



## A BRITISH CYCLING GUIDE FOR CLUBS, TEAMS & ASSOCIATIONS

### WHY AFFILIATE?

Welcome to British Cycling club affiliation, giving you and your club members the opportunity to become part of this unbelievable success story. Being affiliated with British Cycling will not only give you access to the national points and rankings tables but your sponsors would benefit from further exposure on our website and at British Cycling approved events. Furthermore, you would receive expert advice and support from the regional staff (contact details listed on the final page). Furthermore once affiliated your club members, upon joining British Cycling for the first time, would receive a £13.50 discount on British Cycling membership.

### GUIDES AND COSTS 2012

#### Club Affiliation

The standard cost of affiliation for new clubs, teams and associations is £88 per calendar year. For commercially named clubs or teams (i.e Joe Bloggs Cycle race team) the price is £175 inclusive of the club's main sponsor. All additional sponsorships can be registered at a cost of £62 per sponsor. Clubs will pay for only their first four sponsors. Subsequent sponsors can be registered for free. Clubs who reaffiliate early each year receive a discount on their reaffiliation fees. To download an application form visit [www.britishcycling.org.uk](http://www.britishcycling.org.uk), go to the Clubs section, click on Useful Stuff for Clubs then choose 2012 Affiliation Form for new Clubs, teams and associations.

#### Sponsorship Agreement Guidelines

These guidelines offer advice on the important factors to consider when negotiating and drafting sponsorship deals, for your cycling club. Contact membership services on 0161 274 2010 for a copy of the guidelines.

#### Model rules/Constitution for Clubs

This leaflet sets out a sample constitution all clubs should consider adopting, setting out the guidelines for things such as appointing club officials and rules surrounding club membership. To download the guide go to [www.britishcycling.org.uk](http://www.britishcycling.org.uk), go to the Clubs section, click on Useful Stuff for Clubs then choose Model Club Constitution.

### BENEFITS

#### Third Party Public Liability Insurance

All Clubs, Teams and Associations in England other than school clubs (unless the extra £20 for liability cover is paid) are automatically covered for Public Liability Insurance, with an indemnity limit of **£10,000,000**. The policy indemnifies the club / team in respect of its **legal liability for accidental loss or damage to Third Party Property or accidental bodily injury or death to Third Party Persons**.

For more details on the extent of cover and over exclusions please contact membership services or download a copy from [www.britishcycling.org.uk](http://www.britishcycling.org.uk), go to the Clubs section, click on Useful Stuff for Clubs then choose A Guide to Insurance for members, clubs and event organisers.

## **A Free Copy of the Quarterly British Cycling Racing Calendar**

Which contains the full calendar listings for all BC cycling disciplines, BMX, Cycle Speedway, Cyclo-Cross, Mountain Biking DH and XC, Road and Track.

## **A Free Copy of the British Cycling Handbook**

Containing all the rules and regulations for all 6 cycling disciplines as well as the contact details for all coaches, region and race officials.

## **Free Membership for New Members in British Cycling Clubs**

All new members who belong to an affiliated cycling club will be able to join for free in their first year with British Cycling at Silver level (if under 16years) or Bronze level (if over 16years). Alternatively they can upgrade at a discounted rate. Contact Membership Services for special promotional literature or visit our membership pages at [www.britishcycling.org.uk](http://www.britishcycling.org.uk) and choose the Membership tab.

## **Event Insurance**

Insurance for events, whether being social, competitive or for reliability rides can be arranged for affiliated clubs. Premiums and additional levies charged are dependent on the type of event and the number of riders. For further information contact the Events Team on 0161 274 2020.

## **DISCIPLINES**

### **BMX:**

The main BMX season runs from March to September. During this time, club nights, open races, weekend practice sessions, regional races, international events, the national race series and one off events take place. During the winter, each club will run their own activities, but most regions will coordinate a series of events, that will visit race tracks who wish to participate.

A number of guides are available to clubs and members. The track pack details the requirements needed to set up a race track. The Club pack is all about setting up a BMX club from scratch and covers setting up a committee to locating venues. The how to run a race document is self explanatory and will serve as a great start up pack and a reminder to all clubs that are out of practice. Both are available by contacting Roger Wilbraham at BC HQ on 01612742020. For further information click on the BMX tab on the British Cycling homepage at [www.britishcycling.org.uk](http://www.britishcycling.org.uk)

### **Cyclo-Cross:**

The cyclo-cross season runs from September through to mid-February. Race meetings take place on compact off-road courses and all meetings include separate races for Under 12s and Under 16s. Don't forget that cyclo-cross is also one of the most accessible forms of cycle sport. Races have a relaxed, informal atmosphere, entries are usually accepted on the day, and in most local events any kind of bike, including mountain bikes, can be ridden. There are some helpful hints for potential race organisers on the cyclo-cross section of the British Cycling website. Contact Brian Furness for further details 0161 24 2020. For further information click on the Cyclo-Cross tab on the British Cycling homepage at [www.britishcycling.co.uk](http://www.britishcycling.co.uk)

### **Cycle Speedway:**

The majority of cycle speedway fixtures are inter-club competitions, and most competing clubs concentrate exclusively on this branch of the sport. However there are regional and national competitions for both teams and individuals, from under 10s to veterans, which are open to all BC clubs and members. All dedicated cycle speedway clubs are based at their own track, and hold regular evening sessions as well as the more formal league fixtures. Most clubs welcome youngsters and have a stock of bikes for the use of newcomers. For

further information click on the Cycle Speedway tab on the British Cycling homepage at [www.britishcycling.org.uk](http://www.britishcycling.org.uk)

### **Mountain Biking:**

Most MTB venues are open to the general public following Forestry Commission guidelines. Not all venues are open to the public, so please check with the landowners before use. Each Forestry region will control the use of their land, so any organised activities will have to be cleared through them before commencing. For further information on MTB friendly Forestry Commission facilities, contact 0131 334 0303 or visit [www.forestry.gov.uk](http://www.forestry.gov.uk).

A minimum of £5,000,000 public liability insurance is required when competing on forestry land. This cover can be provided through British Cycling. Contact Roger Wilbraham - MTB coordinator on 0161 274 2022 for more details. There are many active promoters working in the UK and their details appear on the British Cycling website. They will be an excellent source of knowledge for clubs and new race promoters. For further information please click on the Mountain Biking tab on the British Cycling homepage at [www.britishcycling.org.uk](http://www.britishcycling.org.uk)

### **Road:**

British Cycling has a dedicated team of regional competition administrators and an event management workbook to help event organisers, clubs and promoters with all aspects of staging an event. Please talk with your Regional Competition Administrator if you are interested in running a road or circuit race. Details of who they are can be found at [www.britishcycling.org.uk/](http://www.britishcycling.org.uk/)

For more information, contact the Events team on 0161 274 2020 or visit the Road Racing section of the British Cycling website, packed with information and resources.

### **Facilities:**

We have details of all the permanently closed circuit and track facilities in the UK, So if you want to get off the open road and have a club ride in a safe, controlled environment, log onto our website and search for a facility near you. If you want help with funding for an existing or new facility, or require help with Local Authorities contact our facilities team on 0161 274 2000

### **Race sundries:**

A full range of official merchandise and Race Organiser's sundries are available on line at [www.impsport.com](http://www.impsport.com).

### **Race officials:**

British Cycling maintains a database of Race Officials in all disciplines. If you want advice on becoming a Race Official or organising Race Officials for your events, please contact the British Cycling Events Team on 0161 274 2020. They can also be found in the BC handbook. In addition, there is also information on neutral race service crews based around the country.

## **GO-RIDE PROGRAMME**

The **Go-Ride** programme integrates club development, coaching resources, participation and talent identification programmes for young people into one single programme. The development of local partnerships with a shared vision of more young people, more active, more often in cycling will ensure that British Cycling can maximise the opportunities available for young people. The aim of British Cycling's **Go-Ride** programme is to create a network of cycling clubs that are trained, resourced and skilled to meet the challenge of integrating young people into a recognised club structure. **Go-Ride** offers a partnership between British Cycling, schools, clubs, local authorities, voluntary organisations and commercial operators throughout England and includes a programme of coaching activities delivered in a safe environment. For more information on **Go-Ride**, please visit [www.britishcycling.co.uk](http://www.britishcycling.co.uk) and go to the Go-Ride tab from the homepage or contact the Regional Coaching and Club Development Officer for your region.

## **FURTHER BENEFITS FOR GO-RIDE CLUBS!**

On becoming registered the Go-Ride contact, Club Welfare Officer and two of the club coaches will all receive free silver membership for 12 months. After the first year all clubs will need to become Accredited to receive such benefits.

Registered Go-Ride clubs are also **exempt from paying any sponsorship fees**

## **Regional Manager Contact Details**

### **Alex Scoular – North West**

Office: 0161 2742128 Mobile: 07793 844651 Email: [alexscoular@britishcycling.org.uk](mailto:alexscoular@britishcycling.org.uk)

### **Peter Root - Yorkshire**

Mobile: 07879 426064 Email: [peterroot@britishcycling.org.uk](mailto:peterroot@britishcycling.org.uk)

### **Dan Small – North East**

Mobile: 07940 302 185 Email: [dansmall@britishcycling.org.uk](mailto:dansmall@britishcycling.org.uk)

### **Nigel Hampton – Eastern**

Mobile: 07940 738319 Email: [nigelhampton@britishcycling.org.uk](mailto:nigelhampton@britishcycling.org.uk)

### **Mark Adams – South**

Mobile: 07949 810639 Email: [markadams@britishcycling.org.uk](mailto:markadams@britishcycling.org.uk)

### **Will Newton – South West**

Mobile: 07834 516357 Email: [willnewton@britishcycling.org.uk](mailto:willnewton@britishcycling.org.uk)

### **Anthony Gill – East Midlands**

Mobile: 07940 738365 Email: [anthonygill@britishcycling.org.uk](mailto:anthonygill@britishcycling.org.uk)

### **Josie Heffernan – Central**

Mobile: 07940 738314 Email: [josieheffernan@britishcycling.org.uk](mailto:josieheffernan@britishcycling.org.uk)

### **Nick Yarworth – West Midlands**

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### **Roy Page - South East**

Mobile: 07793 660480 Email: [roypage@britishcycling.org.uk](mailto:roypage@britishcycling.org.uk)

### **Peter Cattermole – London**

Mobile: 07534 281269 Email: [petercattermole@britishcycling.org.uk](mailto:petercattermole@britishcycling.org.uk)

## **Club Welfare Officers**

Children and young people involved in sport have a right to have fun and be safe. British Cycling therefore has a responsibility to ensure that its affiliated clubs are equipped: to respond to concerns about children who may be being abused outside of their sports activity; and to ensure that children are not harmed by poor practice or abuse by those working with them in a sports setting.

The role of the Club Welfare Officer is crucial in ensuring that the club's approach to the children's welfare and protection works in practice. The Club Welfare Officer acts as the first point of contact for anyone in the club (staff, volunteer, parents and children) who has a concern about a child or about poor practice/possible abuse by adults working with children. British Cycling is responsible for ensuring Club Welfare Officers receive training in basic child protection awareness and specific Club Welfare Officer training. For more information regarding the role and responsibilities of the Club Welfare Officers contact British Cycling's National Child Protection Officer on 0161 274 2000. A copy of the Policy and Procedures for the Protection of Children and Vulnerable Adults is also available from [www.britishcycling.org.uk](http://www.britishcycling.org.uk)

## **Talent Team Tests**

The British Cycling talent team tests have been developed to identify young performers who may have the necessary characteristics for World Class success. They are intended to be

**[www.britishcycling.org.uk](http://www.britishcycling.org.uk)**

totally inclusive, in that they not only identify talented performers but also provide opportunities for all young people to become involved in cycling.

The talent team tests will be taking place in the network of Go-Ride clubs and schools throughout the year putting young people of secondary age through fun cycling tests. The fun tests include cycling sprint and endurance activities, and are open to everybody between the ages of 12 and 16 years of age. For more details in staging a testing day, please contact Alison Johnson on 0161 274 2092.