	37.41	37.50	38.00	38.09	38.19	1	2	3	4	5	6	7	8	8
40	38.28	38.37	38.47	38.56	39.06	39.15	1	2	3	4	5	6	7	8	8
41	39.24	39.34	39.43	39.52	40.02	40.11	1	2	3	4	5	6	7	7	8
42	40.21	40.30	40.39	40.49	40.58	41.07	1	2	3	4	5	6	7	7	8
43	41.17	41.26	41.36	41.45	41.54	42.04	1	2	3	4	5	6	7	7	8
44	42.13	42.22	42.32	42.41	42.50	43.00	1	2	3	4	5	6	7	7	8
45	43.09	43.18	43.28	43.37	43.46	43.56	1	2	3	4	5	6	7	7	8
46	44.05	44.14	44.24	44.33	44.42	44.52	1	2	3	4	5	6	7	7	8
47	45.01	45.10	45.20	45.29	45.38	45.48	1	2	3	4	5	6	7	7	8
48	45.57	46.06	46.16	46.25	46.34	46.44	1	2	3	4	5	6	7	7	8

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HANDICAP ALLOWANCE FOR 100 MILE TIME TRIAL *cont.*

(scratch time = 230 mins)

Mins. Diff.	Tens of Seconds						Units of Seconds								
	0	10	20	30	40	50	1	2	3	4	5	6	7	8	9
49	46.53	47.02	47.12	47.21	47.30	47.39	1	2	3	4	5	6	7	7	8
50	47.49	47.58	48.07	48.17	48.26	48.35	1	2	3	4	5	6	7	7	8
51	48.45	48.54	49.03	49.12	49.22	49.31	1	2	3	4	5	6	7	7	8
52	49.40	49.50	49.59	50.08	50.17	50.27	1	2	3	4	5	6	6	7	8
53	50.36	50.45	50.55	51.04	51.13	51.22	1	2	3	4	5	6	6	7	8
54	51.32	51.41	51.50	51.59	52.09	52.18	1	2	3	4	5	6	6	7	8
55	52.27	52.37	52.46	52.55	53.04	53.14	1	2	3	4	5	6	6	7	8
56	53.23	53.32	53.41	53.51	54.00	54.09	1	2	3	4	5	6	6	7	8
57	54.18	54.28	54.37	54.46	54.55	55.05	1	2	3	4	5	6	6	7	8
58	55.14	55.23	55.32	55.41	55.51	56.00	1	2	3	4	5	6	6	7	8
59	56.09	56.18	56.28	56.37	56.46	56.55	1	2	3	4	5	6	6	7	8
60	57.05	57.14	57.23	57.32	57.41	57.51	1	2	3	4	5	6	6	7	8
61	58.00	58.09	58.18	58.27	58.37	58.46	1	2	3	4	5	6	6	7	8
62	58.55	59.04	59.14	59.23	59.32	59.41	1	2	3	4	5	6	6	7	8
63	59.50	60.00	60.09	60.18	60.27	60.36	1	2	3	4	5	6	6	7	8
64	60.45	60.55	61.04	61.13	61.22	61.31	1	2	3	4	5	6	6	7	8
65	61.41	61.50	61.59	62.08	62.17	62.27	1	2	3	4	5	6	6	7	8
66	62.36	62.45	62.54	63.03	63.12	63.22	1	2	3	4	5	6	6	7	8
67	63.31	63.40	63.49	63.58	64.07	64.17	1	2	3	4	5	6	6	7	8
68	64.26	64.35	64.44	64.53	65.02	65.12	1	2	3	4	5	6	6	7	8
69	65.21	65.30	65.39	65.48	65.57	66.06	1	2	3	4	5	6	6	7	8

ROAD TRAFFIC ACTS

1960 No.270 (S.8)

Road Traffic And Vehicles

USE OF HIGHWAYS

The Cycle Racing on Highways (Scotland) Regulations, 1960

Made 18th February 1960

Laid before Parliament 19th February 1960

Coming into Operation 1st March 1960

In exercise of the powers conferred on me by section 13 of the Road Traffic Act, 1956 (a), and of all other powers enabling me in that behalf, and after consultation with representative organisations in accordance with the provisions of subsection (2) of section 111 of the Road Traffic Act, 1930(b), as extended by section 51 of, and paragraph 27 of the Eighth Schedule to the Road Traffic Act, 1956, I hereby make the following regulations:–

1. These regulations shall come into operation on the first day of March, 1960, and may be cited as The Cycle Racing on Highways (Scotland) Regulations, 1960.
2. (1) In these regulations, unless the context otherwise requires, the following expressions have the meanings hereby respectively assigned to them:–
 - ‘time trial’ means a race or trial of speed on a public highway between bicycles or tricycles, not being motor vehicles, so arranged and conducted –
 - (a) where the competitors are not divided into groups, that each competitor starts at a time which is separated by an interval of not less than one minute from the starting time of every other competitor, or, where the competitors are divided into groups, that
 - (i) a group does not include more than four competitors.
 - (ii) no member of a group competes against any other member of that group.
 - (iii) each member of a group starts at the same time as every other member of that group
 - and**
 - (iv) each group starts at a time which is separated by an interval of not less than one minute from the starting time of any other group, and
 - (b) that the result of the race or trial depends not upon the order in which the competitors or any of them reach a particular point but upon

- (i) the time each competitor or, if the competitors are divided into groups as aforesaid, any member of a group takes to get from his starting point to his finishing point, or
- (ii) the distance which each competitor or, as the case may be, any member of a group of competitors covers in a fixed time reckoned from the time when he starts.

“bicycle race” means a race or trial of speed on a public highway between bicycles or tricycles, not being motor vehicles, which is not a time trial; ‘promoter’ in relation to a time trial or bicycle race, means the person who organises or arranges or is responsible for the organisation or arrangement of the race or trial; ‘appropriate Chief Constable’, in relation to a time trial or bicycle race, means the Chief Constable for every police area as defined in the Police (*Scotland*) Act, 1956 (a), which contains any public highway on which the race or trial is held; and ‘standard conditions’ has the meaning assigned to it by sub-paragraph (a) of paragraph (1) of regulation 5 of these regulations.

- (2) The interpretation Act, 1889 (b), shall apply to the interpretation of these regulations as it applies to the interpretation of an Act of Parliament.
- 3.(1) Subject to the following provisions of this regulation, the holding of a time trial is hereby authorised if the promoter of the trial, not less than twenty eight days before the day on which the trial is to be held, or if it is to be held on more than one day, the day on which the trial is to begin, gives to the appropriate Chief Constable notice in writing of the proposal to hold the trial and the following particulars with respect thereto:
 - (a) the day or days on which and the times during which the time trial is to be held,
 - (b) a description of the route to be followed by the competitors and the name of, or a description sufficient to identify, any public highway on which the trial or any part thereof is to take place,
 - (c) particulars of any place or places where the trial is to start or where it is to finish,
 - (d) the maximum number of competitors who will be permitted to take part in the trial,

ROAD TRAFFIC ACTS

- (e) sufficient particulars to show what arrangements will be made for marshalling, assisting or supervising the competitors, and
 - (f) such particulars of the rules or arrangements governing the trial as may be sufficient to show that the proposed trial is a time trial.
- (2) The holding of a time trial shall not be treated as authorised under this regulation unless the circumstances in which it is held and conducted accord with the particulars given under paragraph (1) of this regulation.
- 4.(1) If –
- (a) notice of a proposal to hold a time trial has not been given in accordance with the provisions of paragraph (1) of regulation 3 of these regulations, or
 - (b) particulars with respect to the trial have not been given in accordance with the said paragraph (1), or
 - (c) changes are proposed in the circumstances affecting the trial which affect the particulars which have been given in accordance with the said paragraph (1) and the promoter, before the holding of the trial
 - (i) in the case mentioned in sub-paragraph (a) of this paragraph gives to the appropriate Chief Constable notice in writing of the proposal to hold the trial together with such particulars with respect to the trial as are mentioned in the said paragraph (1) and applies to the said Chief Constable for the holding of the trial to be authorised, or
 - (ii) in the case mentioned in sub-paragraph (b) of this paragraph gives to the appropriate Chief Constable any particulars which should have been previously given, or
 - (iii) in the case mentioned in sub-paragraph (c) of this paragraph gives to the appropriate Chief Constable particulars of the changes referred to in the said sub-paragraph (c), the said Chief Constable may, in the cases mentioned in sub-paragraph (a) or (b), authorise the trial to be held or, in the case mentioned in sub-paragraph (c) authorise the trial to be held with the said changes or such of them as he may approve.
- (2) The holding of a time trial shall not be treated as authorised under this regulation unless the circumstances in which it is held and conducted accord with the particulars given under regulation 3 of these regulations

or paragraph (1) of this regulation or, where the trial is authorised with any changes, with those changes.

- 5.(1) Subject to the following provisions of this regulation and the provisions or regulation 8 of these regulations the holding of a bicycle race is hereby authorised if –
- (a) the race is held and conducted in accordance with the following conditions (*in these regulations referred to as 'the standard conditions'*):–
 - (i) the number of competitors must not exceed forty;
 - (ii) no part of the race must take place during the time between half-an-hour after sunset and half-an-hour before sunrise;
 - (iii) where the route to be followed by a competitor is such that he must while on the highway pass a point on that highway at least twice (*whether in the same or a different direction*), the length of the route which he has to follow after passing that point at any time until he next passes it again must not be less than ten miles; and
 - (iv) where any length of the route includes any public highway on which any speed limit is imposed by or under any enactment, that length must not exceed one mile and a half and no part of it must lie within three miles, measured along the route, of any part of any other such length, and
 - (b) the promoter of the race, not less than twenty eight days before the day on which the race is to be held or, if it is to be held on more than one day, the day on which the race is to begin, gives to the appropriate Chief Constable notice in writing of the proposal to hold the race and the like particulars with respect to the race as are required by sub-paragraphs (a) to (e) of paragraph (1) of regulation 3 of these regulations to be given with respect to a proposed time trial and also such further particulars relating to the race as may be sufficient to show that it is proposed to be held and conducted in accordance with the standard conditions.
- (2) The holding of a bicycle race shall not be treated as authorised under this regulation unless the circumstances in which it is held and conducted accord with the particulars given under sub-paragraph (b) of paragraph (1) of this regulation.

ROAD TRAFFIC ACTS

- 6.(1) If –
- (a) notice of a proposal to hold a bicycle race has not been given in accordance with sub-paragraph (b) of paragraph (1) of regulation 5 of these regulations, or
 - (b) particulars with respect to the race have not been given in accordance with the said sub-paragraph (b), or
 - (c) changes are proposed in the circumstances affecting the race which affect the particulars which have been given in accordance with the said sub-paragraph (b) and the promoter before the holding of the race, in the case mentioned in sub-paragraph (a) of this paragraph gives to the appropriate Chief Constable notice in writing of the proposal to hold the race together with such particulars with respect to the race as are referred to in sub-paragraph (b) of paragraph (1) of regulation 5 of these regulations and applies to the said Chief Constable for the holding of the race to be authorised, or (ii) in the case mentioned in sub-paragraph (b) of this paragraph gives to the appropriate Chief Constable any particulars which should have been previously given, or (iii) in the case mentioned in sub-paragraph (c) of this paragraph gives to the appropriate Chief Constable particulars of the changes referred to in the said sub-paragraph (c), the said Chief Constable may, in the cases mentioned in the said sub-paragraph (a) or (b), authorise the race to be held or, in the case mentioned in the said sub-paragraph (c), authorise the race to be held with the said changes or such of them as he may approve.
- (2) The holding of a bicycle race shall not be treated as authorised under this regulation unless the circumstances in which it is held and conducted accord with the particulars given under regulation 5 of these regulations or paragraph (1) of this regulation or, where the race is authorised with any changes, with those changes: Provided that this paragraph shall have effect subject to any condition which may be imposed on the holding or conduct of the race under regulation 8 of these regulations.
- 7.(1) The appropriate Chief Constable may authorise the holding of a bicycle race which is not a race proposed to be held and conducted in accordance with the standard conditions if, before the holding of the race, the promoter applies to the said Chief Constable for the race to be authorised and gives to the said Chief Constable in writing the like particulars with respect to the race as are required by sub-paragraphs (a)

- to (e) of paragraph (1) of regulation 3 of these regulations to be given with respect to a proposed time trial.
- (2) The holding of a bicycle race shall not be treated as authorised under this regulation unless the circumstances in which it is held and conducted accord with the particulars given under paragraph (1) of this regulation: Provided that this paragraph shall have effect subject to any condition which may be imposed on the holding or conduct of the race under regulation 8 of these regulations.
- 8.(1) The appropriate Chief Constable may, when authorising the holding of a bicycle race under regulation 6 or 7 of these regulations, impose such conditions as he may think fit on the holding or conduct of the race so far as it takes place on a public highway.
- (2) If the appropriate Chief Constable to whom notice and particulars have been given under sub-paragraph (b) of paragraph (1) of regulation 5 of these regulations with respect to a bicycle race proposed to be held and conducted in accordance with the standard conditions considers it desirable that conditions should be imposed on the holding or conduct of the race, he may impose such conditions for that purpose as he may think fit, and if he does so the holding of the race shall be treated as authorised by this paragraph and not by the said regulation 5.
- (3) The holding of a bicycle race shall not be treated as authorised by the last foregoing paragraph unless the circumstances in which it is held and conducted accord with the conditions imposed thereunder, with the particulars referred to therein and with the standard conditions, so far as they are not affected by the conditions imposed as aforesaid.
- (4) Without prejudice to the generality of the provisions of paragraphs (1) and (2) of this regulation the conditions which may be imposed on the holding or conduct of a bicycle race by the appropriate Chief Constable may include conditions relating to all or any of the following matters:—
- (a) the days on which and the times during which the bicycle race will be held,
 - (b) the places on a public highway where the bicycle race is or is not to start or finish,
 - (c) any public highway, or any part of a public highway on which the bicycle race is not to be held,
 - (d) the number of competitors who may take part,

ROAD TRAFFIC ACTS

- (e) the arrangements to be made by the promoters for marshalling, assisting or supervising the competitors.

Dated this 18th day of February, 1960.

EXPLANATORY NOTE

(This Note is not part of the Regulations, but is intended to indicate their general purport).

These Regulations provide for the authorisation of the holding of races or trials of speed between bicycles or tricycles, not being motor vehicles, on public highways. The Regulations distinguish between a race or trial of speed being a 'time trial' (as defined by Regulation 2(1)) and any other kind of race or trial (described by Regulation 2(1) as a 'bicycle race') and provide –

- (1) that the holding of a time trial is authorised if notice of the proposal to hold the trial, containing particulars with respect to it, is given to the police (Regulation 3(1));
 - (2) that the holding of a bicycle race is authorised if it is held and conducted in accordance with the conditions specified in Regulation 5(1)(a) and the like notice as aforesaid with respect to the race is given to the police (Regulation 5(1));
 - (3) that in the case of a time trial or such a bicycle race as aforesaid of which the required notice has not been given or where the necessary particulars with respect to the trial or race have not been given, or where changes are proposed in the circumstances affecting the trial or race which affect the particulars which have been given, the police, if given notice and the particulars or, as the case may be, particulars of the said changes, may authorise the trial or race to be held (Regulations 4 (1) and 6 (1));
 - (4) that in the case of a bicycle race which is not a race proposed to be held and conducted in circumstances which accord with the conditions specified in Regulation 5(1) (a), the police may, if application is made to them and the like particulars as aforesaid with respect to the race are given to them, authorise the race to be held (Regulation 7(1));
 - (5) that in the case of any bicycle race, the police may impose conditions subject to which it may be held and conducted (Regulation 8). Amendment to Road Traffic Regulations 1969.
9. Without prejudice to the foregoing provisions of these regulations, the Secretary of State may relax any prohibition or restriction imposed by the foregoing provisions of these regulations.

1982 No.1639 (S.177)

ROAD TRAFFIC

The Cycle Racing on Highways (Scotland)
Amendment Regulations, 1982

Made	17th November 1982
Laid before Parliament	1st December 1982
Coming into Operation	22nd December 1982

In exercise of powers conferred on me by section 20(2) as read with section 20(3) of the Road Traffic Act 1972(a) and of all powers enabling me in that behalf, and after consultation with representative organisations in accordance with the provisions of section 199(2) of the said Act, I hereby make the following regulations:

1. These regulations may be cited as The Cycle Racing on Highways (*Scotland*) Amendment Regulations 1982 and shall come into operation on 22nd December 1982.
2. The Cycle Racing on Highways (Scotland) Regulations 1960(b) shall be further amended in accordance with the provisions of these regulations.
3. In regulation 5, for paragraph (1)(a)(i) substitute the following: -
“(i) the number of competitors must not exceed in a maximum of two races selected in any one year by the Scottish Cyclists’ Union, 84, and in any other race, 60.”

ROAD TRAFFIC ACTS

1996 No.2665 (S.208)

ROAD TRAFFIC

The Cycle Racing on Highways (Scotland)
Amendment Regulations, 1996

Made

15th October 1996

Laid before Parliament

11th November 1996

Coming into force

2nd December 1996



The Secretary of State, in exercise of the powers conferred on him by section 31(2) and (3) of the Road Traffic Act 1988(a) and of all other powers enabling him in that behalf, having consulted such representative organisations as he thought fit in accordance with section 195(2) of that Act, hereby makes the following Regulations:

Citation, commencement and extent

- 1.(1) These Regulations may be cited as the Cycle racing on Highways (Scotland) Amendment Regulations 1996 and shall come into force on 2nd December 1996.
- (2) These Regulations shall extend to Scotland only.

Amendment of the Cycle Racing on Highways (Scotland) Regulations 1960

2. Regulation 5(1)(a)(i) of The Cycle Racing on Highways (Scotland) Regulations 1960(b) shall be amended by substituting '80' for '60'.

EXPLANATORY NOTE

(This note is not part of the Regulations)

The Cycle Racing on Highways (Scotland) Regulations 1960 authorise certain races (described in those regulations as bicycle races), between bicycles or tricycles, not being motor vehicles, to be held on public highways, subject to certain conditions including one whereby the number of competitors must not exceed 40.

The 1982 amendment allows the maximum number of competitors in no more than 2 races selected in any one year by the Scottish Cyclists' Union must not exceed 84 and in all other races the number of competitors must not exceed 60.

The 1996 amendment allows the maximum number of competitors under standard conditions to be 80.

NOTE : SCU Road Racing Rules still specify 60 as a maximum unless permission is obtained from the Board.

AID TO RACE ORGANISERS

- Well in advance of the event book race HQ accommodation
- Not less than 8 weeks before an event, apply to the Centre for a permit.
- Not less than 28 days before an event, notify Police.
- Arrange for Commissaire, Assistant Commissaire, Timekeepers, Recorders, Road Race Judges, Lead Car drivers and Race Service where applicable.
- All must be on the District approved list.
- Arrange for qualified First Aid cover.
- Notify all riders of their times of start and number or start list.
- Issue Start Sheets to all officials and Marshals.
- Notify media with race information
- Issue Start Sheet to Scottish Cycling.
- Take Levy Sheet to the event and get signatures of Commissaire, Timekeepers and Recorders.
- All Marshals should be over 18 years of age.
- Issue Finishing Sheet to Scottish Cycling and District Championships Secretary.
- Notify riders of their performance by issuing a Finishing Sheet to their Club.
- Send Levy Sheets and cash to the District Treasurer.
- Road Race riders require address and directions to Race HQ, time that registration opens, and details of course.
- To make applications for an increased field in a road race :-
Apply for permission to run race from the Chief Constable in whose areas the race will be held. Send, BEFORE 31st DECEMBER, to the Chief Executive :-
 - (a) Two copies of letters of application submitted to Police (*to each Chief Constable*).
 - (b) Two copies of proposed route submitted to Police.
 - (c) Two copies of Police letter of approval.

Single Event Licences, consult Membership Benefits in Little Green Book for information.

All gear restrictions shall be specified as distance travelled per crank revolution.

SCOTTISH COMPETITION RECORDS

SCOTTISH COMPETITION RECORDS

Men



BICYCLE				
10 Miles	2007	J. McIntyre	<i>The Edge RT / Dooleys Cycles</i>	18m 47s
25 Miles	1994	G. Obree	<i>P.C.A.</i>	48m 43s
30 Miles	2004	M. Atkinson	<i>Team Velo Ecosse / Montpeliers</i>	1h 02m 47s
50 Miles	1992	G. Obree	<i>Greenock RC / Castle Levan Hotels</i>	1h 43m 04s
100 Miles	2006	M. Atkinson	<i>Equipe Velo Ecosse / Montpeliers</i>	3h 49m 45s
12 Hrs	2005	J. Wilson	<i>Sandy Wallace Cycles</i>	279.97 miles
24 Hrs	1967	G. Berwick	<i>Glasgow RC</i>	448.70 miles

BICYCLE TEAM				
10 Miles	2008	<i>Dooleys Cycles R.T</i>		1h 01m 41s
25 Miles	1998	<i>G.S.Modena / A.B. Hamilton</i>		2h 37m 35s
30 Miles	1988	<i>Edinburgh Road Club</i>		3h 18m 14s
50 Miles	1996	<i>Edinburgh BC / Montpeliers</i>		5h 28m 38s
100 Miles	2007	<i>Sandy Wallace Cycles</i>		11h 47m 22s
12 Hrs	2007	<i>Sandy Wallace Cycles</i>		790.76 miles

TANDEM				
10 Miles	1998	C. Baird, D. Millar	<i>Glasgow Couriers CC</i>	19m 38s
25 Miles	1998	C. Baird, D. Millar	<i>Glasgow Couriers CC</i>	48m 43s
30 Miles	1991	I. Condie, G. Hutchison	<i>Dunfermline & Dist CC</i>	1h 02m 37s
50 Miles	1997	I. Condie, G. Hutchison	<i>Dunfermline & Dist CC</i>	1h 50m 20s
100 Miles	1986	J. Murdoch, G. Berwick	<i>Edinburgh RC</i>	4h 00m 14s
12 Hrs	1999	W. Evans, G. Harris	<i>Carnoustie CC / Angus Bike Chain</i>	242.25 miles

SCOTTISH COMPETITION RECORDS

MIXED TANDEM				
10 Miles	1992	J. O'Donovan, S. Phillips	<i>Deeside Thistle CC</i>	19m 49s
25 Miles	1992	J. O'Donovan, S. Phillips	<i>Deeside Thistle CC</i>	52m 53s
30 Miles	1998	A. MacLean, I. Fletcher	<i>Glasgow Nightingale CC</i>	1h 07m 53s
50 Miles	2003	K. Craig, V. Pollard	<i>Deeside Thistle CC</i>	2h 01m 41s
100 Miles	2003	K. Craig, V. Pollard	<i>Deeside Thistle CC</i>	4h 29m 09s
12 Hours	2000	A. Sutton, L. Amphlett	<i>Elgin CC</i>	217.38 miles

TRICYCLE				
10 Miles	1986	R. Shenton	<i>Velo Sportiv</i>	25m 17s
25 Miles	1988	R. Shenton	<i>Velo Sportiv</i>	1h 01m 58
30 Miles	1988	R. Shenton	<i>Velo Sportiv</i>	1h 17m 49s
50 Miles	1992	G. Mair	<i>Inverkeithing CC</i>	2h 16m 56s
100 Mls	1966	H. Bayley	<i>Solihull CC</i>	4h 37m 11s
12 Hrs	1991	G. Mair	<i>Inverkeithing CC</i>	233.46 miles
24 Hrs	1967	H. Spelling	<i>Wren Wheelers</i>	396.18 miles

TRICYCLE TEAM				
25 Miles	1958	Spartan Wheelers		3h 18m 41s
50 Miles	1960	Edinburgh RC		7h 15m 39s

JUNIOR MEN				
10 miles	2000	R. Anderson	<i>Team Velo Ecosse / Montpeliers</i>	20m 35s
25 Miles	2000	R. Anderson	<i>Team Velo Ecosse / Montpeliers</i>	53m 20s
30 Miles	1994	J. Ritchie	<i>Deeside Thistle CC</i>	1h 09m 39s
50 Miles	2000	R. Anderson	<i>Team Velo Ecosse / Montpeliers</i>	1h 52m 48s

SCOTTISH COMPETITION RECORDS

JUNIOR TEAM			
10 Miles	2000	Team Velo Ecosse / Montpeliers	43m 31s
25 Miles	2000	Team Velo Ecosse / Montpeliers	1h 56m 46s

YOUTH BOYS				
10 Miles	1999	R. Anderson	<i>Velo Sportiv</i>	21m 00s
25 Miles	1998	R. Anderson	<i>Velo Sportiv</i>	53m 12s

YOUTH TEAM			
10 miles	2005	Forres C.C.	47m 22s

SCOTTISH COMPETITION RECORDS Men's Track

* *Scottish Record*

** *Scottish Allcomers Record*

TRACK : Men				
200m Flying start	1999	C. MacLean	<i>City of Edinburgh RC</i> * **	10.80s
500m Flying start	2001	C. Hoy	<i>City of Edinburgh RC</i> * **	28.22s
1,000m Standing St	1999	C.Hoy	<i>City of Edinburgh RC</i> * **	1m 06.20s
4,000m	1995	J. Millar	<i>Paisley RT</i> *	4m 46.52s
	1986	D. Woods	<i>Australia</i> **	4m 43.92s
1 Hour	1996	J. Gladwell	<i>Edinburgh BC</i> * **	46.650km
4,000m Team	1993	<i>City of Edinburgh RC</i> *		4m 42.42s
	1986	<i>Australia</i> **		4m 24.75s

SCOTTISH COMPETITION RECORDS

TRACK : Junior Men

200m Flying Start	2000	R. Edgar	<i>Dataphonics *</i>	11.22s
	2006	J. Kenny	<i>Sport City Velo **</i>	10.88s
500m Flying Start	1994	C. Hoy	<i>City of Edinburgh RC * **</i>	30.80s
1,000m	2005	S. Charlton	<i>City of Edinburgh RC * **</i>	1m 10.20s
3,000m	1993	N. Hall	<i>City of Edinburgh RC * **</i>	3m 43.77s

TRACK : Youth 'A' Boys

200m Flying Start	2009	John Paul	<i>Team Terminator * **</i>	11.56s
500m Standing St	2008	Callum Skinner	<i>Edinburgh Racers * **</i>	35.33s
500m Flying Start	1995	S. MacMillan	<i>Clachnacuddin CC * **</i>	32.99s
2000m	2008	P. Galbraith	<i>Equipe Velo Ecosse/ Montpeliers * **</i>	2m 30.08s

TRACK : Youth 'B' Boys

200m Flying Start	2007	P. Galbraith	<i>Equipe Velo Ecosse *</i>	13.10s
	2008	M. Rotherham	<i>Eastlands Velo **</i>	12.79s
500m Standing St	2003	S. Charlton	<i>Fife Cycling 2000 * **</i>	37.70s
1500 metres	2007	P. Galbraith	<i>Equipe Velo Ecosse * **</i>	1m 56.23s

TRACK : Youth 'C' Boys

200m Flying Start	2005	P. Galbraith	<i>Team Velo Ecosse/ Montpeliers * **</i>	14.89s
500m Standing St	2005	P. Galbraith	<i>Team Velo Ecosse/ Montpeliers * **</i>	43.05s
1500 metres	2005	P. Galbraith	<i>Team Velo Ecosse/ Montpeliers * **</i>	2m 14.52s

SCOTTISH COMPETITION RECORDS

SCOTTISH COMPETITION RECORDS

Women's



BICYCLE				
10 Miles	2006	K. Hair	<i>Johnstone Wheelers</i>	21 m 46s
25 Miles	2000	A. Pogson	<i>Midlothian RT / The Bicycleworks</i>	55 m 32s
30 Miles	1995	S. Phillips	<i>Deeside Thistle CC</i>	1h 11m 28s.
50 Miles	1998	A. Pogson	<i>Midlothian RT / The Bicycleworks</i>	1h.58m.33s
100 Miles	1998	A. Pogson	<i>Midlothian RT / The Bicycleworks</i>	4h.21m.13s.
12 Hrs	2004	A. Pearson	<i>Deeside Thistle CC / Union Transport (Scotland) Ltd</i>	245.79 miles

TANDEM BICYCLE				
10 Miles	1992	C. Scott	<i>Musselburgh RCC</i>	23m 35s
		L. Walker	<i>Greenock RC / Castle Leven Hotels</i>	
25 Miles	1986	C. Gray	<i>Musselburgh RC / audio aids</i>	1h 01m 23s
		I. Kennedy	<i>Musselburgh RC / audio aids</i>	

BICYCLE TEAM				
10 Miles	1997	Team Caledonia		1 h 12 m 29s
25 Miles	2009	Sandy Wallace Cycles		1h 57m 13s
30 Miles	1962	Johnstone Wheelers		4h 12m 39s
50 Miles	1996	Team Caledonia		6h 45m 14s
100 Mile	1958	Johnstone Wheelers		14h 20m 09s
12 Hrs	2008	Deeside Thistle RC		410.36 miles

YOUTH GIRLS				
10 Miles	2002	R. Hughes	Glasgow Couriers CC / Tetra Pak / CSC	25m 19s

YOUTH TEAM GIRLS				
10 Miles	1987	Carnoustie CC / Daihatsu / Wellington Garage		55m 16s

SCOTTISH COMPETITION RECORDS	* <i>Scottish Record</i>
<i>Women's Track</i>	** <i>Scottish Allcomers Record</i>

TRACK : Women				
200m Flying Start	2003	K. Cullen	City of Edinburgh RC *	12.89s
	2001	I. Marx	Belgium **	12.64s
500m Standing St	1995	W. Everson	RAF CC **	37.60s
	2009	C. Joiner	City of Edinburgh RC *	37.73s
500m Flying Start	2003	K. Cullen	City of Edinburgh RC * **	33.97s
3000m	2005	K. Hair	Johnstone Wheelers* **	3m 50.48s
1 Hour	1996	C. Cook	Team Caledonia * **	39.70km

TRACK : Junior Women				
200m Flying Start	1995	E. Davies	Manchester Wheelers **	13.28s
	2008	K. Brogan	Evans Cycles *	13.59s
500m Standing St	2008	D. Sherwood	COERC * **	39.60s
500m Flying Start	1995	G. Carrol	Dunedin CC	38.24s
3000m	1989	C. MacDonald	Dunedin CC / MacDonald Cycles * **	4m 17.54s

SCOTTISH COMPETITION RECORDS

TRACK : Youth Girls 'A'				
200m Flying Start	2008	K. Brogan	<i>Evans Cycles</i> * **	13.59s
500m Standing St	2007	K. Brogan	<i>Evans Cycles</i> * **	38.77s
500m Flying Start	2000	K. Lawrie	<i>Nairn Wheelers</i>	38.41s
2000m	1988	C. MacDonald	<i>Dunedin CC / MacDonald Cycles</i> * **	2m 51.52s

TRACK : Youth Girls 'B'				
200m Flying Start	2006	K. Brogan	<i>Evans Cycles</i> * **	14.39s
500m Standing St	2006	K. Brogan	<i>Evans Cycles</i> * **	40.34s
1500m	2006	K. Brogan	<i>Evans Cycles</i> * **	2m 10.35s

TRACK : Youth Girls 'C'				
200 m Flying Start	2008	F. Mathews	<i>Edinburgh Racers</i> * **	16.72s
500m Standing St	2008	F. Mathews	<i>Edinburgh Racers</i> * **	47.77s
1500 m	2006	E. Corkhill	<i>Discovery Junior C.C.</i> * **	2m 37.59s

SCOTTISH COMPETITION RECORDS

Veteran

MEN				
10 Miles	2007	G. Obree	<i>Fullarton Wheelers</i>	19m 40s
25 Miles	1997	D. Millar	<i>V.C. Astar / Anderside Tools</i>	51m 23s
30 Miles	1992	J. O'Donovan	<i>Deeside Thistle CC</i>	1h 05m 53s
50 Miles	1999	D. Millar	<i>V.C. Astar / Anderside Tools</i>	1h 49m 10s
100 Miles	2009	C. Riise	<i>Shetland Wheelers</i>	3h 54m 01s
12 Hrs	1990	S. Beech	<i>Denny CC / Rippin</i>	275.27 miles
24 Hrs	1967	A. Speed	<i>Fife Century R.C.</i>	383.52 miles

SCOTTISH COMPETITION RECORDS

WOMEN				
10 Miles	2000	A. Pogson	<i>Midlothian RT / Bicycleworks</i>	22m 44s
25 Miles	2000	A. Pogson	<i>Midlothian RT / Bicycleworks</i>	55m 32s
30 Miles	1992	E. Clark	<i>Johnstone Wheelers / Dooleys Cycles</i>	1h 16m 44s
50 Miles	2000	A. Pogson	<i>Midlothian RT / Bicycleworks</i>	1h 59m 06s
100 Miles	2009	C. McLean	<i>Shetland Wheelers</i>	4h 21m 57s
12 Hours	2006	V. Pollard	<i>Deesidr Thistle C.C. / Union Transport (Scotland) Ltd / Bikelife</i>	233.59 miles

SCOTTISH CYCLISTS' UNION TROPHIES

TROPHY **Championship / Event**

Scott Cup Senior B.A.R.

President's Shield Senior B.A.R. Team

Women's Championship Trophy Women's B.A.R.

Scottish Women's All-Rounder Shield Women's B.A.R. Team

Deeside Thistle CC Trophy Middle Distance B.A.R.

J.B. Allan Cup Senior Road Race

J.M. Thomson Trophy Hill Climb

Apex Trophy Track B.A.R.

Traders' Trophy Highest Club Affiliations

Bluemel Bowl Track Sprint

Raleigh Cup Track Individual Pursuit

Raleigh Trophy Junior B.A.R.

Rattray Cup Junior Road Race

Roller Championship Bowl Rollers 880 Yards Individual

Cowan Rose Bowl Schoolboys/girls Road Race

Activity Awards Shield Youth B.A.R.

Rita Montgomery Trophy Women's 10 mile T.T.

EVENTS CONTACTS

COMMISSAIRES
Aberdeen & District
ROB ARMSTRONG*Road Regional Commissaire*

12 Hallforest Close | Kintore
 Aberdeenshire | AB51 0TU
 01467 634912 | 01224 777993
rob@cyclegrampian.co.uk

MICHAEL BROWN*Road Regional Commissaire*

"The Pines" | Garlogie | Skene
 Westhill | Aberdeenshire | AB32 6RX
 01224 743304
mandm@garlogie.com

PETER CLARK*Road Regional Commissaire*

41 Hopetoun Grange | Bucksburn
 Aberdeen | AB21 9RD
 01224 716043
peteandmarj@talk21.com

LEONARD COUTTS*Road National Commissaire*

19 Mains Circle | West Hill
 Aberdeen | AB32 6HD
 01224 741306 | 07875 886674
leonard.coutts@tiscali.co.uk

SERGEY DRUGAKOV*Assistant Road Commissaire*

27 Brimmond Side | Aberdeen AB21
 9WA | 07811 390895
drugakov@mail.ru

ANDY DUNCAN*Assistant Road Commissaire*

176J South College Street
 Aberdeen | Aberdeenshire | AB11 6LD
 01224 571596 | 07704 878801
andyduncan711@hotmail.com

FIONA DUNCAN*Assistant Road Commissaire*

176J South College Street | Aberdeen
 Aberdeenshire | AB11 6LD
 01224 571596 | 07803 035164
fiomaduncan0121@hotmail.com

NEIL KININMONTH*Assistant Road Commissaire*

15 Fetteresso Terrace | Stonehaven
 Kincardineshire | AB39 2DS
 07720 884598
oottheback@hotmail.com

PETER KNEESHAW*Road Regional Commissaire*

Meikleton Cottage | Tullynessle
 Alford | Aberdeenshire | AB33 8DD
 01975 564643 | 07801 813947
karin.kneeshaw@talk21.com

FLORA MASON*Road Regional Commissaire*

14 Teal Street | Meiklemill
 Ellon | AB41 9FP | 01358 723450
f.w.mason@btinternet.com

DAVID MILNE*Road Regional Commissaire*

50 Bay Street | Fairlie | Largs
 North Ayrshire (Deeside Thistle CC)
 KA29 0AL | 07813 290154
davidj.milne@yahoo.co.uk

ISOBEL SMITH*Road Regional Commissaire*

28 Wallace House | Hazelhead
 Aberdeen | AB24 4HU | 01224 324749
isobel@beldie.freeseerve.co.uk

DEREK STEWART*Road Regional Commissaire*

7 Beechgrove Gardens | Aberdeen
 AB15 5HG | 01224 634529
 07905 069725
d.stewart12@sky.com

DEREK STUART*Road Regional Commissaire*

15 Dunecht Gardens | Westhill
 Aberdeen | AB32 6FH

DUNCAN WARWICK*Assistant Road Commissaire*

2 Daun Walk | Kemnay
 Aberdeenshire | AB51 5JG
 01467 642715 | 07976 268439
duncan.warwick@btinternet.com

PAUL WINTER*Assistant Road Commissaire*

Taigh Na Greine Eirigh | Nether Backhill
 Peterhead | AB42 5BR
 01346 515292 | 07917 580623
paul_winter@paulwinter.freeseerve.co.uk

YVONNE WINTER*Assistant Road Commissaire*

Taigh Na Greine Eirigh | Nether Backhill
 Peterhead | AB42 5BR
 01346 515292 | 07771 711975
yvonnekdavidson@aol.co.uk

COMMISSAIRES*Ayrshire & Dumfriesshire***RIK ALLSOP***Assistant MTB XC Commissaire*

14 Low Road | Colin | Dumfries | DG1 4JJ
 01357 750360 | 07722 828139
mtbrik@aol.com

EWAN CLARK*Assistant MTB XC Commissaire*

Lower Lochanlea | Dunscore
 Dumfries | DG2 0TE
 01387 820568 | 07749 252080
ewancla@hotmail.com

JIM DEAS*MTB National Commissaire*

Bridge House | Galston | Ayrshire
 KA4 8LL | 01563 820975

ANDREW GORRIE*Road & Track Regional Commissaire*

30 Sorn Place | Galston
 Ayrshire | KA4 8JA
 01563 822579 | 07801 716053
andrew.gorrie@btopenworld.com

GORDON JOHNSTON*Road National Commissaire*

"Reigmor" | Stoop Loaning | Dumfries
 Dumfries & Galloway | DG1 3JP
 01387 263248 | 07740 675791
gordon@reigmor.co.uk

ANDREA LOCKHART*MTB National Commissaire 12*

Capringstone Foot | Irvine
 Ayrshire | KA11 1NY
 01294 204805 | 07801 854346
andrealockhart45@yahoo.co.uk

EVENTS CONTACTS**PAULINE LOVE***MTB National Commissaire*

30 Browns Crescent | Annbank
 Ayrshire | KA6 5EB | 07523 207871
love_pauline@hotmail.com

BILL MCKECHNIE*MTB Regional Commissaire
& Assistant Road Commissaire*

"Grimgrewe Cottage" | Cumnock
 Ayrshire | KA18 2NJ | 01290 421615
 07767 394929
bill@grimgrewe.freeserve.co.uk

ANDREW MCKINLAY*Road Regional Commissaire*

77 Kilwinning Road | Stewarton
 East Ayrshire | KA3 3BU
 01560 485890 | 07526 666279
mckandy@aol.com

ANGUS MCLAFFERTY*Road National Commissaire*

Mucklerammer | Holms of Caaf
 Dalry | North Ayrshire | KA24 5HJ
 01294 834253 | 07802 916851
gus.mclafferty@btinternet.com

DAVID MILLER*Road National Commissaire*

137a Dundonald Road | Kilmarnock
 Ayrshire | KA1 1UG | 01563 539397
david@wallacehill.freeserve.co.uk

IAN SINCLAIR*Road National Commissaire*

"Cartref" | 2 Old Glasgow Road
 Stewarton | East Ayrshire | KA3 5JJ
 01560 485990 | 07867 874319
wiskids@talktalk.net

HUGH SINCLAIR*Track National &
Road Regional Commissaire*

29 Holmes Road | Kilmarnock
 Ayrshire | KA1 1TW | 01563 526780
h.sinclair@talktalk.net

WILLIAM STEPHEN*Assistant Road Commissaire*

10 Dalmore Way | Irvine
 Ayrshire | KA11 2BT
 01294 221176 | 07989 396851
william@stephen2227.fsnet.co.uk

RICHARD TODD*Road National Commissaire*

32 Hutchison Drive | Darvel
 Ayrshire | KA17 0BL
 01560 321257 | 07733 586544
richard@rtcomm4.fsnet.co.uk

JOHN WALKER*Road & MTB National Commissaire*

27 Kirkton Road | Fenwick | Kilmarnock
 East Ayrshire | KA3 6DJ
 01560 600707 | 07808 070943
john@walkerscycling.co.uk

SUSAN WALKER*Track National Commissaire*

27 Kirkton Road | Fenwick
 Kilmarnock | East Ayrshire | KA3 6DJ
 01560 600707 | 01563 544488
susan@walkerscycling.co.uk

COMMISSAIRES
Dundee & District**NEIL ABBOTT***Road Regional Commissaire*

9 Lauder Crescent | Perth

Perthshire | PH1 1ST

01738 451063 | 07737 611749

neil.abbott@blueyonder.co.uk**JOHN BREMNER***Road & Track Regional Commissaire*

32 Keptie Road | Arbroath

Angus | DD11 3EQ

01241 876674 | 07808 899077

johnbremner@btinternet.com**MICHAEL BURNETT***Road Regional Commissaire*

15 Carslea Road | Invergowrie

DD2 5AW

01382 562745 | 07740 999409

JOHN GREEN*Road Regional Commissaire*

26 Kingswell Terrace | Perth | PH1 2DE

01738 626617

jg010c7742@blueyonder.co.uk**MARTIN HARRIS***Track National & Road Regional Commissaire*

14 Caesar Avenue | Carnoustie

Angus | DD7 6DR

01241 854367 | 07740 684006

mpgharris@btinternet.com**MALCOLM HASTIE***Road Regional Commissaire*

24 Merton Avenue | Dundee | DD2 3LX

01382 612682

cyclesport_dundee@blueyonder.co.uk**DAVID MCCALLUM***Road Regional Commissaire*

2 Collace Crescent | Downfield

Dundee | DD3 9RB | 01382 814089

dww_cc@hotmail.com**JIMMY RAE***Road Regional Commissaire*

11 Queensferry Road | Muthill

PH5 2AQ | 07702 488346

jimmyrae@jrservices.fsnet.co.uk**ROBERT RENNIE***Road Regional Commissaire*

88 Muirfield Crescent

Dundee | DD3 8QA

01382 644481 | 07710 600369

robert-rennie@blueyonder.co.uk**BRIAN SPROUL***Road Regional Commissaire*

1 Charleston Road | Dundee

Angus | DD2 4QR

01382 624637 | 07803 598130

address@dundeethistle.co.uk**SCOTT TARES***Assistant Road Commissaire*

Airtully Cottage | Airtully by Stanley

Perthshire | PH1 4PH

01738 828695 | 07763 013862

scot@skinnytyres.com

EVENTS CONTACTS

COMMISSAIRES East of Scotland

CHRIS ADAMSON

Road Regional Commissaire

21 Carlaverock Grove | Tranent
East Lothian | EH33 2EB
01875 611492 | 07742 922205
chris.adamson@talktalk.net

DEREK BALL

MTB Regional Commissaire

22 Clerk Road | Penicuik
Midlothian | EH26 9HB
01968 678502 | 07972 986781
dfb@bgs.ac.uk

BRIAN BEATTIE

Assistant MTB XC Commissaire

4 Wallacehill Way | Cardrona
Peebles | EH45 9LF
01896 831312 | 07870 790264
brian.beattie@btopenworld.com

GERRY CLEMENT

Assistant Track Commissaire

40 Lockerby Crescent
Edinburgh | EH16 6XP
0131 6644018 | 07790 468073
gerry_clement@hotmail.com

SONYA CRAWFORD

*Track Regional &
Assistant Road Commissaire*

24 Craigmount Terrace
Edinburgh | EH12 8BW
0131 3393709 | 07751 903147
piglet.eyeoore@blueyonder.co.uk

STUART GILLIES

*Road Regional &
Assistant MTB XC Commissaire*

29 The Meadows | Peebles
EH45 9HZ | 01721 720919
stuart.gillies@tiscali.co.uk

JANET HERITAGE

MTB Regional Commissaire

56 Easthouses Way | Dalkeith
Midlothian | EH22 4UA | 0131 6605646

DAVID HOY

*MTB National, Road &
Track Regional Commissaire*

3 Wester Coates Terrace | Edinburgh
Lothian | EH12 5LR
0131 3378499 | 07506 703194
David.hoy@inbox.com

KEITH IRVING

Assistant MTB XC Commissaire
Hillcrest | Wilton Dean | Hawick | TD9 7HZ
01450 374632 | 07729 872666
keithirving61@yahoo.co.uk

JAMES JOHNSTON

Road & Track Regional Commissaire

8 Rennie Place | East Linton | East Lothian
EH40 3BP | 01620 861255

IAN JONES

Assistant MTB XC Commissaire

Dove Crag | Silverton Lane | Rothbury
Morpeth | NE65 7RJ | 07876 704518
jianjones@hotmail.co.uk

ANDREW LAING

*Track National &
Road Regional Commissaire*

25 Spottiswoode Gardens | Mid Calder
West Lothian | EH53 0JU | 01506 883013
andy.laing25@o2.co.uk

GRAHAM MACKINSON*MTB Regional Commissaire*44 Edderston Road | Peebles | EH45 9DT
01721 721732 | 07831 257101**JONNY MAY***Assistant Road Commissaire*40 Dalmahoy Crescent | Balerno
Midlothian | EH14 7BZ
0131 4493539 | 01506 469316
*jonny.may@sli-institute.ac.uk***DAVID MENZIES***Road UCI & Track National Commissaire*32 Baberton Mains Wood
Edinburgh | EH14 3EZ
0131 4534996 | 07801 231328
*david@menzies-family.com***NEIL MUIR***Road Regional Commissaire*22 Ivy Terrace | Edinburgh
EH11 1PJ | 0131 3471347
*neil.muir@virgin.net***OISIN MURPHY-LAWLESS***Assistant Road Commissaire*12/5 Links Gardens | Edinburgh
EH6 7JG | 0131 4673875 | 07813 878458
*oisinml@blueyonder.co.uk***MIKE SIMPSON***Assistant MTB XC Commissaire*Kings Muir Garden | Bonnington Road
Peebles | EH45 9HE | 07801 151351
*kingsmuir@tiscali.co.uk***JACQUELINE STRACHAN***Cyclo Cross Regional Commissaire*11 Stanhope Place
Edinburgh | EH12 5HH
0131 3372106 | 07798 722004
*jacstrachan@hotmail.com***AUDREY WALKER***Track National Commissaire*43 Redcroft Street | Danderhall
Dalkeith | Midlothian | EH22 1RB
0131 6542719
*arw@bikerider.co.uk***JIM WALLACE***Assistant Road Commissaire*10 Marmion Road | Hawick | Roxburgh
TD9 9PD | 01450 374966
*alpedhuez2022@hotmail.com***LORRAINE WALLACE***Assistant Road Commissaire*10 Marmion Road | Hawick | Roxburgh
TD9 9PD | 01450 374966
*alpedhuez2022@hotmail.com***KATHY WALTER***Assistant Road & MTB XC Commissaire*8 Kingsmuir Crescent
Peebles | EH45 9AB
01721 729475 | 07767 091581
*kathyann123@gmail.com***KEN WHITSON***Road National, Track Regional
& Assistant MTB XC Commissaire*11 Craiglockhart Road | Edinburgh
Midlothian | EH14 1HJ
0131 4433359 | 07762 888009
ken@whitson.abelnet.co.uk

EVENTS CONTACTS

COMMISSAIRES

Fife

GRAHAM BARCLAY

Road Regional Commissaire

40 Sinclair Avenue | Glenrothes

Fife | KY6 1BB

01592 752205 | 07986 052198

barclay4@blueyonder.co.uk

STEFAN COLLINS

Road & Track National Commissaire

2 Tulliallan Terrace | Kincardine

Fife | FK10 4QA

01259 730758 | 07771 572789

stefcollinsuk@yahoo.co.uk

BILL DAVIDSON

Road Regional Commissaire

127 Forres Drive | Glenrothes

Fife | KY6 2JY | 01592 569694

moac@yahoo.com

PAUL GALLACHER

Assistant Road Commissaire

6 Viewforth Terrace | Kirkcaldy

Fife | KY1 3BW

01592 591641 | 07725 599373

paulgallacher@blueyonder.co.uk

ALEXANDER GLOVER

Road Regional Commissaire

14 Touch Wards | Dunfermline

Fife | KY12 7TG | 01383 728023

sandyTglover@tiscali.co.uk

CRAIG HARDIE

Cyclo Cross Regional Commissaire

11 The Wynd | Dalgety Bay | Fife

KY11 9SH | 01383 889088

info@hardie-bikes.com

EDWIN HARRISON

Road Regional Commissaire

116 Cocklaw Street | Kelty

Fife | KY4 0DJ

01383 839395 | 07980 861146

eharrison@hotmail.com

PETER LAMBIE

Assistant Road Commissaire

10 North Muir Place

Glenrothes | KY7 4DF

01592 630201 | 07876 230263

plhome@btinternet.com

JANE MORRIS

Assistant Road Commissaire

33 Inchbrakie Drive | Creiff

PH7 3SS | 01764 650890

BRENDAN ROE

Road Regional Commissaire

45 Preston Street | High Valleyfield

Fife | KY12 8SE | 01383 880912

broebrendan@aol.com

GORDON SHAW

Assistant Road Commissaire

25 Bourtree Brae | Lower Largo | Leven

Fife | KY8 6HX

01333 320464 | 07554 422913

shaw_gordon@hotmail.com

MARTIN STEELE

MTB Regional Commissaire

44 Cromwell Road | Burntisland

Fife | KY3 9EH

01592 871318 | 07815 071344

naegears@googlemail.com

COMMISSAIRES Mid Scotland

MATTHEW BALL

Assistant Road Commissaire

106 Avontoun Park | Linlithgow West

Lothian | EH49 6QQ

01506 200635 | 07989 597175

mattyball@blueyonder.co.uk

TOBIAS BAUER

Assistant Road Commissaire

Grange Stables | Linlithgow

West Lothian | EH49 7RH

01506 840036 | 01506 775269

tobias.bauer@westlothian.gov.uk

MARTIN COOPLAND

Assistant Road Commissaire

23 Carronvale Road | Larbert

FK5 3LZ | 01324 559571

reclassicbike@aol.com

MARK EWING

Assistant Road & MTB XC Commissaire

41 Taymouth Road | Polmont | Falkirk

FK2 0PF | 07859 018751

markewing100@gmail.com

SIMON FAGAN

Assistant Road & MTB XC Commissaire

5 Avontoun Park | Linlithgow West

Lothian | EH49 6QG

01506 203175 | 07836 533119

Simon.Fagan@sepa.org.uk

THOMAS GLENDINNING

Road Regional Commissaire

11 Dochart Crescent | Gilston Park Estate

Polmont | Falkirk | FK2 0RE

01324 714733 | 01324 718700

tommymagic@blueyonder.co.uk

IAIN LOCH

Road Regional Commissaire

10 Cauldhame Crescent

Cambusbarron | Stirling | FK7 9NH

01786 463609 | 07734 289355

iaim@lochi.fsnet.co.uk

ALEX MCCULLEY

Road Regional Commissaire

56 Dochart Place | Hallglen | Falkirk

FK1 2QR | 07968 819252

alexmccluley@btinternet.com

JAMES MULHOLLAND

Road Regional Commissaire

44 Marches Drive | Armadale

West Lothian | EH48 2PQ

01501 731988

DAVID NISBET

MTB National & Road Regional Commissaire

Ryeyards | Port of Menteith | by Stirling

FK8 3RA | 01877 385283

turnipsock@aol.com

KAMIL POMPE

Assistant Road & MTB XC Commissaire

15 Harestanes Road | Armadale

West Lothian | EH48 3LA | 07892 677699

popej82@o2.pl

NEIL SMITH

Assistant Road Commissaire

22 Hazel Road | Grangemouth

Stirlingshire | FK3 8PL | 07974 753692

neilsmith@blueyonder.co.uk

IAN STEWART

Road Regional Commissaire

The Cottage | Philpstoun

West Lothian | EH49 6RH

01506 834229 | 01324 494551

EVENTS CONTACTS

DIGBY SYM*MTB National Commissaire*

6 High Street | Creiff | PH7 3BS

01764 652987 | 07900 801201

*d.sym@homecall.co.uk***COMMISSAIRES
North of Scotland****HAMISH AITCHISON***Road Regional Commissaire*

49a North Road | Forres | Moray

IV36 1AP | 01309 675114

*hamish@moraybroadband.com***PETER BENNET***Road Regional Commissaire*

21 Callart Road | Dalfaber | Aviemore

Inverness-shire | PH22 1SR

01479 811293

SAM CRYMBLE*Road Regional Commissaire*

46a Craig Na Gower Avenue

Aviemore | Inverness-shire | PH22 1RW

01479 811623 | 07748 592240

*sam.crymble@btconnect.com***SCOTT CUNNINGHAM***Assistant Road Commissaire*

3 Ordview Road | Nairn | IV12 5NL

01667 456685

CAROLINA CUNNINGHAM*Road Commissaire*

3 Ordview Road | Nairn

IV12 5NL | 01667 456685

*carolina_moir@hotmail.com***MARY EAGLESON***Assistant Road Commissaire*

Nether Bogbain | Lochussie | Dingwall

Ross-shire | IV7 8HJ | 01349 863787

*eaglesonmary@aol.com***BRIAN GRANT***Road Regional Commissaire*

90 Henrietta Street | Wick | KW1 4HG

01955 606496 | 07899 975252

*briandgrant@tiscali.co.uk***GEORGE GRANT***Road Regional Commissaire*

The Sheiling | 15 Balmoral Terrace

Elgin | IV30 4JH

01343 541679 | 07714 206275

*grantgeordie@aol.com***MALCOLM GRAY***Road Regional Commissaire*

7 Granville Street | Thurso

Caithness | KW14 7JL

01847 892330 | 07747 613400

*mgrayuk@aol.com***STEPHEN HOGBEN***MTB National Commissaire*

Old School House | Easter Kinkell

Dingwall | IV7 8HY

01349 861712 | 07764 232273

*sah371@aol.com***HAMISH IRVINE***Road Regional Commissaire*

Feoran | Craig Na Gower Avenue

Aviemore | Inverness-shire

PH22 1RW | 01479 810795

hamishandgill@gmail.com

GORDON LAWRIE**Road Regional Commissaire**

12 Woodville Gardens | Lodgehill
Nairn | Highland | IV12 4QJ
01667 456497 | 07799 694875
gordon506@btinternet.com

JOHN MACMILLAN**Road, Track & MTB National Commissaire**

27 Stewart Court | Culloden | Inverness
Inverness-shire | IV2 7LJ
01463 791856 | 07803 883481
john.m.macmillan@btinternet.com

ANDREW MELTON**Assistant MTB XC Commissaire**

Highlea | Woodside Avenue
Grantown-on-Spey | Highland
PH26 3JR | 01479 872305
andrew.melton@mypostoffice.co.uk

KATRINA MOIR**Assistant Road Commissaire**

4 Cluny Road | Dingwall | Ross-shire
IV15 9NS | 01349 862169
katrinamac@ecosse.net

STUART PHILLIPS**Road Regional Commissaire**

7 Barons Well | Wick
Caithness | KW1 4PA
01955 604174 | 07760 227702
sphil29252@aol.com

PETER ROBERTSON**Road Regional Commissaire**

16 Califer Road | Forres | Moray
IV36 0HY | 01309 673811
peter1961src57-24@hotmail.co.uk

KEVAN STURGEON**Road National Commissaire**

"Fairview" | Covesea Road | Elgin
Moray | IV30 4PD
01343 546348 | 07917 798544
kevan.sturgeon@lineone.net

AL SUTTON**Road, Track UCI International & MTB National Commissaire**

Chapel House | Orbliston | By Fochabers
Moray | IV32 7LN
01343 880258 | 07940 373092
al_sutton@btinternet.com

ALASDAIR WASHINGTON**Road Regional Commissaire**

28 St Magnus Road | Thurso
Caithness | KW14 7LX
01847 892864 | 07720 777623
abgWASHINGTON@aol.com

COMMISSAIRES**West of Scotland****TOM A'HARA****Assistant Road Commissaire**

1 Hathersage Gardens | Garrowhill
Glasgow | G69 6QQ | 07734 084206
tomahara@yahoo.co.uk

ALAN ANDERSON**Cyclo Cross Regional Commissaire**

57 Fereneze Avenue | Clarkston
Glasgow | G76 7RX
0141 6200312 | 01355 275224
a.anderson950@ntlworld.com

EVENTS CONTACTS

ELAINE ANDERSON*Road Regional Commissaire*

Flat G1 | 3 Goldenhill Ct | Hardgate
Glasgow | G81 5NA
01389 877957 | 07974 787634

ALEXANDER BAIN*Road Regional Commissaire*

11 St Nicholas Road | Lanark
ML11 7AT | 01555 663438

GRAEME COCKBURN*Cyclo Cross Regional Commissaire*

45 Galbraith Drive | Milngavie
Glasgow | G62 6LZ | 0141 9564393
graeme@cockburn98.plus.com

PETER COLLINS*Road Regional Commissaire*

7 Burn Bridge Court | Strathaven
South Lanarkshire | ML10 6UR
01357 529085 | 07813 553060
petercollins34@aol.com

ROBERT COOPER*Road Regional Commissaire*

271 Bonkle Road | Newmains | Wishaw
Lanarkshire | ML2 9QQ
01698 384037 | 01698 385477

IAIN COWDEN*Assistant Road Commissaire*

46 Briar Road | Newlands | Glasgow
G43 2TX | 0141 6371870
mary@mashworth0.wanadoo.co.uk

FIONA CROSBIE*Assistant Track Commissaire*

55 South Maines Road | Milngavie
G62 6DE | 0141 5700727
fionabmcmanus@hotmail.com

ERIC CRUICKSHANK*Assistant Track Commissaire*

14 Ballater Drive | Thornly Park | Paisley
PA2 7SH | 0141 8842640
eric.cruickshank@ntlworld.com

JOHN DAVIES*Road Regional &**Assistant Track Commissaire*

75 Moorhill Crescent | Newton Mearns
Glasgow | G77 6BQ
0141 6399478 | 07786 030225
garvindavies@msn.com

JAMES EADIE*Road Regional Commissaire*

4 Yvetot Avenue | Lanark
Clydesdale District | ML11 7BP
01555 661446

ISOBEL FLETCHER*Assistant Track Commissaire*

123 Fenwick Road | Giffnock | G46 6JB
0141 6330289 | 0141 5482075
isobel_fletcher@hotmail.com

TOM FORBES*Road National, Track & Cyclo Cross Regional Commissaire*

13 Millersneuk Drive | Lenzie
Glasgow | G66 5JF
0141 7759189 | 07932 573328
t.m.forbes@stir.ac.uk

DAVID GRAHAM*Cyclo Cross Regional Commissaire* "The

Stables" | Western Road
Tobermory | Isle of Mull | PA75 6RA
07704 409705
scottishcyclocross@gmail.com

JEREMY HASTINGS*Assistant MTB XC Commissaire*

Islay Birding | The Old Byre
 Port Charlotte | Islay | Argyll | PA48 7TX
 01496 850010 | 07549 522679

*jeremyhastings@me.com***JANETTE HAZLETT***Road & Track Regional Commissaire*

9 Jane Rae Gardens | Clydebank
 West Dumbartonshire | G81 1HR
 0141 9527337

*janette@bikewearhouse.co.uk***DAVID HUTCHENS***MTB Regional Commissaire*

Gean Trees | Benderloch | Oban
 Argyll and Bute | PA37 1ST
 01631 720428 | 07766 115507

*hutchens@aol.com***IAN JARDINE***Road Regional Commissaire*

17 Tynwald Avenue | Glasgow | G72 4RN
 0141 6344688 | 07710 911062

*ianjardine@ntlworld.com***PETER JOHNSTONE***Road Regional Commissaire*

63 Cloberhill Road | Knightswood
 Glasgow | G13 2JR | 0141 9599868

*peter.johnstone5@btinternet.com***TYE KINTON***Assistant MTB XC Commissaire*

75 Breval Crescent | Duntocher
 Glasgow | G81 6LS | 07535 617035

*kinton56@hotmail.com***IAIN LAITHWAITE***Cyclo Cross Regional Commissaire*

30 Larkfield Road | Lenzie
 Glasgow | G66 3AT
 0141 5780917 | 07761 767368

*superconfex@bushinternet.com***KENNETH MACDONALD***Road Regional Commissaire*

16 Charnwood Avenue | Willow Bank
 Johnstone | PA5 0AF | 01505 337131

*k_macd53x13@btinternet.com***GERRY MCDAID***Road, Track & Cyclo Cross UCI Commissaire*

"Clerksbridge Cottage" | Beith Road
 Lochwinnoch | Renfrewshire | PA12 4JX
 01505 502080 | 07732 409690

ROBERT MENZIES*Road Regional Commissaire*

8 Eastwood Place | Moodiesburn
 Glasgow | G69 0BQ | 01236 873334

PETER MOORE*Assistant Road Commissaire*

33 Gibb Street | Chapelhall | Airdrie
 North Lanarkshire | ML6 8SL

01236 747566 | 07749 645224

*stelvio1@sky.com***SEAN MURPHY***Assistant Road Commissaire*

10 Hillside Avenue | Clarkston | Glasgow
 G76 7JY | 0141 6380221 | 07739 639217

*murphata@mac.com***ALISTER OGG***Road & Cyclo Cross Regional Commissaire*

152 Bonnyton Drive | Eaglesham
 Glasgow | East Renfrewshire | G76 0LU
 01355 303546 | 07812 145221

aliogg@talktalk.net

EVENTS CONTACTS

JOHN PARDO*Road Regional Commissaire*

1 Kirkview Gardens | Uddingston
Glasgow | G71 6RW | 01698 814791

PETER POLLOCK*MTB Regional Commissaire*

3 Locksley Road | Greenfaulds
Cumbernauld | G67 4EW
01236 726695 | 07742 378831
peterpollock1943@yahoo.co.uk

GARRY QUINN*Assistant Track Commissaire*

182 Rockhampton Avenue | Westwood
East Kilbride | G75 8EL
01355 263745 | 07855 410357
garryquinn@msn.com

STEVEN QUINN*Assistant Track Commissaire*

182 Rockhampton Avenue | Westwood
East Kilbride | G75 8EL | 01355 263745
quinno1@msn.com

RICHARD READE*Assistant Road Commissaire*

3 Lochmaben Road | Gartcosh
Glasgow | G69 8LA
01236 870739 | 07702 305358
ReadeR@northlan.gov.uk

JAMES RIACH*Track, MTB National &
Road Regional Commissaire*

Education Manager | Cycling Scotland
24 Blythswood Square
Glasgow | G2 4BG
0141 2295355 | 07795 048042
jimriach@cyclingscotland.org

ALAN ROBERTSON*Road Regional Commissaire*

29 Sandpiper Place | East Kilbride
G75 8UP | 01355 902610

EDD SHACKLEY*Cyclo Cross Regional Commissaire*

5 Ewing Walk | Milngavie
East Dumbartonshire | G62 6EG
0141 9566283
edd.shackley@bt.com

IAN SHARP*Road National Commissaire*

46 Mains Wood | Parkmains | Erskine
Renfrewshire | PA8 7JW | 0141 5613520
limsharp@yahoo.co.uk

GUTO WILLIAMS*Assistant Road, Track
& MTB XC Commissaire*

20 Moss Road | Strathaven | ML10 6BY
01357 522898 | 07769 710243
guto.williams@sky.com

ROBERT WILSON*Road Regional Commissaire*

13b Laurel Way | Quarriers Village
Bridge of Weir | PA11 3NH
01505 690907 | 07790 881765
1robertwilson@gmail.com

GREGOR YEOMAN*Assistant Road Commissaire*

11 School Road | Sandford
Strathaven | ML10 6BF
01357 523039 | 07939 280225
awzk41@dsl.pipex.com

TIMEKEEPERS**Aberdeen & District**

DAVID CARNEGIE SCU
16 Brent Field Circle | Ellon
Aberdeenshire | AB41 9DD
01358 725037

ROBERT GIBSON SCU
"Ellington" | Station Place | Johnshaven
Montrose | DD10 0JD | 01561 362756

ANDREW HARRINGTON . . . Assistant
856 Great Northern Road | Aberdeen
AB24 2BP | 01224 682001

ROBERT HILL SCU
19 Bressay Drive | Ellon | Aberdeenshire
AB41 9WQ | 01358 277449

NEIL KININMONT Assistant
15 Fetteresso Terrace | Stonehaven
Kincardineshire | AB39 2DS
07720 884598

MARY LINDSAY SCU
2 Kings Road | Stonehaven
Kincardineshire | AB39 2HB

FLORA MASON SCU
14 Teal Street | Meiklemill | Ellon
AB41 9FP | 01358 723450

GEORGE SINCLAIR SCU
29 Cairntrack Road | Belhelvie
Aberdeen | AB23 8RD | 01358 742492

ISOBEL SMITH SCU
28 Wallace House | Hazelhead
Aberdeen | AB1 8ET | 01224 324749

TIMEKEEPERS**Ayrshire & Dumfriesshire**

GORDON JOHNSTON SCU
"Reigmor" | Stoop Loaning | Gasstown
Dumfries | DG1 3JP | 01387 263248

JOHN MCGILL SCU
10 Garry Place | Bellfield | Kilmarnock
KA1 3NU | 01563 536702

DAVID MILLER SCU
137a Dundonald Road | Kilmarnock
Ayrshire | KA1 1UG | 01563 539397

SUSAN WALKER SCU
27 Kirkton Road | Fenwick | Kilmarnock
KA3 6DJ | 01560 600707

BLAIR WYLLIE SCU
8 St Andrews Street | Ayr | Ayrshire
KA7 3AH | 01292 282928

TIMEKEEPERS**Dundee & District**

JOHN BREMNER SCU
32 Keptie Road | Arbroath | Angus
DD11 3EQ | 01241 876674

MICHAEL BURNETT SCU
20 Morn Street | Alyth | Perthshire
PH11 8BE | 01382 562745

DEREK DOBBINS Assistant
6 Turretbank Place | Crieff | Perthshire
PH7 4LS | 07767 270058

ANNA HARRIS Assistant
14 Caesar Avenue | Carnoustie | Angus
DD7 6DR | 01241 854367

EVENTS CONTACTS

MARTIN HARRIS SCU
14 Caesar Avenue | Carnoustie | Angus
DD7 6DR | 01241 854367

MALCOLM HASTIE SCU
24 Merton Avenue | Dundee | DD2 3LX
01382 612682

MARK JONES Assistant
28 East Haddon Road | Dundee | Angus
DD4 7LB | 01382 456425

JOHN LOW SCU
6 Prosen Road | Kirriemuir
Angus | DD8 5AN

DAVID MCCALLUM SCU
2 Collace Crescent | Downfield
Dundee | DD3 9RB | 01382 814089

WILLIAM MCLENNAN SCU
43 Rossie Avenue | Castle Park
Dundee | DD5 3NQ | 01383 778044

ROBERT RENNIE SCU
88 Muirfield Crescent | Dundee
DD3 8QA | 01382 644481

BRIAN SPROUL SCU
1 Charleston Road | Dundee | Angus
DD2 4QR | 01382 624637

TIMEKEEPERS
East of Scotland

ANGELA CHRISTIE SCU
120 Mayfield Road | Edinburgh
EH9 3AH | 0131 6674695

JOHN DUDGEON SCU
4 Prestonfield Bank | Edinburgh | EH16 5HJ

IAN GRANT SCU
"Waterloo Cottage" | Chirnside
Duns | Berwickshire | TD11 3XH
01890 818668

MARION LAWSON BCF
10 Sighthill Street | Edinburgh | EH11 4QQ

BRUCE LEES SCU
5 Birley Court | St Boswells | Melrose
TD6 0DT | 01896 753765

THOMAS NOON Assistant
4 Lauder Road | Bolton | Haddington
East Lothian | EH41 4HL | 07910 407768

ANDREA POGSON SCU
3 Caddonlee Farm Cottages
Clovenfords | Selkirkshire | TD1 1UE
01896 850759

WILLIAM PURVES SCU
13 Langhaugh Gardens | Galashiels
Selkirkshire | TD1 2AX | 01896 754640

ANN URQUHART SCU
14 Cambridge Avenue | Edinburgh
EH6 5AP | 0131 5548387

AUDREY WALKER BCF
43 Redcroft Street | Danderhall
Dalkeith | EH22 1RB | 0131 6542719

KEN WHITSON SCU
11 Craiglockhart Road | Edinburgh
Midlothian | EH14 1HJ | 0131 4433359

TIMEKEEPERS*Fife*

DAVID BEAN SCU
 Prestonhall Avenue | Glenrothes | Fife
 KY7 5RH | 01592 758516

IAN CONDIE SCU
 10 Comely Park | Dunfermline | Fife
 KY12 7HU | 01383 722805

STEFAN CZEMERYS SCU
 Flat 3 | 79 High Street | Inverkeithing
 Fife | KY11 8NW | 01383 420445

BRIAN FARMER SCU
 11 Breaside | Kennoway | Fife | KY8 5LY
 01333 351396

ALEXANDER GLOVER SCU
 14 Touch Wards | Dunfermline | Fife
 KY12 7TG | 01383 728023

EDWIN HARRISON Assistant
 116 Cocklaw Street | Kelty | Fife
 KY4 0DJ | 01383 839395

NORMAN KIDD SCU
 26 Erica Grove | Dunfermline | Fife
 KY11 8DA | 01383 731524

JOHN MITCHELL SCU
 19a Albany Street | Dunfermline | Fife
 KY12 0QZ | 01383 734987

RONALD MUNRO SCU
 21 Burnbank | Kennoway | Fife | KY8 5LU

JOHN MYERSCOUGH Assistant
 Cranstackie | Maryburgh | by Kelty
 Fife | KY4 0JE | 07518 509873

IRENE POKORA SCU
 15 Cadham Court | Glenrothes | Fife
 KY7 6PH | 01592 750428

JAMES REID SCU
 40 Birrel Drive | Dunfermline | Fife
 KY11 5DW | 01383 723719

ALAN SEATH Assistant
 65 Lawson Street | Kirkcaldy | Fife
 KY1 3LB | 07985 682944

GORDON SHAW Assistant
 25 Bourtree Brae | Lower Largo | Leven
 Fife | KY8 6HX | 01333 320464

ALAN SOLWAY SCU
 167 Altyre Avenue | Glenrothes | Fife
 KY7 4PZ | 01592 771623

ALISTAIR SPEED SCU
 1 Canmore Walk | Auchmuty
 Glenrothes | Fife | KY7 4BH | 01592
 571930

DENNIS SPEIGHT SCU
 "Wychelm" | Main Street
 Newton of Falkland | Fife | KY15 7RZ
 01337 857556

STEPHEN VAUGHAN SCU
 77 Maitland Street | Dunfermline | Fife
 KY12 8AF | 01383 621929

EVENTS CONTACTS

TIMEKEEPERS*Mid Scotland*

MATTHEW BALL Assistant
106 Avontoun Park | Linlithgow
West Lothian | EH49 6QQ | 01506
200635

ROBERT COOPER SCU
271 Bonkle Road | Newmains | Wishaw
ML2 9QQ | 01698 384037

PETER MOORE SCU
33 Gibb Street | Chapelhall | Airdrie
North Lanarkshire | ML6 8SL
01236 747566

JOHN PARDO SCU
1 Kirkview Gardens | Uddingston
Glasgow | G71 6RW | 01698 814791

KEITH REA SCU
4 Camps Rigg | Carmondean
Livingston | West Lothian | EH54 8PD
01506 491926

CAMERON SCOTT SCU
9 Marigold Way | Carluke | Lanarkshire
ML8 5TL | 0141 2208426

TIMEKEEPERS*North of Scotland*

MARY BELL SCU
"Oban" | Gordon Street | Forres
Moray | Morayshire | IV36 1AJ
01309 676775

HENRY CASSIE SCU
"Manderley" | Livera Street | Evanton
Dingwall | Ross-shire | IV16 9XZ
01349 830817

SAM CRYMBLE SCU
46a Craig-na-Gower Avenue
Aviemore | Inverness-shire | PH22 1RW
01479 841666

CAROLINA CUNNINGHAM . Assistant
3 Ord View Road | Nairn | Moray
IV12 5NL | 01667 456685

SCOTT CUNNINGHAM . . . Assistant
3 Ord View Road | Nairn | Moray
IV12 5NL | 01667 456685

MARGARET DAWSON SCU
"Mansfield" | 6 Forbes Road | Forres
Moray | Morayshire | IV36 0HP
01309 674832

MARY EAGLESON Assistant
Nether Bogbain | Lochussie | Dingwall
Ross-shire | IV7 8HJ | 01349 863787

GEORGE GRANT SCU
"The Sheiling" | 15 Balmoral Terrace
Bishopmill | Elgin | IV30 4JH
01343 541679

MALCOLM GRAY SCU
7 Granville Street | Thurso | Caithness
KW40 7JL | 01847 892330

MIKE GREAVES Assistant
6 Drum-Lewes | Drumadrochit
Inverness-shire | IV63 6UY
07971 667494

DAVE HARTER Assistant
Spindle View | Roseisle | Elgin
IV30 8XN | 01343 850418

IVAN LAUGHTON Assistant
13 Blaven Court | Forres | Moray
IV36 1EH | 07866 747276

JOHN LEGGET SCU
"Waterside" | Maryburgh | Ross-shire
IV7 8DW | 01349 861320

MORAIG LYALL Assistant
Evenwood | Cothill | Nairn | IV17 5LE
01309 641082

MORAIG LYALL Assistant
Evenwood | Cothill | Nairn | IV17 5LE
01309 641082

HAMISH MACDONALD SCU
14 Braeface | Alness | Ross-shire
IV17 0QP | 01349 862169

KENNY MACIVER Assistant
11 Chandlers Rise | Elgin | Moray
IV36 0HY | 07966 307504

JOHN MACMILLAN SCU
27 Stewart Court | Culloden
Inverness | Inverness-shire | IV2 7LJ
01463 791856

BRIAN PIRIE SCU
60 Miers Avenue | Inverness
Inverness-shire | IV2 3SB
01463 239124

MARY ROBERTSON SCU
16 Califer Road | Forres | Moray
Morayshire | IV36 0HY | 01309 673811

PETER ROBERTSON SCU
16 Califer Road | Forres | Moray
Morayshire | IV36 0HY | 01309 673811

KENNETH ROSS SCU
151 High Street | Invergordon
Inverness-shire | IV18 0AJ
01349 852538

PAMELA SEWELL Assistant
5 Wallace Court | Dingwall | Ross-shire
IV15 9RS | 01349 867863

ROGER SEWELL Assistant
5 Wallace Court | Dingwall | Ross-shire
IV15 9RS | 01349 867863

MARSHALL SKELLY SCU
9 Bruce Avenue | Dingwall | Ross-shire
IV15 9RG | 01349 864013

KELDA SPRATT Assistant
Long Finals | Roseisle | Elgin | IV30 5YE
01343 831125

ADRIAN SPRATT Assistant
Long Finals | Roseisle | Elgin | IV30 5YE
01343 831125

FINLAY STRIVENS Assistant
44 Croila Road | Kingussie
Inverness-shire | PH21 1PB
01540 661295

DAVID STUART Assistant
4 Teaninich Paddock | Alness
Ross-shire | IV17 0NA | 07811 003097

KEVAN STURGEON SCU
"Fairview" | Covesea Road | Elgin
Moray | IV30 4PD | 01343 546348

EVENTS CONTACTS

AL SUTTON SCU
Chapel House | Orbliston | By Fochabers
Moray | IV32 7LN | 01343 812399

BRIAN THOMPSON SCU
15 Strathmore Road | Thurso | Caithness
KW14 7PT | 01847 892325

JAMES THOMSON SCU
"Strathlynn" | 3 Culloden Road
Balloch | Inverness | Highland
IV2 7HQ | 01463 790647

SUSAN VAN DER VLIES SCU
20 Macleod Road | Balloch | Inverness
Highland | IV2 7JW | 01463 790815

ALASDAIR WASHINGTON SCU
28 St Magnus Road | Thurso | Caithness
KW14 7LX | 01847 892864

ALAN WHITE SCU
41 Highfield | Forres | Moray
Moray-shire | IV36 1FN | 01309 674698

TIMEKEEPERS
West of Scotland

TOM A'HARA Assistant
1 Hathersage Gardens | Garrowhill
Glasgow | G69 6QQ | 07734 084206

RICHARD BARNES SCU
14 St Columba Street | Kirkintilloch
Glasgow | G66 3JN | 0141 7768339

IAIN COWDEN Assistant
46 Briar Road | Newlands | Glasgow
G43 2TX | 0141 6371870

TOM FORBES SCU
13 Millersneuk Drive | Lenzie | Glasgow
G66 5JF | 0141 7759189

JOHN HARRIS SCU
20 Lomond View | Condorrat
Cumbernauld | G67 4JR | 01236 730157

TINK HASTINGS Assistant
Islay Birding | The Old Byre
Port Charlotte | Islay | Argyll | PA48 7TX
01496 850010

JANETTE HAZLETT SCU
9 Jane Rae Gardens | Whitecreek
Clydebank | West Dunbartonshire
G81 1HR | 0141 9527337

ALEC HUNTER SCU
154 Lyle Road | Greenock | Renfrewshire
PA19 1RP | 01475 725141

HUGH LIDDLE SCU
41 Craigenbay Road | Lenzie | Glasgow
G66 5JP | 0141 7765072

JOHN ROBERTSON SCU
140 Troon Avenue | East Kilbride
Glasgow | G75 8TJ | 01355 242210

GEORGE STEWART SCU
472 Main Street | Bonhill | Alexandria
West Dunbartonshire | G83 9HY
01389 758260

JOHN THAYNE SCU
14 Hillside Drive | Bearsden | Glasgow
G61 3QJ | 0141 5604300

GEORGE WALKER BCF
19 Tulipan Crescent | Callander
FK17 8AR | 01877 330775

NEG RIDERS

THOMAS MCALLISTER . . . Glasgow
0141 880 4346 | 07932 020201
negscotland@googlemail.com

JIM MCCULLOCH Kilmarnock
01563 534 626 | 07971 114422
negscotland@googlemail.com

PAUL MULLAN . . . Glasgow/Ayrshire*
07738 439131
negscotland@googlemail.com

ROBERT SMALL
negscotland@googlemail.com

DAVID SWORD
negscotland@googlemail.com

DONALD DARROCH Cardross
01389 842241 | 07730594426
negscotland@googlemail.com

JACK DAVIS Glasgow
0141 637 6664 | 07710229408
negscotland@googlemail.com

RON DEACON . . . Milton of Campsie
01360 313279 | 07761334313
negscotland@googlemail.com

ALAN FREW Irvine
01294 311377 | 07806415691
negscotland@googlemail.com

ALAN KEMSTER Dundonald
01563 850289
negscotland@googlemail.com

BRIAN LENAHAN Ayr
01292 261178 | 07801367348
negscotland@googlemail.com

CHRIS MCINTYRE Galston
01563 821143
negscotland@googlemail.com

SEAN MURPHY Glasgow
0141 638 0221 | 07739639217
negscotland@googlemail.com

* Covers all Scotland with advance notice

PHOTO FINISH OPERATORS

HUGH SINCLAIR
Ayrshire & Dumfriesshire
29 Holmes Road | Kilmarnock
Ayrshire | KA1 1TW | 01563 526780
h.sinclair@talktalk.net

MARTIN HARRIS
Dundee & District
14 Caesar Avenue | Carnoustie | Angus
DD7 6DR | 01241 854367 | 07740 684006
mpgharris@btinternet.com

BILL DUNSCOMBE
Fife
7 Inchmickery Road | Dalgety Bay | Fife
KY11 9NL | 01383 822286 | 07815 980499
bill.duncombe@btinternet.com

EVENTS CONTACTS

EVENTS SAFETY OFFICERS

LIBBY AMPHLETT

Thurloe | Main Street | Urquhart
Elgin | IV30 8LG | 01343 843988
libby.amphlett@btopenworld.com

IAN ANDERSON

72 Peebles Drive | Dundee
DD4 0TZ | 01382 731336
ipanderson@talktalk.net

ROB ARMSTRONG

12 Hallforest Close | Kintore
Aberdeenshire | AB51 0TU
01467 634912
rob@cyclegrampian.co.uk

JOHN BREMNER

32 Keptie Road | Arbroath
DD11 3EQ | 01241 876674
johnbremner@btinternet.com

PETER CLARK

41 Hopetown Grange | Bucksburn
Aberdeen | AB21 9RD | 01224 716043
peteandmary@talk21.com

SHERRI DONALDSON

15 Station Road | Dyce | Aberdeen
AB21 7BA | 01224 772164
sheri.donaldson@btinternet.com

ROBERT GIBSON

"Ellington" | Station Place | Johnshaven
Montrose | DD10 0JD | 01561 362756
ellington13@supanet.com

GEORGE GRANT

2 Hythehill | West High Street
Bishopmill | Elgin | IV30 4JH
01343 541679
grantgeordie@aol.com

JOHN GRANT

6 Iona Road | Inverness | IV3 8LY
01463 225965

MARTIN HARRIS

14 Caesar Avenue | Carnoustie | DD7
6DR | 01241 854376
mpgharris@btinternet.com

STEVE HOGBEN

The Old Schoolhouse | Easter Kinkell
Dingwall | IV7 8HY | 01349 861712
sah371@aol.com

KIEREN JARRATT

6 Alma Court | Frampton Road
Potters Bar | EN6 1JT | 07967 757179
kierenj@hotmail.com

STEPHEN KING

Lindisfarne | 22 Ancrum Road | Dundee
DD2 2HZ | 01382 640960
stephenrobertking@hotmail.com

ANDREW LAING

25 Spottiswoode Gardens | Mid Calder
Livingston | EH53 0JU | 01506 883013
andy.laing25@02.co.uk

GORDON LAWRIE

12 Woodville Gardens | Nairn
IV12 4QJ | 01667 456497
gordon506@btinternet.com

BRUCE LEES

5 Birley Court | St Boswells | Melrose
Roxburghshire | TD6 0DT | 01835 823574

Bruce.Lees@taitskelso.co.uk

BRUCE MACKIE

6 Errochty Grove | Perth | PH1 2SW
01738 628823

brucemackie@perthunited.org.uk

JOHN MACMILLAN

27 Stewart Court | Culloden
Inverness | IV2 7LJ | 01463 791856

john.m.macmillan@btinternet.com

ANDY MASSIE

Muttonbrae | Fintray | Aberdeenshire
AB21 0JE | 01224 790909

andy@muttonbrae.co.uk

JONNY MAY

40 Dalmahoy Crescent | Balerno
EH14 7BZ | 0131 4493539

jonny.may@sli-institute.ac.uk

GERRY MCDAID

Clerksbridge Cottage | Beith Road
Lochwinnoch | PA12 4JX

01505 502080

BILL MCKECHNIE

Grimgrew Cottage | Cumnock
KA18 2NJ | 01290 421615

bill@grimgrew.freeseve.co.uk

GEORGE MCLAUGHLAN

151 Netherton Road | Wishaw
ML2 0AR | 01698 374201

g.mclaughlan@tiscali.co.uk

JOHN MCLEAN

13 Achvraid Road | Inverness | IV2 4LE
01463 242588

john.a.mclean@bt.com

DAVID MENZIES

32 Baberton Mains Wood | Edinburgh
EH14 3EZ | 07801 231328

david@menzies-family.com

DAVID MILLAR

71 Landemer Drive | Rutherglen
Glasgow | G73 2TA | 0141 5696585

davemillar@ntlworld.com

DAVID MOSS

10 Lovers Walk | Dumfries | DG1 1LP
01387 263994

davewmoss@btinternet.com

JOHN NISBET

Auchencrow Mains | Reston | Eyemouth
TD14 5LT | 01890 818226

jmnisbet01@btconnect.com

TED RADFORD

Glenarklet | 21 Station Road
Eddlestone | Scottish Borders
EH45 8QN | 01721 430665

ted.radford@virgin.net

COLIN RUSSELL

2 Laing Terrace | Joppa | Edinburgh
EH15 2DY | 0131 6691790

ColinRJoppa@aol.com

MARK SHARPLES

52 Ord Terrace | Strathpeffer
IV14 9DA | 01997 421919

shapely@msharples69.fsnet.co.uk

EVENTS CONTACTS

DEREK SIMPSON

18 Orchard Grove | Polmont
Stirlingshire | FK2 0XE | 01324 417779
simpsonderek3@hotmail.com

IAN SINCLAIR

Cartref | 2 Old Glasgow Road
Stewarton | KA3 5JJ | 01560 485990
wiskids@talktalk.net

MARTIN STEELE

44 Cromwell Road | Burntisland
Fife | KY3 9EH | 01592 871318
naegears@googlemail.com

KEVAN STURGEON

Fairview | Covesea Road | Elgin | Moray
IV30 4PD | 01343 546348
kevan.sturgeon@lineone.net

MICHAEL VAN DER VLIES

33 Tarradale Gardens | Muir of Ord
Highland | IV6 7SJ | 07900 130241

DAVID WARDS

7 Bluebell Glade | Adambrae Parks
Livingston | EH54 9JJ | 01506 411486
davidcwards@aol.com

KEN WHITSON

11 Craiglockhart Road | Edinburgh
EH14 1HJ | 0131 4430947
ken@whitson.abelnet.co.uk

JENNY WRIGHT

Scottish Cycling | Caledonia House
South Gyle | Edinburgh | EH12 9DQ
0131 3179704
jenny.wright@scottishcycling.org.uk

JOHN WYLIE

"Four Winds" | Edmonstone Drive
Danderhall | Dalkeith | EH22 1QQ
0131 4549473
john.wylie@zen.co.uk



SCOTTISH CYCLING

SCOTTISH CYCLING

Caledonia House

South Gyle

Edinburgh : EH12 9DQ

T : 0131 317 9704

F : 0131 339 9201

www.scottishcycling.org.uk
info@scottishcycling.org.uk